



AODwebinars@MHC Calendar Semester 2 2022

The Mental Health Commission's Workforce Development team is pleased to release the **AODwebinars@MHC Semester 2 2022 calendar**.

The AODwebinars@MHC calendar is part of Workforce Development, Mental Health Commission's free professional development for those working in the alcohol and other drug (AOD) and other human services sectors.

To register for an event go to: <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

Please note: Our webinar events are run through Microsoft Teams.

For more information on training opportunities and resources to support workers, go to: mhc.wa.gov.au/aodtraining or email: AOD.training@mhc.wa.gov.au

Webinar Event 1:

An introduction to Trauma Informed Care and Practice

Presented by: Heather Jacobson, Workforce Development, MHC.

Date: Tuesday, 9 August 2022 • 10.00am - 12.00pm

Target audience: Human service providers working with clients experiencing alcohol and other drug (AOD) and/or mental health issues.

Please note: *this webinar is a brief stand-alone version of the one-day workshop ST326 Trauma Informed Care and Practice conducted on the AODtraining@MHC calendar.*

This webinar will:

- Provide an introductory overview of trauma
- Define the types of trauma
- Describe the links between AOD, mental health and trauma
- Discuss the impact this complex issue can have on clients with AOD and/or mental health issues who present at human services.

Application deadline: Friday, 5 August 2022

Webinar Event 2:

Family and domestic violence in the workplace

Presented by: Joanne Kostopoulos, Community Support & Development Programs, MHC.

Date: Monday, 29 August 2022 • 10.00am - 12.30pm

Target audience: Staff in the AOD and mental health specialist sectors.

Family and Domestic Violence (FDV) is viewed as a workplace issue and the health outcomes and costs are considered. This webinar will:

- Establish employers' obligations
- Provide an overview of indicators of someone who may be experiencing or perpetrating FDV
- Identify practical steps for talking to a colleague or employee
- Discuss various supports.

Application deadline: Thursday, 25 August 2022

Webinar Event 3:

Let's talk about sex, syphilis, STIs & BBVs: Raising the issue in an AOD or mental health setting

Presented by: Dr Donna Mak, Public Health Physician, Communicable Disease Control Directorate, with an expert panel from the AOD sector.

Date: Tuesday, 13 September 2022 • 10.00am - 12.00pm

Target audience: Workers in the AOD and mental health specialist sectors.

While the main focus of this webinar will be syphilis, the information discussed will be relevant to other STIs and BBVs. A panel of experts from the AOD sector will join Donna.

This webinar will provide Western Australian AOD and mental health workers with:

- An update on the current syphilis outbreak in WA and Australia
- Information and tools required to raise the topic of sexual health check-ups for STIs and BBVs
- Information about referral options for STI and BBV testing.

We will use case studies to illustrate the implications of the infectious syphilis outbreak in WA for AOD and mental health sector workers and their clients.

Application deadline: Friday, 9 September 2022

Webinar Event 4:

An introduction to clinical supervision

Presented by: Heather Jacobson, Workforce Development, MHC.

Date: Tuesday, 4 October 2022 • 10.00am - 12.00pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

This session will provide a brief overview of clinical supervision aims and a framework to support best practice. Gibb's reflective practice cycle and intervention will be introduced as examples of two different models that can be used to create supportive relationships and environments in order to promote supervisees' learning from practice.

Application deadline: Friday, 30 September 2022

Webinar Event 5:

What's new with naloxone? 3 lives a day saved with take home naloxone

Presented by: Grace Oh, Prevention Services, MHC.

Date: Tuesday, 18 October 2022 • 10.00am - 12.00pm

Target audience: Human service providers working with clients who use AOD.

This webinar is an opportunity for an interactive discussion on opioids, overdose and naloxone. It will cover:

- Findings of the Evaluation of the Pharmaceutical Benefits Scheme Subsidised Take Home Naloxone Pilot
- A discussion of the future of take home naloxone
- A snapshot of WA heroin and pharmaceutical opioid trends
- An update of WA Naloxone Program initiatives
- How individuals and agencies can get involved.

Application deadline: Friday, 14 October 2022

Webinar Event 6:

An introduction to emotional regulation

Presented by: Heather Jacobson, Workforce Development, MHC.

Date: Tuesday, 1 November 2022 • 10.00am - 12.00pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

Please note: *this webinar is a brief stand-alone version of the one-day workshop ST343 Emotional Regulation conducted on the AODtraining@MHC Calendar.*

Emotional regulation is the ability to manage and respond to emotional experiences in a socially tolerable way. AOD can be one of the strategies people adopt to regulate their emotions, which can be helpful in the short-term, but often not effective in the long-term. It makes sense then that many people who access AOD or mental health services can have difficulty managing strong or overwhelming emotions and may have limited strategies outside of AOD use.

This training aims to assist the worker to:

- Develop an understanding of emotion and emotion regulation
- Explore the skills needed to support clients to better identify, understand and manage their strong emotions
- Identify strategies that will help clients respond to overwhelming emotions in constructive ways.

Application deadline: Friday, 28 October 2022

Webinar Event 7:

Working with young people

Presented by: Sarah Dansie & Clay Brand, Workforce Development, MHC.

Date: Tuesday, 15 November 2022 • 10.00am - 12.00pm

Target audience: Human service providers working with clients who use AOD.

Working with young people poses unique challenges for those in helping professions. This webinar explores a variety of professional perspectives as applied to a case study of a young person presenting with complex needs.

Considerations include:

- Developmental concerns
- Trauma informed care and practice for young people
- Youth AOD use
- Youth mental health
- Contemporary best practice.

Subject matter experts will discuss their approaches, perspectives and priorities on a common case study, followed by a Q&A panel. Participants will receive the case study in advance for their consideration.

Application deadline: Friday, 11 November 2022

Online training

Not able to make it to one of our training events or wish to solidify your learning further? Workforce Development has a range of online learning programs available that can be accessed anywhere and at any time!

For further information, head to: <https://aodelearning.mhc.wa.gov.au/>

Enquiries: Workforce Development
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