

### Community Accommodation and Support



#### **Psychosocial Support Packages for Young People**

The State Government will invest \$9.5 million over four years to deliver 30 new Psychosocial Support Packages for young people aged 16 to 24 years who have mental health issues, with or without co-occurring alcohol and other drugs (AOD) issues. These packages will assist young people living in the community, either independently or in the family home, to increasingly participate in and contribute to community, social, and economic life. Where applicable, the packages will also provide support to family members. Consultation to inform the delivery of the packages was completed in 2021, with the packages anticipated to become available from mid-2022.

For more information contact CSSM.Correspondence@mhc.wa.gov.au or read more

#### Youth Mental Health and Alcohol and Other Drug Step Up Step Down (SUSD)

The State Government will invest \$10.6 million over four years to establish a 10 unit Youth SUSD service in the Metropolitan area for young people aged 16 to 24 years, who have mental health issues, with or without co-occurring AOD issues. This service will provide a combination of psychosocial and clinical supports within a residential style setting and help develop young people's crisis resolution strategies to enable their recovery. Step up services will provide additional support for a young person to manage a change in their mental health where admission to hospital is not needed. Step down services will provide a young person, who no longer requires hospital care, with additional supports to assist them to re-establish themselves in the community. Consultation to inform the service requirements and facility design was completed in 2021, with the service anticipated to open mid-2024.

For more information contact Community.stepupstepdown@mhc.wa.gov.au or read more



#### South Hedland Step Up Step Down (SUSD) Facility

The State Government will invest \$14.8 million over four years to establish a 10 unit SUSD in South Hedland. This service, for adults aged 18 years and above, will provide a combination of psychosocial and clinical supports within a residential style setting and help develop people's crisis resolution strategies to enable their recovery. Step up services will provide additional support for a person to manage a change in their mental health where an admission to hospital is not needed. Step down services will provide a person, who no longer requires hospital care, with additional supports that assist them to re establish themselves in the community. The Mental Health Commission will undertake community consultation in South Hedland to inform establishment of the facility and ensure the service is responsive to and more appropriate for Aboriginal people in the region. Planning is underway with consultation anticipated to begin mid-2022. The Mental Health Commission has started looking for a suitable site for the purpose-built facility, with the service anticipated to open mid-2024.

For more information contact Community.stepupstepdown@mhc.wa.gov.au or read more

#### Youth Long-Term Housing and Support Program

The State Government will invest \$18.2 million over four years to establish the Youth Long-term Housing and Support Program in the metropolitan area. This program will offer 20 packages for young people aged 16 to 24 years with mental health issues, with or without co-occurring AOD issues, to access long-term accommodation alongside coordinated clinical, psychosocial and AOD supports. This program will enhance availability of support accommodation services tailored to meet the needs of young people and assist them with their recovery and living independently in the community. Consultation to inform the service requirements and facility design was completed in 2021, with the first 10 packages anticipated to be available in late-2023 and the final 10 packages in late-2024.

For more information contact CSSM.Correspondence@mhc.wa.gov.au or read more





#### Youth Alcohol and Other Drug Workers in Youth Accommodation and Support Services

The State Government will invest \$9.8 million to expand the Alcohol and Other Drug Education and Support Program across all 16 Youth Accommodation and Support Services (YASS) in Western Australia. This expansion will see one Drug Education Support Service (DESS) worker employed at each YASS to support young people aged 16 to 25 years, who are homeless or at risk of becoming homeless, to address their AOD issues in a safe and supported environment. The DESS workers will provide daily support and strategies to help young people manage their AOD issues, reduce their use, and increase awareness of and reduction in AOD related harms. Consultation to inform the service requirements was completed in November 2021, with delivery of workers anticipated to begin mid-2022.

For more information contact CSSM.Correspondence@mhc.wa.gov.au





#### Extending the Strong Spirit Strong Mind Public Education Campaign

The State Government will invest \$9.2 million over the next four-years to deliver a state-wide public education campaign targeted at young Aboriginal people aged 12 to 25 years old. This initiative will revitalise and expand the existing Strong Spirit Strong Mind Metro Project, which has provided a public education campaign to young Aboriginal people living in the Perth metropolitan area since 2012. The new campaign will aim to prevent and increase awareness of the harms associated with AOD use and support the social and emotional wellbeing of young Aboriginal people. Work is already underway to establish an Aboriginal Reference Group to ensure the campaign is effective for its target audience. Consultation with young Aboriginal people and other relevant stakeholders across Western Australia is expected to commence from January 2022, with the campaign anticipated to launch late-2022.

For more information contact <a href="mailto:sssmyouth@mhc.wa.gov.au">sssmyouth@mhc.wa.gov.au</a> or <a href="mailto:read-more">read more</a>

#### Expansion of Alcohol. Think Again – Parents, Young People and Alcohol Campaign

The Alcohol.Think Again, Parents and Young People public education campaign is the key state-wide public education program that seeks to reduce alcohol-related harm among adolescents in Western Australia. \$6.7 million has been provided to continue and expand this campaign over the next four years, given it plays a critical role in protecting young people, who are recognised as a vulnerable, at-risk group.

This campaign is critical in raising awareness amongst parents of the harms associated with alcohol use during adolescence, to dissuade them from supplying alcohol to their children before the age of 18, and to increase their confidence and ability to limit their child's access to alcohol.

We know this campaign is having an impact. Evaluation of the most recent phase of the Young People campaign found that in 2019, 52% of parents of young people (aged 12-17 years) who were aware of the campaign reported taking action as a direct result of the campaign. This included 7% (equivalent to 11,446 parents) who stopped supplying alcohol to their child under 18 years-of-age. Investing in this campaign will build on these results, and reach new parents each year as they enter this life stage with their adolescent children.

The campaign is expected to launch in the first half of 2022 and continue until June 2025.

For more information contact campaigns@mhc.wa.gov.au or read more







# Support for WA AIDS Council to continue peer-based support and education for Lesbian, Gay, Bisexual, Transgender, Intersex, Queer/questioning, Asexual (LGBTIQA+) youth

To address the disproportionate rate of mental health challenges and alcohol and other drug related issues experienced by LGBTQI+ youth in Western Australia \$0.4 million will be provided to expand peer-based initiatives provided through the Western Australian AIDS Council (WAAC).

This increased investment will allow the WAAC to expand services provided under two existing peer-based initiatives to extend the reach to LGBTQI+ youth;

- The Peer-based Support and Education program provides information to the LGBTIQ+ community including youth aged 12 to 26 years and the broader community on the needs of LGBTIQ+ people. Specifically, in relation to how to support LGBTIQ+ young people and provide inclusive and safe environments.
- The Peer-based Support Centre provides drop-in sessions for young people aged 12 to 26 years, who may identify as LGBTIQ+. These drop-in sessions provide young people with peer support from their LGBTIQ+ peers in a safe, non-discriminating and respectful environment. The drop-in sessions aim to reduce social isolation and help LGBTIQ+ young people make healthy, informed decisions that enhance their wellbeing. The Centre is located at the Western Australian AIDS Council's Freedom Centre in Perth.

For more information contact PreventionServices@mhc.wa.gov.au

#### Aboriginal Social and Emotional Wellbeing Model of Service Pilot Program

To improve the Social and Emotional Wellbeing (SEWB) of Aboriginal people, \$17.6 million will be provided to establish a SEWB Model of Service Pilot Program within five Aboriginal Community Controlled Health Service in the Kimberley, Pilbara, Goldfields, Midwest and South West.

The Model of Service Pilot Program is due to commence 1 July 2022. The Model of Service Pilot Program has four key pillars that are combined to support individuals, families and communities to strengthen their SEWB and gain access to the support and services they require to maintain wellness. The four pillars are; culturally secure prevention and community development; psychosocial support; targeted interventions; and supported coordinated care.

The Model of Service Pilot Program will see interdisciplinary teams established consisting of a clinical lead, an Aboriginal cultural lead, Aboriginal social and emotional wellbeing workers, qualified counsellors and care coordination staff.

For more information contact PreventionServices@mhc.wa.gov.au





#### 20 bed AOD withdrawal and rehabilitation facility

20 bed AOD withdrawal and rehabilitation facility in the Perth metro area, providing 24-hour, seven day per week community based accommodation. The service is for people requiring detoxification who would benefit from a longer period of stabilisation prior to entering longer term residential rehabilitation or returning to the community. The service will provide planned access to low-medical alcohol and drug withdrawal and an extended length of stay to assist in stabilising behavioural issues and ensuring successful transition to community or further rehabilitation. Each client will have an individual treatment plan which will be developed in consultation with the client, family (with permission of the client) and other service providers. Clients will be supported to actively plan their post centre options. This service will allow residents to stay up to three months and will assist people to successfully transition back to the community or transfer to longer term treatment. Support will also be available for family members and/or significant others of clients accessing the facility. The commitment includes capital works of \$10 million including purchase of land and construction of the facility. The service is scheduled to open in 2024-25. \$2.5 million will be provided over four years.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au





#### Immediate Drug Assistance Coordination Centre (IDACC)

The Immediate Drug Assistance Coordination Centre (IDACC) will be a suite of related services that together provide a holistic and person-centred response for and families in crisis related to methamphetamine and other AOD use (not medical or psychiatric crisis). The cohort likely to access these services present a higher risk than usual clients of AOD treatment and support services. These services will include AOD and mental health crisis system navigation (telephone line in phase one), Drug and Alcohol Clinical Advisory Service, Drop In Hub (providing brief intervention, peer and family support, referral to other supports), Assertive Outreach and Care Coordination Team, and short-term crisis beds. \$39.7 million will be provided over four years, including \$1.5 million for capital works. Services are expected to commence in July 2022.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au

#### Expansion of community AOD services in Peel

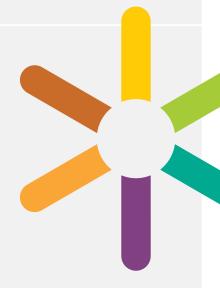
\$8.6 million will be provided over four years for the establishment of a Next Step Drug and Alcohol Service in Mandurah and integrated Community AOD service for young people and adults in the Peel Health Hub. This will includes provision of in-reach AOD specialist services to hospitals within the Peel and Rockingham region. The service is expected to commence in April 2022.

For more information contact <u>MHC.TreatmentServiceProvision@mhc.wa.gov.au</u> or <u>read more</u>

#### Mental Health Co-Response program

\$21 million has been allocated to expand the Mental Health Co-Response (MHCR) program over four years. This will increase the capacity to seven days per week in eight Metropolitan locations and includes the addition of two regional teams, in Bunbury and Geraldton. The regional model will include Aboriginal Mental Health Workers, providing informed support from a local knowledge and cultural perspective. The Geraldton program commenced on 8 September 2021 and expansion in the metropolitan area and to Bunbury will commence in July 2022. The program aims to divert individuals experiencing mental health crisis and/or welfare concerns (including suicide/self-harm, and AOD related issues) away from the criminal justice system and the Emergency Department, providing increased community support closer to the individuals' home and community.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au



#### **Eating Disorders**

\$31.7 million that has been allocated to expand Western Australia's eating disorder treatment services over four years. Specific services that will be included as part of this expansion include two area-based service hubs (north and south) inclusive of day rehabilitation programs; clinical monitoring to provide support to people in the community; specialist multidisciplinary outpatient clinics and services that include a step-down service for inpatients with eating disorders; and, patient transition coordinators to coordinate the care of people living with eating disorders. Services are for those aged 16 and over and are expected to be operational by July 2022. This expansion of current, and addition new services will provide wrap around care, treatment and support that is specific for those with an eating disorder, their family and carers.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au





#### Child, Adolescent and Youth Forensic Outreach Service (CAYFOS)

\$12.6 million has been allocated to establish a new Child, Adolescent and Youth Forensic Outreach Service (CAYFOS). CAYFOS will be a specialist service to assist existing community and inpatient Child and Adolescent and Youth Mental Health services. CAYFOS will provide assessment, support and treatment for those aged 10 to 24 years and develop recommendations for future clinical management. This service will support the health and social recovery of children, adolescents and youth who are risk of, have been or are currently in contact with the criminal justice system. The service will commence in July 2022 and funding is for four years.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au

#### Expansion of youth mental health community treatment services

\$10 million has been allocated over four years for the expansion of youth mental health community treatments services - Youth Axis, YouthLink and YouthReach South. This will provide support for young people with severe and complex mental health problems in the community in the Perth metropolitan region. The services provide counselling, therapy and case management for young people between the ages of 13-24 (dependent on the service) who have difficulty engaging mainstream services, and who have serious or potentially serious mental health problems. The expansion will allow approximately one third more capacity. The new services are expected to open in April 2022.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au

#### **Expansion of the Youth Community Assessment and Treatment Teams**

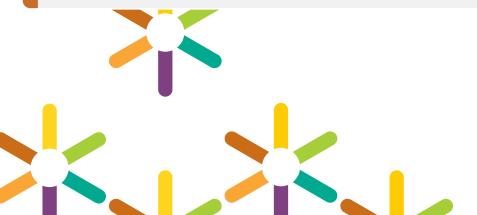
The South Metropolitan Health Services (SMHS) is currently the only provider of a Youth Community Assessment and Treatment Team (YCATT) in Western Australia. YCATT is a community outreach service that uses a clientcentred, recovery focused approach to youth mental health and provides services for those aged 16-24 years; the current service has a waitlist of over two months. \$35.3 million will be provided over four years to expand YCATT. This expansion will provide a multidisciplinary team in a manner that is flexible, trauma-informed, culturally secure and evidence-based in the south, north and east metropolitan regions. The service will be fully operational five days a week, with extended hours on two days a week until 7.30pm, and will also be available on Saturday and Sunday in some capacity. By expanding the current YCATT to the wider metropolitan area, young people (16-24 years) who are experiencing or are at higher risk of developing, mental health and/or AOD issues will have increased access to a community outreach service that provides developmentally appropriate acute and intensive community assessment, treatment, assertive outreach and case management in their region. Expected to open in April 2022.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au

#### **Geographic expansion of Parent Peer Support Groups**

\$5.6 million will be provided over four years for the expansion of Parent and Family Drug Support (PFDS) program Peer Support Network to Bunbury and Midland. The expansion will include an increase in access to telephone support, educational courses and support groups for parents and families. Parent and Peer Volunteers can be supported by PFDS staff based in Perth. The expansion commenced in October 2021, with additional support groups already operational in Fremantle, and commencing in Midland in March 2022.

For more information contact MHC.TreatmentServiceProvision@mhc.wa.gov.au or read more



31 Jan 2022 MHC21/74643