



For further information

Visit www.mhc.wa.gov.au/stepupstepdown or contact the Service Implementation Team at CS.serviceimplementation@mhc.wa.gov.au or (08) 6553 0600.



Mental Health
Commission

Mental Health Commission
1 Nash Street, PERTH WA 6000
Phone: (08) 6553 0600
Email: CS.serviceimplementation@mhc.wa.gov.au

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 Mental Health Commission of Western Australia

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Step Up/Step Down Services in Western Australia

Step Up/Step Down Services

Community-based Step Up/Step Down Services provide support for people experiencing mental health issues, in a home-like setting close to their community, friends and family.



Bunbury Step Up/Step Down Service

Step Up/Step Down Services provide contemporary, therapeutic mental health care through short-term residential support and individualised care, for up to 28 days.

This includes a combination of psychosocial and clinical services, to help people manage their mental health, avoid hospitalisation and live well in the community.

Step up services provide additional support for a person to manage a decline in their mental health, where an admission to hospital is not required.

Step down services provide support for a person who has received hospital care and no longer requires that level of care, but could benefit from some additional support to help them re-establish themselves in their home and community.

There are currently Step Up/Step Down Services in:

- Joondalup
- Rockingham
- Albany
- Bunbury
- Geraldton
- Kalgoorlie

The Mental Health Commission is establishing new Step Up/Step Down Services in:

- Karratha
- Broome
- South Hedland
- Perth Metropolitan – Youth service