

## Getting further help

Once you have attended the required six sessions, you can continue to see a counsellor if you want to talk more. Please discuss this with your counsellor.

You can also get telephone counselling if you are concerned about your own or another person's alcohol or other drug use:

### ALCOHOL AND DRUG SUPPORT LINE

Metro callers (08) 9442 5000

Country callers toll free 1800 198 024

*A 24/7, state-wide, confidential telephone counselling, information and referral service for anyone concerned about their own or another person's alcohol or drug use.*

### PARENT AND FAMILY DRUG SUPPORT LINE

Metro callers (08) 9442 5050

Country callers toll free 1800 653 203

*A 24/7, state-wide, confidential telephone counselling, information and referral service for anyone concerned about a loved one's alcohol or drug use.*

**FOR EMERGENCIES  
Call 000 immediately**



## Your appointment information:

DATE \_\_\_\_\_

TIME \_\_\_\_\_

AGENCY \_\_\_\_\_  
\_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PHONE \_\_\_\_\_

**For any queries about Alcohol Assessment  
and Treatment, please contact:**

**MENTAL HEALTH COMMISSION  
Alcohol Assessment and Treatment  
Booking Service 1800 722 362**



Government of Western Australia  
Mental Health Commission

[www.mentalhealth.wa.gov.au](http://www.mentalhealth.wa.gov.au)  
[www.rsc.wa.gov.au](http://www.rsc.wa.gov.au)

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## Alcohol Assessment and Treatment

*What should I do if I receive  
a letter advising me to book  
Alcohol Assessment  
and Treatment?*



## What is Alcohol Assessment and Treatment?

If you have not complied with the conditions of the Alcohol Interlock Scheme you will be required to attend Alcohol Assessment and Treatment.

Alcohol Assessment and Treatment consists of six counselling sessions provided by a qualified alcohol and other drug counsellor. These sessions are free, and will take about an hour each.

These sessions will provide you with advice and support to help you separate your alcohol use from your driving.

## What do I need to do?

It is important that you call the **Alcohol Assessment and Treatment Booking Service** as soon as possible on **1800 722 362** to book an appointment.

They will help you book your first session with a counsellor at an alcohol and other drug service.

## What happens at each session?

At these sessions, you can talk about your alcohol use and driving, and get support to separate these behaviours.

Everything you discuss with your counsellor is confidential.

Your counsellor will then book you in for your next session.



## Important information to note

- The minimum timeframe in which you can attend all six sessions is in five weeks.
- If you are attending your sessions, but then the counsellor does not hear from you for twelve weeks or longer, you will then need to start the six sessions again.

## Last session

At your last session you will be given a Certificate of Compliance to show that you have attended all six sessions. Your counsellor will then advise the Department of Transport.

## What will happen if I do not attend the six sessions?

You will not be eligible to complete the Alcohol Interlock Scheme, and therefore have the alcohol interlock device condition removed from your driver's licence. You must attend all six sessions.



## What do I need to bring with me to the first session?

- Your letter advising you to attend Alcohol Assessment and Treatment; and
- Your current driver's licence.

