




MENTAL HEALTH ADVISORY COUNCIL MEETING MINUTES

March 11, 2021

Attendees	Andrew Williams (AW), Jessica Nguyen (JN), Lee Steel (LS), Paul Parfitt (PP), Tracey Young (TY), Patricia Councillor (PC), Richard Oades (RO), Dr Pauline Cole (PCo), Virginia Catterall (VC)	Djeran Room, Nash Street Perth & Teams Meeting Thursday, 11 March 2021 08:30am – 11:30am
Chair	Margaret Doherty (MD)	
Secretariat	Caitlin Parry (CP)	
Guests	Sue Jones, Assistant Commissioner, Treat Services Management (MHC) Louise Soia, Principal Policy Officer, Treat Services Management (MHC) Stacey Child, Manager, PSID/ADSS (MHC) Jill Rundle, AODAB Member & Chief Executive Officer, WANADA Sara Adams, Principal Policy Officer, Strategic Policy (MHC)	
Apologies	Emily Wilding, Gemma Powell, Stan Chirenda	
AGENDA ITEM	DISCUSSION	ACTION LOG
1. Welcome and apologies	MD welcomed everyone to the meeting and noted apologies.	
2. Acknowledgement of Traditional Owners	MD acknowledged the traditional custodians of the land and paid respects to Elders past and present.	
3. Acknowledgement of Lived Experience	MD recognised those at the meeting with personal and family lived experiences.	
4. Reflection: Recovery from Mental Disorders – Patricia Deegan* (4 mins) https://www.youtube.com/watch?v=jhK-7DkWaKE&ab_channel=CassandraSandariner	Council members watched the Recovery from Mental Disorders video. Members noted the importance of referring to people who have a disorder as such, rather than labelling them by the disorder they have.	
5. Conflicts of Interest	Conflict of Interest declared – MD is doing a piece of work with ConnectGroups who are delivering a presentation in this meeting.	

<p>6. Acceptance of previous meeting minutes</p>	<p>Endorsed.</p>	
<p>7. Action Log</p>	<p><u>Completed actions:</u> Action 110: Survey Monkey draft for guests to provide feedback on their experience at Council meetings. – CP to amend draft to include confidentiality arrangements. Action 77 & 78: Information received from Shauna Gaebler and distributed to Council members. <u>Outstanding actions:</u> Actions 129, 132, 134 and 135 are completed.</p>	<p>Action 129: CP to amend draft survey to include confidentiality information. Action 130: CP to send info received from SG out to Council members. .</p>
<p>8. Budget</p>	<p>MD advised Council members that the 2021/22 budget is yet to be confirmed and we will continue to follow this up. Travel and accommodation limitations in the public sector were discussed.</p>	
<p>9. One Stop Shop – Update</p>	<p>Sue Jones, Stacey Child and Louise Soia provided Council members with an update on the One Stop Shop (OSS). It was noted that six months had passed since the Council had provided advice to the Commissioner on the OSS. The guests confirmed that since then, they had completed most of the consultation workshops which advised what an OSS should do / look like. It should be a system that does not let people drop through any gaps in the mental health system. In the absence of new monies, the Mental Health Commission (MHC) has dedicated some funds towards a pilot program and builds on the existing Alcohol and Drug Support Service initiative. This pilot program will include the funding for a Project Officer position and increase capacity within the ADSS with a view to working towards the OSS Model. . Meeting attendees discussed what the current support process looks like and it was confirmed that all who reach out to the Alcohol and Drug Support Service (ADSS) receive follow up contact, if they agree to it, which continues until the consumer declines further support. The ADSS supports a wide range of people, including families in crisis and individuals seeking starter information. Services are provided via telephone, email, and live chat. The ADSS is considered the most appropriate current model to follow for the OSS. Linking in with the Western Australian Country Health Service (WACHS) via Rurallink is also an aim of the program. It was also noted that the uptake of technological communications is lower in Aboriginal communities, so it can be difficult</p>	

	<p>for individuals and families to make and maintain contact with services. The Aboriginal Health Council of Western Australia have developed good systems to work within the state to share and provide information with communities.</p>	
<p>10. AODAB Update & WANADA Presentation</p>  <p>WANADA-Presentation to MHAC.pdf</p>	<p>Jill Rundle introduced herself to Council members, noting that she is an inaugural member of the Alcohol and Other Drug Advisory Board (AODAB) as well as the Chief Executive Officer of the Western Australian Network of Alcohol and Other Drug Agencies (WANADA). Jill delivered the attached presentation to Council members and answered many questions that were raised in response.</p> <p>Council members were provided with the Alcohol and Other Drug and Human Services Standard: Evidence Informed Culturally Responsive document, which is also available on the website. It was noted that these are regularly and independently audited documents.</p> <p>Council members were also provided with a copy of the draft document – Co-occurring Capability Review Tool, which is a combined tool for WANADA and the Western Australian Association of Mental Health (WAAMH).</p> <p>Given time constraints and the interest in the presentation, JR will be invited to the next meeting to continue the discussion.</p>	<p>Action 131: CP to circulate draft Co-occurring Capability Review Tool and slides to Council members. Council members encouraged to bring feedback on the Review Tool to next meeting.</p> <p>Action 132: CP to invite Jill Rundle back to the next Council meeting to continue discussion.</p>
<p>BREAK</p>		
<p>11. Young People Priorities Framework (YPPA) Update</p>  <p>MHC21 13292 YPPA - Extended Project T</p>	<p>Sara Adams provided Council members with an update on the Young People Priorities for Action (YPPA) and shared the attached presentation.</p> <p>It was noted that the Council previously provided advice during the initial planning stages and Sara advised that the YPPA is now in the implementation stage.</p> <p>It was confirmed that the Youth Affairs Council of WA is assisting in this stage, ensuring Youth and LGBTIQ+ representation during critical stages. It was also confirmed that steps have been taken to ensure all groups are covered, including Culturally and Linguistically Diverse (CaLD) and Aboriginal representation.</p> <p>Council members were invited to send advice, input or questions direct to the YPPA team at YPPA@mhc.wa.gov.au.</p>	<p>Action 133: Sara to send written responses to queries to CP for distribution to Council members.</p>

	<p>Council members queried locations of services and whether rural regions will be included and queried the cross over between the YPPA implementation place and the Roadmap program. Sara to follow up and advise out of session.</p>	
<p>12. ConnectGroups presentation</p>  <p>MHC Advisory Group Presentation.</p>	<p>Antonella Segre and Christine Hendricks introduced themselves to Council members and presented the attached PowerPoint on ConnectGroups, a specialist peak body for peer support and self-help groups in WA.</p> <p>The importance of a specialist peak body over general peak bodies was discussed. It was noted that it is not enough to just give people access to services and also that services are just a small part of helping people rebuild their lives. Meeting attendees discussed the difficulty ConnectGroups has had in gaining traction in being invited to strategic consultation processes, outside of current grant arrangements. It was agreed that Council members would send through advice to the Chair for collating.</p> <p>Council members noted the absence of the youth and diverse Council representatives from the meeting during critical item updates. The Chair advised that all Council members are providing advice on behalf of all voices in their roles.</p> <p>It was discussed that community groups in regional areas have answers to the problems faced by people in these areas, and they want to be listened to. MD noted that this was in evidence during the recent visit to Pingelly by the MHC Executive Leadership Group (ELG). ConnectGroups is offering the type of support to communities that allows for this type of engagement.</p>	
<p>13. Discussion on presentations and advice to the Commissioner</p>	<p>Council members reflected on the presentations and the value of receiving updates on ongoing work within the MHC, particularly those on which the Council has given advice. It was agreed that advice would be drafted following the ConnectGroups presentation regarding involving specific groups in consultation processes.</p>	<p>Action 134: Council members to send through their advice on connecting with external service providers during consultation processes to MHAC email address by COB Wednesday, 24 March 2021.</p>
<p>14. Other Business</p>	<p>MHC Executive Leadership Group (ELG) visit to Pingelly:</p> <p>The Chair updated Council members on the ELG meeting to Pingelly on Wednesday, 10 March 2021. The feedback received is that it was a very successful trip with 26 people in</p>	

	<p>attendance. It involved impactful discussions on community grassroots issues and supported the ELG to consider and learn how they deliver / access / navigate services in small communities.</p> <p>It was noted that even though the meeting took place in Pingelly and focused on their particular services, the themes in the discussion can be extended to all small, regional communities around the Wheatbelt and other areas. Those presenting at Pingelly were able to be a powerful voice for regional communities everywhere.</p> <p>Roadmap for Community Mental Health Treatment Services including Emergency Response Services Progression:</p> <p>It was noted that this has been listed on Tenders WA. Council members voiced concerns on some of the information in or lacking from the Tender document and the Chair requested for those interested to prepare their thoughts into questions and provide to MHAC@mhc.wa.gov for collating and progression.</p>	<p>Action 135: Council members to send feedback and questions on the Roadmap project by COB Wednesday, 24 March 2021.</p>
<p>15. Values Representative</p>	<p>Lee Steel was the values representative for the meeting and noted that the questions asked by Council members today, demonstrated their focus on valuing and respecting inclusivity. There were questions on cultural needs, regional needs, and the needs of the transgender community.</p> <p>The presentations today helped to build on a sense of hope that is being brought about through innovation in the sector.</p>	
<p>Meeting closed at 11:30am</p>		
<p>NEXT MEETING</p>	<p>Thursday, 8 April 2021 Mental Health Commission</p>	