



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 2, 2021 calendar**.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professional trainers.

AODtraining@MHC events are provided not-for-profit and government organisations free-of-charge. Places are limited.

Please view the Mental Health Commission website at [www.mhc.wa.gov.au/aodtraining/](http://www.mhc.wa.gov.au/aodtraining/) for detailed information and registration.



## ST269 Healthy women and pregnancies – Aboriginal focus on FASD prevention in communities

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs and Workforce Development, Mental Health Commission.

**Date:** 17-18 August 2021 • 9.00am - 4.30pm

**Target audience:** Human service providers who work with Aboriginal women, their families and communities.

This two-day workshop provides knowledge, skills and strategies to prevent Fetal Alcohol Spectrum Disorder (FASD), for professionals who are working with Aboriginal women of childbearing age who may be using alcohol.

**Application deadline:** 27 July 2021

## KA/ST027 Ways of working with Aboriginal people – Part 1 & 2

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

**Part 1:** 12 October 2021 • 9.00am – 4.30pm

**Part 2:** 16 November 2021 • 9.00am – 4.30pm

**Target audience:** Human service workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

**Part 1:** This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

**Part 2 Prerequisite:** Participants are required to have attended *Ways of working with Aboriginal people – Part 1*.

**Part 2:** This session builds on culturally secure concepts and models, and introduces resources to respond to Aboriginal AOD use.

**Application deadline:**

Part 1: 21 September 2021 • Part 2: 26 October 2021

## ST340 Preventing relapse and supporting behaviour change over time

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 11 August 2021 • 9.00am - 4.30pm

**Target audience:** Human service providers who work with people who use AOD.

**Please note:** This event covers similar content to “ST331 Preventing relapse and resolution breakdown” and “ST325 AOD recovery” so past participants need not apply.

This training aims to assist the worker to develop an understanding of why behavior change can be so difficult to maintain and to learn which strategies best support the change process and how to implement them.

**Application deadline:** 21 July 2021

## ST275 Introduction to AOD prevention in communities

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 24-25 August 2021 • 9.00am – 4.30pm

**Target audience:** Prevention, Health Promotion, Community Development Officers and Other Human service providers who have a role or interest in AOD prevention.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies; how to plan, implement and evaluate prevention activities; and engage stakeholders in the community.

**Application deadline:** 3 August 2021

## ST301 Family inclusive practice

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 24-25 August 2021 • 9.30am – 4.30pm

**Target audience:** Clinicians and support workers who work with clients who use AOD.

This workshop aims to assist workers to identify ways in which Family Inclusive Practice may be enhanced within their service. The training will support workers to understand the impact of alcohol and other drug (AOD) use on families and significant others; discuss reasons for including families in treatment and explore the difference between ‘family friendly’ and ‘family inclusive’ programs.

**Application deadline:** 3 August 2021

## ST339 AOD training for administration workers

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 16 September 2021 • 9.30am – 4.30pm

**Target audience:** Administration staff who work in services with clients who use AOD.

This training is intended for administration staff who work in services that interact with clients who use AOD. It will provide participants with a broad understanding of the issues facing people who use AOD and their significant others, as well as exploring issues such as boundaries, confidentiality, vicarious trauma, and worker self-care.

**Application deadline:** 26 August 2021

## KA036 Sniffing, huffing and chroming: Responding to volatile substance use

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 17 September 2021 • 10.00am – 4.30pm

**Target audience:** Human service providers and frontline workers responding to VSU issues.

Volatile substance use (VSU) is a complex issue which can have significant impacts. The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

**Application deadline:** 27 August 2021

## ST326 Trauma Informed Care and Practice

**Presented by:** Workforce Development, Mental Health Commission.

**Event 1:** 22 September 2021 • 9.00am – 4.30pm

**Event 2:** 4 November 2021 • 9.00am – 4.30pm

**Target audience:** Human service providers with clients who use AOD and/or experience mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

**Application deadline:** Event 1: 1 Sept 2021 • Event 2: 14 October 2021

**Enquiries:** Workforce Development Administration Officers  
phone (08) 6553 0560 email [AOD.training@mhc.wa.gov.au](mailto:AOD.training@mhc.wa.gov.au)



## ST341 Valuable conversations: Applying TICP and MI to alcohol use during pregnancy

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 20-21 October 2021 • 9.00am – 4.30pm

**Target audience:** Service providers with clients of childbearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, FASD prevention and brief interventions. This event aims to assist workers to develop their practice and improve client engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

**Application deadline:** 29 September 2021

## ST324 Gatekeeper Suicide Prevention

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 25-26 October 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians and support workers in the specialist AOD and mental health sectors.

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and paraprofessionals in the human services whose roles bring them into regular contact with people at risk of suicide.

**Application deadline:** 4 October 2021

## ST342 Crystal sex

NEW

**Presented by:** Workforce Development, Mental Health Commission and WA AIDS Council.

**Date:** 2 November 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians in the AOD specialist sector.

The aim of this training is to provide an understanding of 'crystal sex' and associated issues and harms. This workshop will support AOD workers to become more comfortable engaging clients in conversations around their sexual health, sexual behaviours and ways to reduce 'crystal sex'-related harms.

**Application deadline:** 12 October 2021

## ST317 Motivational Interviewing – Part 2

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 9-10 November 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians working with clients who use AOD.

**Prerequisite:** Completion of ST284 An introduction to Motivational Interviewing (MI) or ST284 MI Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

**Application deadline:** 19 October 2021

## MHKW Keyworker – AOD training for government mental health clinicians

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 2-4 August 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians in the government mental health sector.

This three-day training is designed to support mental health clinicians in government mental health services to increase their confidence and competence around working with clients with co-occurring alcohol and other drug (AOD) and mental health issues.

**Application deadline:** 12 July 2021

## NGOMH Working with clients who use AOD: Skills training for mental health workers from NGOs

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 9 September 2021 • 9.30am – 4.30pm

**Target audience:** Workers in the non-government, not-for-profit mental health sector.

This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with mental health issues.

**Application deadline:** 19 August 2021

## AOD Foundation Events

### ST284 Motivational Interviewing – Part 1

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 7 September 2021 • 9.00am 4.30pm

**Target audience:** Human service providers working with clients who use AOD.

Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.

**Application deadline:** 17 August 2021

### ST333 AOD skills for counsellors

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 14-15 October 2021 • 9.00am – 4.30pm

**Target audience:** Human service providers in a counselling role who are new to working with clients who use AOD.

Learn how to strengthen your therapeutic skills when working with clients around their AOD use. This introductory training event will suit human service providers in a counselling role who are new to working with clients who use AOD. It aims to provide foundational AOD knowledge and skills required to work effectively with clients.

**Application deadline:** 23 September 2021

### ST222 Induction training for new AOD workers

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 19-22 October 2021 • 9.00am – 4.30pm

**Target audience:** New workers in the AOD specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related problems. Participants can choose from three discrete modules held over four days, that best fit their work role and training needs.

**Application deadline:** 28 September 2021

### ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 28 October 2021 • 9.00am – 4.30pm

**Target audience:** Clinical and support workers in the specialist AOD sector who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.

**Application deadline:** 7 October 2021

## Online training

Not able to make it to one of our face-to-face training events or wish to solidify your learning further? Workforce Development has a range of online learning programs available that can be accessed anywhere and at any time!

For further information, head to:  
<https://aodelearning.mhc.wa.gov.au/>

We're working for  
Western Australia.