



Valuable Conversations:

For reducing the impact of alcohol use during child-bearing years

Presented by the Mental Health Commission (MHC)
Workforce Development & Community Support and Development Programs

The Valuable Conversations training covers the following:

- **Reflective Practice** to identify areas of practice that require development for improved client engagement and outcomes.
- **Trauma Informed Care and Practice** to consider the broader context in which alcohol use (during pregnancy) may occur.
- **Motivational Interviewing** to empathically explore client behaviour around alcohol use (including during pregnancy).
- **Fetal Alcohol Spectrum Disorder (FASD) prevention** in the context of the National Strategic Action Plan and a holistic prevention framework.
- **Brief Interventions** to combine course content with skills practice using the AUDIT-C and 'Five As'.
- **Useful resources** for ease in recalling training information and strategies.

This event **does not** provide information on FASD diagnosis or treatment. Prior FASD knowledge is highly desirable but not compulsory.

Dates and locations (9am to 4:30pm)

Semester 1, 2022

- **Wheatbelt:**
 - Northam: 21 - 22 February
 - Narrogin: 24 - 25 February
- **Pilbara:**
 - Karratha: 4 - 5 April
 - Tom Price: 7 - 8 April
 - Newman: 23 - 24 May
- **Metro and Peel:**
 - Perth: 27 - 28 April
- **Mid - West:**
 - Meekathara: 26 - 27 May
- **West Kimberley:**
 - Broome: 13 -14 June
 - Derby: 16 - 17 June

For enquiries regarding event registrations and other FASD learning opportunities from the MHC, please contact **Dionne Aitken** via email: dionne.aitken@mhc.wa.gov.au



Government of Western Australia
Mental Health Commission

Registration to participate in the Valuable Conversations training event

First name:

Last Name:

Job title:

Organisation:

Address:

Suburb/Town:

State

Postcode

Telephone:

Email:

Please specify if you have any dietary requirements:

Please nominate the training location and date:

If you have completed any prior FASD training, please list:

Please email the completed form to dionne.aitken@mhc.wa.gov.au