



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 1 2023 calendar**.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professional trainers. AODtraining@MHC events are provided for not-for-profit and government organisations free-of-charge. Places are limited. Please view the Mental Health Commission website at [www.mhc.wa.gov.au/aodtraining/](http://www.mhc.wa.gov.au/aodtraining/) for detailed event information and registration.

New to AODtraining@MHC? Please read the Important Information and FAQs document before registering.

See [www.mhc.wa.gov.au/media/3762/aodtraining-faqs.pdf](http://www.mhc.wa.gov.au/media/3762/aodtraining-faqs.pdf)



## Strong Spirit Strong Mind Training Programs

### KA/ST027 Ways of working with Aboriginal people – Part 1 & 2

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

**Part 1:** 28 February 2023 • 9.00am – 4.30pm

**Part 2:** 23 May 2023 • 9.00am – 4.30pm

**Target audience:** Human service workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

**Part 1:** This training explores the impact that history has had on AOD use in Aboriginal communities and provides broad intervention frameworks based on empowerment principles.

**Part 2 Prerequisite:** Participants are required to have attended Ways of working with Aboriginal people – Part 1 within the last 2 years.

**Part 2:** This session expands on culturally secure models and concepts and introduces resources to respond to Aboriginal peoples' AOD use.

**Application deadline:** Part 1: 7 February 2023 • Part 2: 2 May 2023

### ST336 Clinical supervision

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 14 February 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians in the AOD and mental health specialist sectors.

This workshop will provide a theoretical framework for clinical supervision. Participants will learn how to create supportive relationships and environments that promote supervisees' learning from practice. An opportunity to practice using a reflective model of supervision will also be provided.

**Application deadline:** 24 January 2023

### KA036 Sniffing, huffing and chroming: Responding to volatile substance use

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 22 February 2023 • 10.00am – 4.30pm

**Target audience:** Human service providers and frontline workers responding to VSU issues. Volatile substance use (VSU) is a complex issue which can have significant impacts.

The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

**Application deadline:** 1 February 2023

### KA055 Coercive control

**Presented by:** Jo Kostopoulos, Women's Health Strategy and Program, North Metropolitan Health Service

**Date:** 23 February 2023 • 9.00am – 12.30pm

**Target audience:** Clinical and support workers in the AOD and MH specialist sectors.

This half-day training aims to increase the confidence and competence of workers in the alcohol and other drug and mental health specialist sectors to appropriately respond to disclosures of FDV within a framework of trauma-informed care and practice.

**Application deadline:** 2 February 2023

### ST324 Gatekeeper Suicide Prevention

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 7-8 March 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians and support workers in the specialist AOD and mental health sectors.

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and paraprofessionals in the human services whose roles bring them into regular contact with people at risk of suicide.

**Application deadline:** 14 February 2023

### ST313 Working with young people with complex needs

**Presented by:** Allan Colthart, Drug and Alcohol Youth Service (DAYS).

**Date:** 15 March 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians working with young people with complex needs including AOD issues.

The training aims to increase participants' understanding of the development of complex issues and presentations in young people; support staff in developing plans and skills to work effectively; and provide an overview of different psychological treatment modalities effective in working with young people.

**Application deadline:** 22 February 2023

### ST326 Trauma Informed Care and Practice

**Presented by:** Workforce Development, Mental Health Commission.

**Event 1:** 28 March 2023 • 9.00am – 4.30pm

**Event 2:** 10 May 2023 • 9.00am – 4.30pm

**Target audience:** Human service providers with clients who use AOD and/or experience mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

**Application deadline:** Event 1: 7 March 2023 • Event 2: 19 April 2023

### ST262 Mental State Exam

**Presented by:** Wes Elliot, East Metro Mental Health Services, Royal Perth Bentley Group.

**Date:** 4 April 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians working with clients affected by AOD and mental health issues. Mental State Examination reports on an individual's mental state and behaviour at a point in time. This workshop aims to provide clinicians working in AOD and mental health services with the knowledge and skills necessary to identify and describe signs and symptoms of mental illness using a standardised format.

**Application deadline:** 14 March 2023

### ST341 Valuable conversations: Applying TICP and MI to alcohol use during pregnancy

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 26-27 April 2023 • 9.00am – 4.30pm

**Target audience:** Human service providers with clients of childbearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, Motivational Interviewing, FASD prevention and brief interventions. This event aims to assist workers to develop their practice and improve client engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

**Application deadline:** 5 April 2023

### ST345 Trauma Informed Care and Practice with young people

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 27 April 2023 • 9.00am – 4.30pm

**Target audience:** Human service providers who work with young people who experience AOD and/or mental health issues.

This workshop provides an overview of trauma informed care and practice when working with young people and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work with youths.

**Application deadline:** 5 April 2023

NEW



## ● ST275 Introduction to AOD prevention in communities

**Presented by:** Community Support and Development Programs, Mental Health Commission.  
**Date:** 1-3 May 2023 • 9.00am – 4.30pm

**Target audience:** Prevention, Health Promotion, Community Development, Youth/Community Engagement Officers and other human service providers who have a role or interest in AOD prevention.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies; prevention theory and resources to support the implementation of AOD prevention strategies.

**Application deadline:** 10 April 2023

## ● KA056 Family and domestic violence in the workplace

**Presented by:** Jo Kostopoulos, Women's Health Strategy and Program, North Metropolitan Health Service.

**Date:** 4 May 2023 • 9.00am – 11.30am

**Target audience:** Workers in the AOD and mental Health specialist settings.

This 2.5 hour training will provide participants with an overview of employers' legal and social obligations to employees experiencing family and domestic violence (FDV), as well as indicators that an employee may be experiencing or perpetrating FDV, various supports that are available, plus more.

**Application deadline:** 13 April 2023

## ● ST317 Motivational Interviewing – Part 2

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 6-7 June 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians working with clients who use AOD.

**Prerequisite:** Completion of ST284 Motivational Interviewing – Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

**Application deadline:** 16 May 2023

## ● ST343 Emotion regulation

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 14 June 2023 • 9.00am – 4.30pm

**Target audience:** Clinical and Support workers in the AOD and mental health specialist sector.

This one-day training aims to assist the worker to develop an understanding of emotion and emotion regulation; gain skills to support clients to better identify, understand and manage their strong emotions; and assist clients with strategies to respond to overwhelming emotions in constructive ways.

**Application deadline:** 24 May 2023

## Events for Mental Health Workers

### ● MHKW Keyworker – AOD training for government mental health clinicians

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 21-23 March 2023 • 9.00am – 4.30pm

**Target audience:** Clinicians in the government mental health sector.

This three-day training is designed to support mental health (MH) clinicians in government MH services to increase their confidence and competence around working with clients with co-occurring AOD and mental health issues.

**Application deadline:** 28 February 2023

### ● NGOMH Working with clients who use AOD: Skills training for mental health workers from NGOs

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 6 April 2023 • 9.00am – 4.30pm

**Target audience:** Workers in the non-government, not-for-profit mental health sector and licensed psychiatric hostels.

This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with mental health issues.

**Application deadline:** 16 March 2023

## AOD Foundation Events

### ● ST284 Motivational Interviewing – Part 1

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 2 March 2023 • 9.00am 4.30pm

**Target audience:** Human service providers working with clients who use AOD.

Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.

**Application deadline:** 9 February 2023

### ● ST222 Induction training for new AOD workers

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 9-12 May 2023 • 9.00am – 4.30pm

**Target audience:** New workers in the AOD specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related problems. Participants can choose from three discrete modules held over four days, that best fit their work role and training needs.

**Application deadline:** 18 April 2023

### ● ST334 AOD skills foundation

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 16 May 2023 • 9.00am – 4.30pm

**Target audience:** Human service providers whose role supports brief AOD interventions.

*Completion of the online learning package 'Introduction to alcohol and other drugs - Part 1' is highly recommended prior to attendance.*

Learn how to maximise the impact of your interventions when you only have limited time with clients who may be using AOD. This one-day introductory course will best suit workers whose role does not include more counselling-oriented AOD-related therapeutic interventions.

**Application deadline:** 25 April 2023

### ● ST338 Working with clients who use AOD with co-occurring mental health issues

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 1 June 2023 • 9.00am – 4.30pm

**Target audience:** Clinical and support workers in the specialist AOD sector who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.

**Application deadline:** 11 May 2023

## Online training

**eLearning** Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time!  
<https://aodelearning.mhc.wa.gov.au/>

**Webinars** Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

**Enquiries:** Workforce Development  
Administration Officers  
phone (08) 6553 0560  
email [AOD.training@mhc.wa.gov.au](mailto:AOD.training@mhc.wa.gov.au)