



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 2 2022 calendar**.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professionals. AODtraining@MHC events are provided not-for-profit and government organisations free-of-charge. Places are limited.

Please view the Mental Health Commission website at www.mhc.wa.gov.au/aodtraining/ for detailed information and registration.



Strong Spirit Strong Mind Training Programs

KA/ST027 Ways of working with Aboriginal people – Part 1 & 2

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

Part 1: 27 October 2022 • 9.00am – 4.30pm

Part 2: 16 November 2022 • 9.00am – 4.30pm

Target audience: Human service workers who have Aboriginal clients, individuals and families. Aboriginal workers are encouraged to attend.

Part 1: This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

Part 2 Prerequisite: Participants are required to have attended *Ways of working with Aboriginal people – Part 1* in the past three years.

Part 2: This session builds on culturally secure concepts and models and introduces resources to respond to Aboriginal AOD use.

Application deadline: Part 1: 6 October 2022 • Part 2: 26 October 2022

ST340 Preventing relapse and supporting behaviour change over time

Presented by: Workforce Development, Mental Health Commission.

Date: 3 August 2022 • 9.00am – 4.30pm

Target audience: Human service providers who work with people who use AOD.

Please note: This event covers similar content to "ST331 Preventing relapse and resolution breakdown" so past participants need not apply.

This training aims to assist the worker to develop an understanding of why behavior change can be so difficult to maintain and to learn which strategies best support the change process and how to implement them.

Application deadline: 13 July 2022

KA055 Coercive control

NEW

Presented by: Community Support and Development Programs, Mental Health Commission.

Event 1: 5 August 2022 • 9.00am – 12.30pm

Event 2: 7 October 2022 • 9.00am – 12.30pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

This half-day training aims to increase the confidence and competence of workers in the alcohol and other drug and mental health specialist sectors to appropriately respond to disclosures of FDV within a framework of trauma-informed care and practice. The training includes practical information to assist staff and is delivered within a supportive and judgement-free environment.

Application deadline: Event 1: 15 July 2022 • Event 2: 16 September 2022

ST336 Clinical supervision

Presented by: Workforce Development, Mental Health Commission.

Date: 6 September 2022 • 9.00am – 4.30pm

Target audience: Clinicians in the AOD and mental health specialist sectors.

This workshop will provide a theoretical framework for clinical supervision. Participants will learn how to create supportive relationships and environments that promote supervisees' learning from practice. An opportunity to practice using a reflective model of supervision will also be provided.

Application deadline: 16 August 2022

ST343 Emotional regulation

NEW

Presented by: Workforce Development, Mental Health Commission.

Date: 7 September 2022 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

This one-day training aims to assist the worker to develop an understanding of emotion and emotion regulation; gain skills to support clients to better identify, understand and manage their strong emotions; and assist clients with strategies to respond to overwhelming emotions in constructive ways.

Application deadline: 17 August 2022

ST326 Trauma Informed Care and Practice

Presented by: Workforce Development, Mental Health Commission.

Event 1: 8 September 2022 • 9.00am – 4.30pm

Event 2: 25 October • 9.00am – 4.30pm

Target audience: Human service providers with clients who experience AOD and/or mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

Application deadline: Event 1: 18 August 2022 • Event 2: 4 October 2022

ST269 Healthy women and pregnancies – Aboriginal focus on FASD prevention in communities

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 21-22 September 2022 • 9.00am – 4.30pm

Target audience: Human service providers who work with Aboriginal women, their families and communities.

This two-day workshop provides knowledge, skills and strategies to prevent Fetal Alcohol Spectrum Disorder (FASD), for professionals who are working with Aboriginal women of childbearing age who may be using alcohol.

Application deadline: 31 August 2022

ST339 AOD training for administration workers

Presented by: Workforce Development, Mental Health Commission.

Date: 27 September 2022 • 9.00am – 4.30pm

Target audience: Administration staff who work in services with people who use AOD.

This training is intended for administration staff who work in services that interact with clients who use AOD. It will provide participants with a broad understanding of the issues facing people who use AOD and their significant others, as well as exploring issues such as boundaries, confidentiality, vicarious trauma, and worker self-care.

Application deadline: 6 September 2022

ST275 Introduction to population-based alcohol and other drug prevention

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 3-4 October 2022 • 9.00am – 4.30pm

Target audience: Prevention, Health Promotion, Community Development Officers and other human service providers who have a role or interest in AOD prevention.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies; how to plan, implement and evaluate prevention activities; and engage stakeholders in the community.

Application deadline: 12 September 2022

ST332 Advanced AOD prevention: A facilitator's guide to developing a local AOD Management Plan

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 5 October 2022 • 9.00am – 4.30pm

Target audience: Prevention Officers, Health Promotion Officers, Community Development Officers, Youth/Community Engagement Officers or similar, and those who have a role or interest in coordinating AOD prevention at a community or population-based level.

Prerequisite: Completion of ST275 *An introduction to population-based alcohol and other drug prevention within the past two years.*

This interactive one-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues at a community or population-based level.

Application deadline: 14 September 2022

KA036 Sniffing, huffing and chroming: Responding to volatile substance use

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 13 October 2022 • 10.00am – 4.00pm

Target audience: Human service providers and frontline workers responding to VSU issues. Volatile substance use (VSU) is a complex issue which can have significant impacts.

The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

Application deadline: 22 September 2022



● ST324 Gatekeeper Suicide Prevention

Presented by: Workforce Development, Mental Health Commission.

Date: 7-8 November 2022 • 9.00am – 4.30pm

Target audience: Clinicians and support workers in the AOD and mental health specialist sectors.

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals in the human services whose roles bring them into regular contact with people at risk of suicide.

Application deadline: 17 October 2022

● ST344 BEST Family Group Facilitator Training

NEW

Presented by: Allan Colthart, Clinical Coordinator, DAYS.

Date: 10-11 November 2022 • 9.00am – 4.30pm

Target audience: Clinicians and support workers who work with, or would like to work with, the parents of young people who use AOD.

This two-day training aims to prepare you to be a facilitator for the BEST group. BEST has been developed and researched over the last 10 years and is a unique evidence-based group program which involves both parents and young people. We recommend that at least two representatives from your agency attend to enable your agency to be able to offer the group in the future.

Application deadline: 20 October 2022

● ST341 Valuable conversations for reducing the impact of alcohol use in child-bearing years

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 22-23 November 2022 • 9.00am – 4.30pm

Target audience: Service providers with clients of child-bearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, FASD prevention and brief interventions. This event aims to assist workers to develop their practice and improve client engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

Application deadline: 1 November 2022

● KA056 Family and domestic violence in the workplace

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 25 November 2022 • 9.00am – 11.30am

Target audience: Workers in the AOD and mental health specialist sectors.

This 2.5 hour training will provide participants with an overview of employers' legal and social obligations to employees experiencing family domestic violence (FDV), as well as discussing indicators that an employee may be experiencing or perpetrating FDV, various supports that are available, plus more.

Application deadline: 4 November 2022

● ST317 Motivational Interviewing – Part 2

Presented by: Workforce Development, Mental Health Commission.

Date: 30 November to 1 December 2022 • 9.00am – 4.30pm

Target audience: Clinicians working with clients who use AOD.

Prerequisite: Completion of ST284 MI Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

Application deadline: 9 November 2022

Online training

eLearning Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time! For further information, head to: <https://aodelearning.mhc.wa.gov.au/>

Webinars Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/video-conferencing/>

AOD Foundation Events

● ST284 Motivational Interviewing – Part 1

Presented by: Workforce Development, Mental Health Commission.

Date: 18 August 2022 • 9.00am – 4.30pm

Target audience: Human service providers working with clients who use AOD.

Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.

Application deadline: 28 July 2022

● ST222 Induction training for new AOD workers

Presented by: Workforce Development, Mental Health Commission.

Date: 1-4 November 2022 • 9.00am – 4.30pm

Target audience: New workers in the AOD specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related problems. Participants can choose from three discrete modules held over four days, that best fit their work role and training needs.

Application deadline: 11 October 2022

● ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues

Presented by: Workforce Development, Mental Health Commission.

Date: 17 November 2022 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the specialist AOD sector who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.

Application deadline: 27 October 2022

Events for Mental Health Workers

● MHKW Keyworker – AOD training for government mental health clinicians

Presented by: Workforce Development, Mental Health Commission.

Date: 8-10 August 2022 • 9.00am – 4.30pm

Target audience: Clinicians in the government mental health sector.

This three-day training is designed to support mental health clinicians in government mental health services to increase their confidence and competence around working with clients with co-occurring alcohol and other drug (AOD) and mental health issues.

Application deadline: 18 July 2022

● NGOMH Working with clients who use AOD: Skills training for mental health workers from NGOs

Presented by: Workforce Development, Mental Health Commission.

Date: 24 August 2022 • 9.00am – 4.30pm

Target audience: Workers in the non-government, not-for-profit mental health sector or Licensed Psychiatric Hostels.

This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services and workers in Licensed Psychiatric Hostels, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with mental health issues.

Application deadline: 3 August 2022

Enquiries: Workforce Development
Administration Officers
phone (08) 6553 0560
email AOD.training@mhc.wa.gov.au

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