



# Individualised Community Living Strategy Program Guidelines

## Frequently asked questions

### What are the Individualised Community Living Strategy Program Guidelines?

The Individualised Community Living Strategy (ICLS) Program Guidelines (Guidelines) explain what the program is about, including:

- Its purpose
- The roles and responsibilities of those involved
- The type of supports the program provides

The Guidelines help ensure participants receive the best possible support.

### When were the Guidelines updated and why?

The Guidelines were updated in November 2024 to make the program's roles, responsibilities, and purpose clearer.

### Has the purpose of the ICLS changed?

No. The ICLS still aims to help participants achieve their recovery goals and live well in the community. As participants gain more independence, the level of support is reduced. The program helps people transition to independent living or longer-term supports if needed.

### Will my supports change?

No. Your Support Provider will continue to offer recovery-focused supports, and your clinical case manager (if you have one) will provide clinical supports.

There may be a stronger focus on your recovery journey and planning for your next steps.

### How long can I stay in the ICLS?

The ICLS is a transitional program designed to last two years. If you need more time, an additional 12 months of support may be available.

### What if I'm not ready to transition after two years?

The ICLS program is designed as a transitional program, typically lasting up to two years. However, if you're not ready to transition at the end of this period, your Support Provider and clinical case manager will work closely with you to understand your situation and explore your options.

These options may include:

- Extending your time in the program for an additional 12 months
- Identifying other support services that better match your ongoing needs
- Creating a transition plan to help you move forward at your own pace

The focus is on ensuring you feel supported and prepared for the next step in your recovery journey. Please speak with your Support Provider or clinical case manager to discuss your concerns and develop a plan that works for you.

### What happens if no alternative housing is available after two years?

Your Support Provider and clinical case manager will continue to help you explore all housing options.

The Mental Health Commission does not support eviction into homelessness.



## Frequently asked questions *cont'd*

### Why can't I stay in my ICLS house after I no longer need ICLS supports?

Once you've reached your recovery goals and are ready to live independently, your Support Provider and clinical case manager will help you transition to other housing. This allows others to access the ICLS and work toward their recovery goals.

If you need ongoing or more intensive support, they will help you transition to a service that meets your needs.

### What are some examples of next steps outside of ICLS?

Next steps will depend on your situation. Your Support Provider and clinical case manager will work with you to identify options. Examples include:

If you had a standalone support package:

- Joining community groups or other block-funded programs
- No supports if you've achieved your goals and no longer need help
- Other tailored options—ask your Support Provider for details

If your ICLS supports were linked to housing:

- Private rentals
- Department of Communities public housing
- Shared accommodation
- NDIS Supported Independent Living
- Supported accommodation, like the Independent Living Program
- Other tailored options—ask your Support Provider for details

For more services, check out the My Services Community Directory, an online tool that lists mental health and alcohol or other drug support services in WA.

### What if I still need support after moving to my own home?

If you're moving out of an ICLS property but still need help, standalone support packages may be available. Talk to your Support Provider and clinical case manager about this option.

Alternative support options like community groups or other programs may also be suitable. Talk to your Support Provider and clinical case manager about this option.

### Can I re-enter the ICLS after I have left?

Yes, it is possible to re-enter the ICLS program if you need support again in the future. Your clinical case manager can submit a referral on your behalf.

Re-entry will depend on your circumstances and the availability of program resources at the time. If you feel you need further support, please talk to your clinical case manager about the referral process and your current needs.

### Who can help me if I have questions about the ICLS or need more support?

Your Support Provider or clinical case manager is here to help. They can answer your questions and support you throughout your time in the program, including discussing options for increased support hours.

### Where can I find the Guidelines?

The Guidelines and a downloadable one-page flyer are available on the Mental Health Commission website [here](#).