



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 1 2022 calendar**. This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professional trainers. These events are provided free of charge to not-for-profit and government organisations. Places are limited. Please view www.mhc.wa.gov.au/aodtraining/ for detailed information and registration. If you're new to AODtraining@MHC, please read the Important Information and FAQs document before registering: [See https://www.mhc.wa.gov.au/media/3762/aodtraining-faqs.pdf](https://www.mhc.wa.gov.au/media/3762/aodtraining-faqs.pdf)



Strong Spirit Strong Mind Training Programs

KA/ST027 Ways of working with Aboriginal people – Part 1 & 2

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

Part 1: 29 March 2022 • 9.00am – 4.30pm

Part 2: 24 May 2022 • 9.00am – 4.30pm

Target audience: Human service workers who have Aboriginal clients, individuals and families. Aboriginal workers are encouraged to attend.

Part 1: This training explores the impact that history has had on AOD use in Aboriginal communities and provides broad intervention frameworks based on empowerment principles.

Part 2 Prerequisite: Participants are required to have attended Ways of working with Aboriginal people – Part 1 within the last 2 years.

Part 2: This session expands on culturally secure models and concepts and introduces resources to respond to Aboriginal peoples' AOD use.

Application deadline: Part 1: 8 March 2022 • Part 2: 3 May 2022

ST340 Preventing relapse and supporting behaviour change over time

Presented by: Workforce Development, Mental Health Commission.

Date: 9 February 2022 • 9.00am – 4.30pm

Target audience: Human service providers who work with people who use AOD.

Please note: This event covers similar content to "ST331 Preventing relapse and resolution breakdown" and "ST325 AOD recovery" so past participants need not apply.

This training aims to assist the worker to develop an understanding of why behaviour change can be so difficult to maintain and to learn which strategies best support the change process and how to implement them.

Application deadline: 19 January 2022

ST336 Clinical supervision for the AOD and mental health sector

Presented by: Workforce Development, Mental Health Commission.

Date: 15 February 2022 • 9.00am – 4.30pm

Target audience: Clinicians in the AOD and mental health specialist sectors.

This workshop will provide a theoretical framework for clinical supervision. Participants will learn how to create supportive relationships and environments that promote supervisees' learning from practice. An opportunity to practice using a reflective module of supervision will also be provided.

Application deadline: 25 January 2022

KA036 Sniffing, huffing and chroming: Responding to volatile substance use

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 2 March 2022 • 10.00am – 4.30pm

Target audience: Human service providers and frontline workers responding to VSU issues.

Volatile substance use (VSU) is a complex issue which can have significant impacts. The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

Application deadline: 12 February 2022

ST313 Working with young people with complex needs

Presented by: Allan Colthart, Clinical Coordinator, DAYS.

Date: 3 March 2022 • 9.00am – 4.30pm

Target audience: Clinicians working with young people with complex needs including AOD issues.

This training aims to increase participants' understanding of the development of complex issues and presentations in young people, support staff in developing plans and skills to work effectively and provide an overview of different psychological treatment modalities effective in working with young people.

Application deadline: 13 February 2022

ST275 Introduction to AOD prevention in communities

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 8-9 March 2022 • 9.00am – 4.30pm

Target audience: Prevention, Health Promotion, Community Development, Youth/Community Engagement Officers and other human service providers who have a role or interest in AOD prevention.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies, prevention theory and resources to support the implementation of AOD prevention strategies.

Application deadline: 15 February 2022

ST332 Advanced AOD prevention: A facilitator's guide to developing a local Alcohol and Other Drug Management Plan

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 10 March 2022 • 9.00am – 4.30pm

Target audience: Workers with a prevention focus interested in coordinating AOD prevention in communities.

Prerequisite: Completion of ST275 An introduction to AOD prevention within the last 12 months.

This interactive one-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues within communities.

Application deadline: 17 February 2022

ST326 Trauma Informed Care and Practice

Presented by: Workforce Development, Mental Health Commission.

Event 1: 22 March 2022 • 9.00am – 4.30pm

Event 2: 11 May 2022 • 9.00am – 4.30pm

Target audience: Human service providers with clients who use AOD and/or experience mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

Application deadline: Event 1: 1 March 2022 • Event 2: 20 April 2022

ST262 Mental State Exam

Presented by: Wes Elliott, East Metro Mental Health Services, Royal Perth Bentley Group.

Date: 5 April 2022 • 9.00am – 4.30pm

Target audience: Clinicians working with clients affected by AOD and mental health issues.

Mental State Examination reports on an individual's mental state and behaviour at a point in time. This workshop aims to provide clinicians working in AOD and mental health services with the knowledge and skills necessary to identify and describe signs and symptoms of mental illness using a standardised format.

Application deadline: 15 March 2022

ST341 Valuable conversations: Applying TICP and MI to alcohol use during pregnancy

Presented by: Workforce Development, Mental Health Commission.

Date: 27-28 April 2022 • 9.00am – 4.30pm

Target audience: Service providers with clients of childbearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, Motivational Interviewing, FASD prevention and brief interventions. This event aims to assist workers to develop their practice and improve client engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

Application deadline: 6 April 2022

Enquiries: Workforce Development Administration Officers
phone (08) 6553 0560 email AOD.training@mhc.wa.gov.au



● ST317 Motivational Interviewing – Part 2

Presented by: Workforce Development, Mental Health Commission.
Date: 3-4 May 2022 • 9.00am – 4.30pm
Target audience: Clinicians working with clients who use AOD.
Prerequisite: Completion of ST284 An introduction to Motivational Interviewing (MI) or ST284 MI Part 1 (or equivalent) within the last 3 years.
This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.
Application deadline: 12 April 2022

● ST324 Gatekeeper Suicide Prevention

Presented by: Workforce Development, Mental Health Commission.
Date: 7-8 June 2022 • 9.00am – 4.30pm
Target audience: Clinicians and support workers in the specialist AOD and mental health sectors.
Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and paraprofessionals in the human services whose roles bring them into regular contact with people at risk of suicide.
Application deadline: 17 May 2022

● ST343 Emotional regulation

NEW

Presented by: Workforce Development, Mental Health Commission.
Date: 15 June 2022 • 9.00am – 4.30pm
Target audience: Clinical and Support workers in the AOD specialist sector.
This one-day training aims to assist the worker to develop an understanding of emotion and emotion regulation; gain skills to support clients to better identify, understand and manage their strong emotions; and assist clients with strategies to respond to overwhelming emotions in constructive ways.
Application deadline: 25 May 2022

● ST293 Group work – Making it work

Presented by: Workforce Development, Mental Health Commission.
Date: 21-22 June 2022 • 9.00am – 4.30pm
Target audience: Clinical and support workers who facilitate AOD therapeutic groups.
This two-day training event focuses on groups commonly run in AOD services and will consider different types of groups, how theory guides practice, skills of group facilitation, working effectively as a co-facilitator, challenges that can occur, plus more.
Application deadline: 31 May 2022

Events for Mental Health Workers

MHKW Keyworker – AOD training for government mental health clinicians

Presented by: Workforce Development, Mental Health Commission.
Date: 15-17 March 2022 • 9.00am – 4.30pm
Target audience: Clinicians in the government mental health sector.
This three-day training is designed to support mental health (MH) clinicians in government MH services to increase their confidence and competence around working with clients with co-occurring AOD and mental health issues.
Application deadline: 22 February 2022

NGOMH Working with clients who use AOD: Skills training for mental health workers from NGOs

Presented by: Workforce Development, Mental Health Commission.
Date: 23 March 2022 • 9.00am – 4.30pm
Target audience: Workers in the non-government, not-for-profit mental health sector.
This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with mental health issues.
Application deadline: 2 March 2022

Enquiries: Workforce Development Administration Officers
phone (08) 6553 0560 email AOD.training@mhc.wa.gov.au

AOD Foundation Events

● ST284 Motivational Interviewing – Part 1

Presented by: Workforce Development, Mental Health Commission.
Date: 23 February 2022 • 9.00am – 4.30pm
Target audience: Human service providers working with clients who use AOD.
Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.
Application deadline: 2 February 2022

● ST222 Induction training for new AOD workers

Presented by: Workforce Development, Mental Health Commission.
Date: 26-29 April 2022 • 9.00am – 4.30pm
Target audience: New workers in the AOD specialist sector.
Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related problems. Participants can choose from three discrete modules held over four days that best fit their work role and training needs.
Application deadline: 5 April 2022

● ST334 AOD skills foundation

Presented by: Workforce Development, Mental Health Commission.
Date: 18 May 2022 • 9.00am – 4.30pm
Target audience: Human service providers whose role supports brief AOD interventions.
Prerequisite: Completion of the online learning package 'Introduction to alcohol and other drugs - Part 1' is highly recommended.
Learn how to maximise the impact of your interventions when you only have limited time with clients who may be using AOD. This one-day introductory course will best suit clinicians/workers whose role does not include more counselling-oriented AOD-related therapeutic interventions.
Application deadline: 27 April 2022

● ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues

Presented by: Workforce Development, Mental Health Commission.
Date: 1 June 2022 • 9.00am – 4.30pm
Target audience: Clinicians and support workers in the specialist AOD sector who have limited experience working with people with co-occurring issues.
This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.
Application deadline: 11 May 2022

Online training

eLearning

Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time! For further information, head to <https://aodelearning.mhc.wa.gov.au/>

Webinars

Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/video-conferencing/>

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