



Resource order form

Resources are available free-of-charge for service providers in WA.

Note: We recommend downloading the form if you are having trouble filling in and submitting via your browser.



Recognise and Respond (2019)

Workforce Development,
Mental Health Commission

This brochure provides an overview of how to respond to opioid overdose using naloxone. It includes information on signs of an overdose, along with different formulations of naloxone. The DRSABNCD are also provided.



Counselling guidelines: Alcohol and other drug issues (4th Edition), (2019)

Workforce Development,
Mental Health Commission

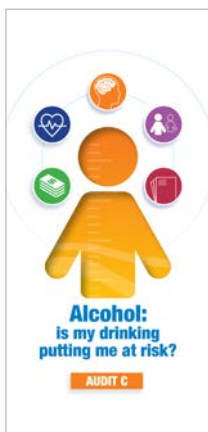
Central themes include; guidance on effective treatment, case management, drug effects, withdrawal management, relapse prevention and management, co-occurring mental health conditions, and a vast array counselling skills and strategies.

QTY

Maximum
Order No: 50

QTY

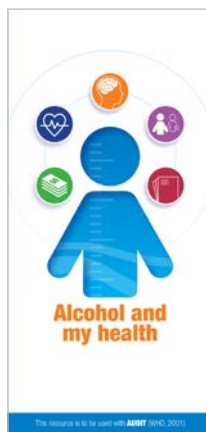
Maximum
Order No: 10



Alcohol: Is my drinking putting me at risk? AUDIT-C (2018)

Workforce Development,
Mental Health Commission

This resource contains a shortened form of the AUDIT, focussing on the first three questions. This can identify high-risk drinkers who may not be alcohol dependent.



Alcohol and my health (2018)

Workforce Development and Aboriginal
Alcohol and Other Drugs Program, Mental
Health Commission

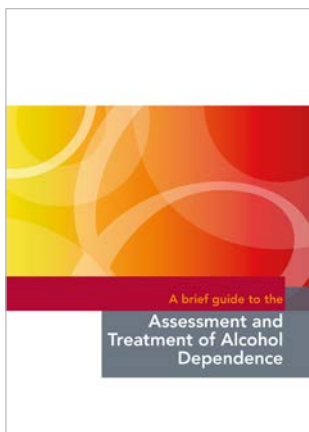
This brochure has been developed by Workforce Development as a feedback tool to help workers explain the Alcohol Use Disorders Identification Tool (AUDIT) score and what it means to their clients.

QTY

Maximum
Order No: 50

QTY

Maximum
Order No: 50



A brief guide to the assessment and treatment of alcohol dependence (3rd Edition), (2018)

Next Step and Workforce Development,
Mental Health Commission

Developed for use by doctors and nurses when assessing and treating a patient with alcohol dependence. The booklet will also be of assistance to counsellors seeking detailed information about the medical treatment of alcohol dependence.



Opioid Recognise & Respond Card (Fold-out card) (2019)

Workforce Development, Mental Health Commission

The Opioid Recognise & Respond Card provides information about basic lifesaving skills, specific heroin overdose information and reinforces the need to call for an ambulance when an accidental overdose occurs.

QTY

Maximum
Order No: 50

QTY

Maximum
Order No: 25



Resource order form

Resources are available free-of-charge for service providers in WA.

Note: We recommend downloading the form if you are having trouble filling in and submitting via your browser.



Amphetamine Recognise & Respond Card (Fold-out card) (2020)

Workforce Development, Mental Health Commission

The Amphetamine Recognise & Respond Card provides information about amphetamine intoxication and toxicity. The card will be useful for first responders who need to provide assistance to someone experiencing these issues. The resource includes information on harms and effects, harm reduction advice and emergency procedures.

QTY Maximum Order No: 25



Harm Reduction Tip Sheet for Workers - Amphetamines (2022)

Workforce Development, Mental Health Commission

This resource provides harm reduction strategies for workers to use when working with people who use amphetamine. Available as a laminated hardcopy or to download from the Mental Health Commission website.

QTY Maximum Order No: 10

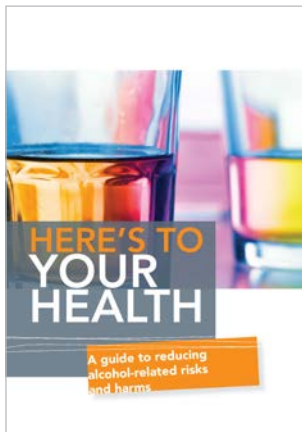


Harm Reduction Tip Sheet for Workers – Opioids (2020)

Workforce Development, Mental Health Commission

This resource provides harm reduction strategies for workers to use when working with people who use opioids. Available as a laminated hardcopy or to download from the Mental Health Commission website.

QTY Maximum Order No: 10



Here's to your health: A guide to reducing alcohol-related risks and harms (2022)

Workforce Development, Mental Health Commission

Aims to help clients think about their drinking and whether there are any related risks. It provides information on: low-risk drinking; risk and harms from current drinking patterns; ways to make changes and reduce their risks and harms. Designed for clients to use by themselves or to work through with a health professional.

QTY Maximum Order No: 60



A better night's sleep: A self-help guide (2017)

Workforce Development and Next Step, Mental Health Commission

This is a guide for individuals who use AOD and are experiencing difficulties with their sleep. It is designed to be used either as a self-help manual, or with the support of a clinician.

QTY Maximum Order No: 20

Recognise and Respond trainer's package (2019)

Workforce Development, Mental Health Commission

This package is designed for workers who provide training on amphetamine and/or opioid harm reduction. It includes:

- Audio-visual resource – (MP4)
- Recognise and Respond to Amphetamine Intoxication/Toxicity & Opioid Overdose trainer's guide (PDF)
- Harm reduction tip sheets (PDF)
- Naloxone Brief Education Tool (PDF)
- PowerPoint presentation
- Fold-out Respond cards

QTY Maximum Order No: 2



Resource order form

Resources are available free-of-charge for service providers in WA.

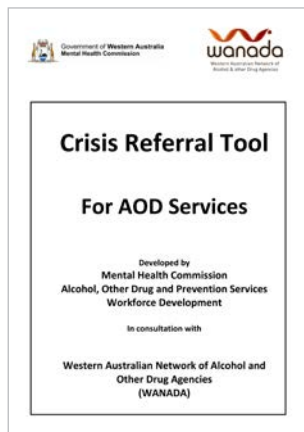
Note: We recommend downloading the form if you are having trouble filling in and submitting via your browser.



Self Help Guide

Workforce Development and Next Step, Mental Health Commission

This guide is for you if you want to think about your drinking or other drug use and see if it is causing you any harm. Perhaps it is getting out of hand or people close to you have said that you should do something about it. This guide will help you make the decision as to whether you want to reduce or stop using.



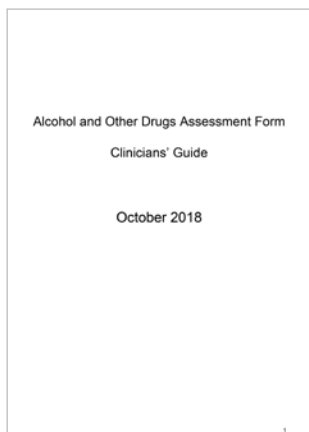
Crisis Referral Tool for AOD Services (2019)

Workforce Development, Mental Health Commission in consultation with Western Australian Network of Alcohol and Other Drug Agencies (WANADA)

The Crisis Referral Tool contains flow-charts that suggest strategies to deal with different types of clients presenting in crisis, along with tips for dealing with and prevention of such situations.

QTY

Maximum Order No: 50



Alcohol and other drugs assessment clinician guide (2018)

Workforce Development and Next Step, Mental Health Commission

This booklet comprises:

- **PART A:** a standard 'alcohol and other drugs assessment form'; and
- **PART B:** a clinicians' guide to using the standard AOD assessment form.

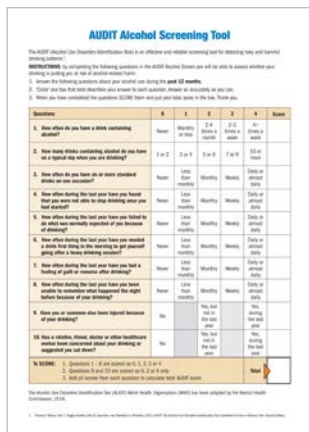


Alcohol and other drugs assessment form (2018)

Workforce Development and Next Step, Mental Health Commission

This form is to be used in conjunction with the Alcohol and other drugs assessment booklet and can be modified to agency requirements.

Refer to page 10 of the *Alcohol and other drugs assessment clinician guide (2018)*.



Alcohol Use Disorders Identification Test (AUDIT) (2018)

Workforce Development, Mental Health Commission

Alcohol Use Disorders Identification Test (AUDIT) is a 10-item questionnaire developed by the World Health Organization to help identify people at risk of alcohol-related harms. It is available to download for quick and easy access.



Consumer Perspectives: Alcohol and other drug and mental health services (2020)

Workforce Development, Mental Health Commission

Details the experiences shared by 24 individuals, who self-identify as consumers of alcohol and other drug (AOD) and/or mental health treatment services, during a series of focus groups conducted in December 2018 as part of the Keyworker Plus project (the Project).



Resource order form

Resources are available free-of-charge for service providers in WA.

Note: We recommend downloading the form if you are having trouble filling in and submitting via your browser.



Report (electronic resource only) Consumer Perspectives: Alcohol and Other Drug Recovery (2018)

Workforce Development,
Mental Health Commission

This report represents the views of eight consumers of alcohol and other drug (AOD) services in Perth who self-identified as being in recovery from AODs. They were interviewed in a focus group on 29 July 2016 about their recovery experiences.



Resource order form

Resources are available free-of-charge for service providers in WA.

Note: We recommend downloading the form if you are having trouble filling in and submitting via your browser.

Things to consider before you place an order:

- These materials have been developed for a Western Australian (WA) audience and many contain WA-specific information including legislation and call to action.
- Hard copy resources may be ordered for use in WA only.
- There is no cost involved with ordering these resources.
- Electronic versions of these resources can be downloaded online.
- **Please allow a minimum of 21 days for delivery.**

Where should we send them?

Name

Organisation

Postal address

Email address

Phone Number

Comments

Alternatively contact the Workforce Development Team on
(08) 6553 0560 or AOD.training@mhc.wa.gov.au