

AODwebinars@MHC Calendar Semester 2 2023

The Mental Health Commission's Workforce Development team is pleased to release the **AODwebinars@MHC Semester 2 2023 calendar**.

The AODwebinars@MHC calendar is part of the Workforce Development, Mental Health Commission's free professional development for those working in the alcohol and other drug (AOD) and other human services sectors.

To register for an event, go to: <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

Please note: Our webinar events are run through Microsoft Teams.

For more information on training opportunities and resources to support workers, go to: mhc.wa.gov.au/aodtraining or email: AOD.training@mhc.wa.gov.au

Webinar Event 1: An introduction to practice supervision

Presented by: Heather Jacobson, Workforce Development, MHC.

Date: Tuesday, 8 August 2023 • 10.00am - 12.00pm

Target audience: Clinical and support workers in the alcohol and other drug (AOD) and mental health (MH) specialist sectors.

Regular, quality practice supervision is a fundamental requirement for workers' professional development. It has a wide range of benefits for workers and organisations.

This session will provide a brief overview of practice supervision aims and a framework to support best practice. Gibb's reflective practice cycle and intervision will be introduced as examples of two different models that can be used to create supportive relationships and environments in order to promote supervisees' learning from practice.

Application deadline: Tuesday, 1 August 2023

Webinar Event 2: Family and Domestic Violence in the workplace

Presented by: Joanne Kostopoulos, Women's Health Strategy and Programs, North Metropolitan Health Service.

Date: Tuesday, 29 August 2023 • 10.00am - 12.00pm

Target audience: Human service providers working with clients experiencing AOD and MH issues.

Family and Domestic Violence (FDV) is viewed as a workplace issue and the health outcomes and costs are considerable. This webinar will:

- Establish employers' obligations
- Provide an overview of indicators of someone who may be experiencing or perpetrating FDV
- Identify practical steps for talking to a colleague or employee
- Discuss various supports

Application deadline: Tuesday, 22 August 2023

Webinar Event 3: Let's talk about sex, syphilis, STIs and BBVs: Raising the issue in an AOD setting

Presented by: Dr Donna Mak, Public Health Physician, Communicable Disease Control Directorate with an expert panel from the AOD sector.

Date: Tuesday, 5 September 2023 • 10.00am - 12.00pm

Target audience: Workers in the AOD and mental health specialist sectors.

While the main focus of this webinar will be syphilis, the information discussed will be relevant to other STIs and BBVs. A panel of experts from the AOD sector will join Donna.

This webinar will provide Western Australian AOD and MH workers with:

- An update on the current syphilis outbreak in WA and Australia
- Information and tools required to raise the topic of sexual health check-ups for STIs and BBVs
- Information about referral options for STI and BBV testing.

We will use case studies to illustrate the implications of the infectious syphilis outbreak in WA for AOD and mental health sector workers and their clients.

Application deadline: 29 August 2023

Webinar Event 4: An introduction to emotion regulation

Presented by: Sarah Dansie, Workforce Development, MHC

Date: Tuesday, 17 October 2023 • 10.00am - 12.00pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

Please note: This webinar is a brief stand-alone version of the one-day workshop ST343 Emotional regulation conducted on the AODtraining@MHC Calendar.

Emotion regulation is the ability to manage and respond to emotional experiences in a socially tolerable way. AOD can be one of the strategies people adopt to regulate their emotions, which may not be effective in the longer-term.

This training aims to assist the worker to:

- Develop an understanding of emotion and emotion regulation
- Explore the skills needed to support clients to better identify, understand and manage their strong emotions
- Identify strategies that will help clients respond to overwhelming emotions in constructive ways.

Application deadline: Tuesday, 10 October 2023

Webinar Event 5: Working with young people with co-occurring mental health and alcohol and other drug issues

Presented by: Mark Bowley, Workforce Development, MHC

Date: Tuesday, 14 November 2023 • 10.00am - 12.00pm

Target audience: Human service providers working with young people who use AOD and have co-occurring MH issues.

This session explores functional AOD use in the context of co-occurring MH issues for young people, and considerations when working with young people with co-occurring MH and AOD use concerns.

Application deadline: Tuesday, 7 November 2023

Online training

Not able to make it to one of our training events? Workforce Development has a range of online learning programs available that can be accessed anywhere and at any time!

For further information, head to: <https://aodelearning.mhc.wa.gov.au/>

Enquiries: Workforce Development Administration Officers
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