

# Strong Spirit Strong Mind

### **Resource Request**

(Resources can only be distributed within Western Australia)



Name:	Position/Title:
Organisation:	
Postal Address:	
Telephone:	
Email:	

HP NUMBER NAME OF	NAME OF BURLICATION	(Please circle qty req'd)	
	NAME OF PUBLICATION	Minimum	Maximum
MHC-201902	Strong Babies	25	50
MHC-201903	Mixing Drugs is Dangerous	25	50
MHC-201905	Gunja	25	50
MHC-201906	Methamphetamine	25	50
MHC-201907	Making Sense and Supporting Change: A guide for our people (A5 yellow booklet) (For AOD and Health Workers)	1	5
MHC-201908	Making Changes	25	50
MHC-201909	What our Women need to know about alcohol	25	50
MHC-201910	What our Men need to know about alcohol	25	50
MHC-201911	Reducing Risk	25	50
MHC-201915	How risky is my drinking? AUDIT Feedback Tool (For AOD and Health Workers)	25	50
MHC-202011	Social and emotional wellbeing (SEWB)	25	50

Fax your order to:

Email your order to:

Attention: Strong Spirit Strong Mind Aboriginal

**Programs** 

sssmap@mhc.wa.gov.au

Fax No: (08) 6553 0400

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#### STRONG SPIRIT STRONG MIND METRO PROJECT AND COVID-19 RESOURCES

RESOURCE	NAME OF PUBLICATION	(Please circle qty req'd)	
		Minimum	Maximum
COVID-19 Resources			
Model	Strong Spirit Strong Mind Covid-19	1	5
Poster	Keep a strong Inner Spirit	1	5
Poster	Look out for others	1	5
Poster	Don't be shame to ask for help	1	5
Poster	Signs and symptoms of mental health issues	1	5
Poster	Tips to cope during isolation	1	5

RESOURCE NAME OF	NAME OF BURLICATION	(Please circle qty req'd)	
	NAME OF PUBLICATION	Minimum	Maximum
Stay Strong Look After You and Your Mob			
Poster	Do things that make you happy	1	5
Poster	Yarn to someone you trust	1	5
Poster	Connect to country and culture	1	5
Poster	Stay active	1	5
Poster	Spend time with your mob	1	5

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