







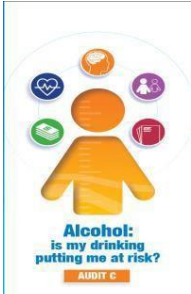
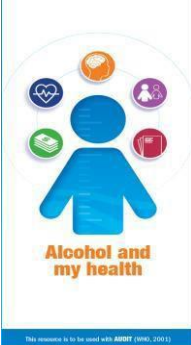
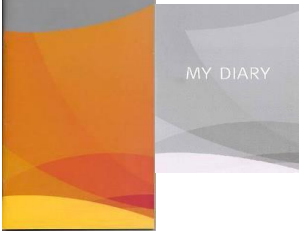
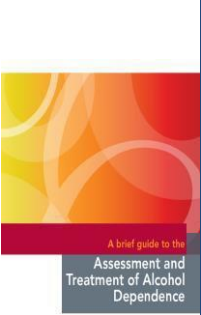
## Workforce Development resource list

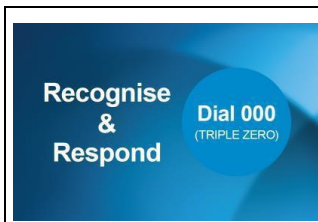

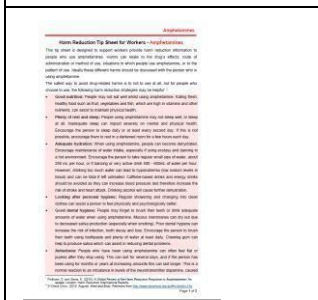
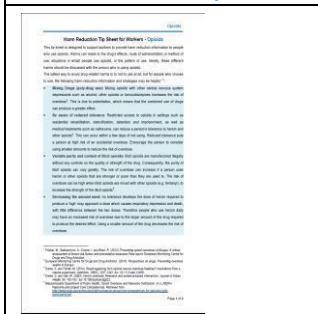
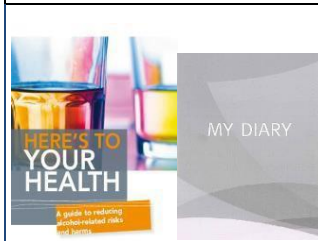
Resources are available free-of-charge for service providers in WA.


Please send orders for hardcopy resources to [aod.training@mhc.wa.gov.au](mailto:aod.training@mhc.wa.gov.au). There are **no minimum order numbers** for hardcopy resources. The resource order form can be accessed [here](#).

### HARD COPY RESOURCES


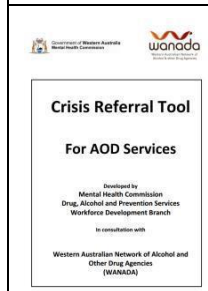
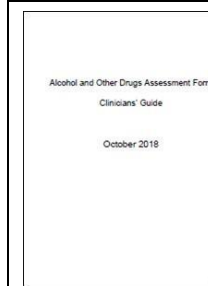
 <p><b>DL Brochure</b></p>	<p><b>Take-Home Naloxone in Western Australia (2019)</b> Workforce Development, Mental Health Commission</p> <p>This resource contains information regarding what naloxone is, who can access it, where to access free naloxone and how to respond to an opioid overdose. It is available in pamphlet form to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>Flyer</b></p>	<p><b>Recognise and Respond (2019)</b> Workforce Development, Mental Health Commission</p> <p>This brochure provides an overview of how to respond to opioid overdose using naloxone. It includes information on signs of an overdose, along with different formulations of naloxone. The DRSABNCD are also provided. It is in pamphlet form and is available to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>A4 Book, 55 Chapters (323 pgs.)</b></p>	<p><b>Counselling guidelines: Alcohol and other drug issues (4<sup>th</sup> Edition), (2019)</b> Produced by Workforce Development, Mental Health Commission</p> <p>Central themes include; guidance on effective treatment, case management, drug effects, withdrawal management, relapse prevention and management, co-occurring mental health conditions, and a vast array counselling skills and strategies.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>
 <p><b>Pouch with USB &amp; Respond Cards</b></p>	<p><b>Recognise and Respond trainer's package (updated 2019)</b> Workforce Development, Mental Health Commission</p> <p>This package is designed for workers who provide training onamphetamine and/or opioid harm reduction. It includes</p> <ul style="list-style-type: none"> <li>• Audio-visual resource – (MP4)</li> <li>• Recognise and Respond to Amphetamine Intoxication/Toxicity &amp; Opioid Overdose trainer's guide (PDF)</li> <li>• Harm reduction tip sheets (PDF)</li> <li>• Naloxone Brief Education Tool (PDF)</li> <li>• PowerPoint presentation</li> <li>• Fold-out Respond cards</li> </ul> <p><b>Available as a hard copy only. Max order number: 2</b></p>

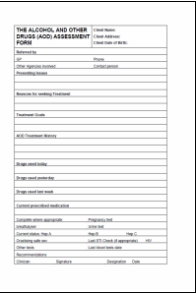

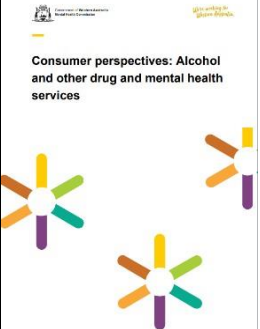
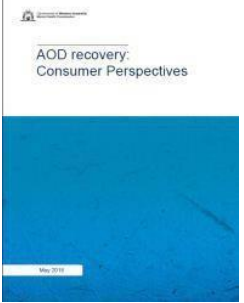
 <p><b>DL Brochure</b></p>	<p><b>Alcohol: Is my drinking putting me at risk? AUDIT-C (2018)</b>  Workforce Development, Mental Health Commission</p> <p>This resource contains a shortened form of the AUDIT, focussing on the first three questions. This can identify high-risk drinkers who may not be alcohol dependent. It is available in pamphlet form to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>DL Brochure</b></p>	<p><b>Alcohol and my health (2018)</b>  Workforce Development and Aboriginal Alcohol and Other Drugs Program, Mental Health Commission</p> <p>This brochure has been developed by Workforce Development as a feedback tool to help workers explain the Alcohol Use Disorders Identification Tool (AUDIT) score and what it means to their clients. It is in pamphlet form and is available to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>A5 Booklet (blank cover) plus My DrinkDiary insert</b></p>	<p><b>Self-help booklet (2018)</b>  Next Step and Workforce Development, Mental Health Commission</p> <p>This booklet has been developed for clinicians to work with clients on their alcohol and other drug related issues, or alternatively it can be used for clients to work through on their own. It covers a range of topics including identifying problems being experienced, setting goals regarding alcohol and other drug use and lifestyle changes. The booklet also includes techniques such as mindfulness, grounding, relaxation and identifying unhelpful thinking patterns.</p> <p><b>Available electronically or hard copy. Max order number: 60</b></p>
 <p><b>A4 Booklet</b></p>	<p><b>A brief guide to the assessment and treatment of alcoholdependence (3<sup>rd</sup> Edition), (2018)</b>  Next Step and Workforce Development, Mental Health Commission</p> <p>This booklet has been developed for use by doctors and nurses when assessing and treating a patient with alcohol dependence. Thebooklet will also be of assistance to counsellors seeking detailed information about the medical treatment of alcohol dependence.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>

 <p><b>Recognise &amp; Respond</b> Dial 000 (TRIPLE ZERO)</p> <p><b>Fold-out card</b></p>	<p><b>UPDATED</b></p> <p><b>Opioid Recognise &amp; Respond Card (Fold-out card) (2019)</b> Workforce Development, Mental Health Commission</p> <p>The Opioid Recognise &amp; Respond Card provides information about basic lifesaving skills, specific heroin overdose information and reinforces the need to call for an ambulance when an accidental overdose occurs.</p> <p><b>Available as a hard copy only. Max order number: 25</b></p>
 <p><b>Recognise &amp; Respond</b> Dial 000 (TRIPLE ZERO)</p> <p><b>Fold-out card</b></p>	<p><b>UPDATED</b></p> <p><b>Amphetamine Recognise &amp; Respond Card (Fold-out card) (2020)</b> Workforce Development, Mental Health Commission</p> <p>The Amphetamine Recognise &amp; Respond Card provides information about amphetamine intoxication and toxicity. The card will be useful for first responders who need to provide assistance to someone experiencing these issues. The resource includes information on harms and effects, harm reduction advice and emergency procedures.</p> <p><b>Available as a hard copy only. Max order number: 25</b></p>
 <p><b>Laminated A4 tip sheet</b></p>	<p><b>UPDATED</b></p> <p><b>Harm Reduction Tip Sheet for Workers - Amphetamines (2022)</b> Workforce Development, Mental Health Commission</p> <p>This resource provides harm reduction strategies for workers to use when working with people who use amphetamine. Available as a laminated hardcopy or to download from the Mental Health Commission website.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>
 <p><b>Laminated A4 tip sheet</b></p>	<p><b>UPDATED</b></p> <p><b>Harm Reduction Tip Sheet for Workers – Opioids (2020)</b> Workforce Development, Mental Health Commission</p> <p>This resource provides harm reduction strategies for workers to use when working with people who use opioids. Available as a laminated hardcopy or to download from the Mental Health Commission website.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>
 <p><b>A5 Booklet 46 pages plus My Drink Diary insert</b></p>	<p><b>UPDATED</b></p> <p><b>Here's to your health: A guide to reducing alcohol-related risks and harms (2022)</b> Workforce Development, Mental Health Commission</p> <p>This booklet aims to help clients think about their drinking and whether there are any related risks. It provides information on: low-risk drinking; risk and harms from current drinking patterns; ways to make changes and reduce their risks and harms. This booklet is designed for clients to use by themselves or to work through with a health professional.</p> <p><b>Available electronically or hard copy. Max order number: 60</b></p>

 <p><b>A5 Booklet</b></p>	<p><b>A better night's sleep: A self-help guide (2017)</b>  Workforce Development and Next Step, Mental Health Commission</p> <p>This is a guide for individuals who use AOD and are experiencing difficulties with their sleep. It is designed to be used either as a self-help manual, or with the support of a clinician.</p> <p><b>Available electronically or hard copy. Max order number: 20</b></p>
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## ELECTRONIC RESOURCES

 <p><b>Video (electronic resource only)</b></p>	<p><b>Alcohol and other drugs: Personal perspectives (2014)</b>  Workforce Development, Mental Health Commission</p> <p>This video features individual and stories and provide insight into the reasons for and issues around AOD use. Unique reflections on co-occurring mental health and AOD issues, Aboriginal perspectives, and teenage AOD experimentation are presented.</p> <p>It also provides insight into the 'lived experience' of family members caring for people with co-occurring AOD and mental health issues. Training notes are provided.</p> <p><b>CURRENTLY IN DEVELOPMENT</b></p>
 <p><b>A4 Booklet (electronic resource only)</b></p>	<p><b>REVISED EDITION</b></p> <p><b>Crisis Referral Tool for AOD Services (2019)</b>  Workforce Development, Mental Health Commission in consultation with Western Australian Network of Alcohol and Other Drug Agencies (WANADA)</p> <p>The Crisis Referral Tool contains flow-charts that suggest strategies to deal with different types of clients presenting in crisis, along with tips for dealing with and prevention of such situations.</p> <p>This resource can be accessed via the WANADA website <a href="http://www.wanada.org.au/resources-and-publications/tools-for-aod-workers.html">http://www.wanada.org.au/resources-and-publications/tools-for-aod-workers.html</a></p> <p>Or via the MHC website <a href="https://www.mhc.wa.gov.au/media/2422/crisis-referral-tool-2018.pdf">https://www.mhc.wa.gov.au/media/2422/crisis-referral-tool-2018.pdf</a></p>
 <p><b>A4 Booklet (electronic resource only)</b></p>	<p><b>UPDATED</b></p> <p><b>Alcohol and other drugs assessment clinician guide (2018)</b>  Workforce Development and Next Step, Mental Health Commission</p> <p>This booklet comprises:</p> <ul style="list-style-type: none"> <li>· PART A: a standard 'alcohol and other drugs assessment form'; and</li> <li>· PART B: a clinicians' guide to using the standard AOD assessment form.</li> </ul> <p>Available from:  <a href="http://www.wanada.org.au">http://www.wanada.org.au</a>, click on 'Resources and Publications' in the menu and then select 'Tools for Alcohol and Other Drug Workers'.</p>

 <p><b>A4 Form (electronic resource only)</b></p>	<p><b>UPDATED</b></p> <p><b>Alcohol and other drugs assessment form (2018)</b> Workforce Development and Next Step, Mental Health Commission</p> <p>This form is to be used in conjunction with the Alcohol and other drugs assessment booklet and can be modified to agency requirements.</p> <p>Available from: <a href="http://www.wanada.org.au">http://www.wanada.org.au</a>, click on 'Resources and Publications' in the menu and then select 'Tools for Alcohol and Other Drug Workers'.</p>
 <p><b>A4 Form (electronic resource only)</b></p>	<p><b>Alcohol Use Disorders Identification Test (AUDIT) (2018)</b> Workforce Development, Mental Health Commission</p> <p>Alcohol Use Disorders Identification Test (AUDIT) is a 10-item questionnaire developed by the World Health Organization to help identify people at risk of alcohol-related harms. It is available to download for quick and easy access.</p> <p>Available from: <a href="https://www.mhc.wa.gov.au/media/2421/audit-screening-tool.pdf">https://www.mhc.wa.gov.au/media/2421/audit-screening-tool.pdf</a></p> <p>Or contact <a href="mailto:AOD.training@mhc.wa.gov.au">AOD.training@mhc.wa.gov.au</a> to receive a copy.</p>
 <p><b>A4 Report (electronic resource only)</b></p>	<p><b>Consumer Perspectives: Alcohol and other drug and mental health services (2020)</b> Workforce Development, Mental Health Commission</p> <p>This report details the experiences shared by 24 individuals, who self-identify as consumers of alcohol and other drug (AOD) and/or mental health treatment services, during a series of focus groups conducted in December 2018 as part of the Keyworker Plus project (the Project).</p> <p>Available from: <a href="https://www.mhc.wa.gov.au/media/3437/consumer-perspicities-alcohol-and-other-drug-and-mental-health-services-oct-2020.pdf">https://www.mhc.wa.gov.au/media/3437/consumer-perspicities-alcohol-and-other-drug-and-mental-health-services-oct-2020.pdf</a></p> <p>Or contact <a href="mailto:AOD.training@mhc.wa.gov.au">AOD.training@mhc.wa.gov.au</a> to receive a copy.</p>
 <p><b>A4 Report (electronic resource only)</b></p>	<p><b>Consumer Perspectives: Alcohol and Other Drug Recovery (2018)</b> Workforce Development, Mental Health Commission</p> <p>This report represents the views of eight consumers of alcohol and other drug (AOD) services in Perth who self-identified as being in recovery from AODs. They were interviewed in a focus group on 29 July 2016 about their recovery experiences.</p> <p>Available from: <a href="https://www.mhc.wa.gov.au/media/2382/aod-recovery-consumer-perspectives.pdf">https://www.mhc.wa.gov.au/media/2382/aod-recovery-consumer-perspectives.pdf</a></p> <p>Or contact <a href="mailto:AOD.training@mhc.wa.gov.au">AOD.training@mhc.wa.gov.au</a> to place your order.</p>

For other Mental Health Commission resources – see <https://www.mhc.wa.gov.au/reports-and-resources/resources/health-professional-resources/>