



MENTAL HEALTH ADVISORY COUNCIL MEETING MINUTES

October 8, 2020

Attendees	<p>By Zoom: Amit Banerjee (AB), Emily Wilding (EW), Lee Steel (LS), Andrew Williams (AW), Rod Astbury (RA), Stan Chirenda (SC)</p> <p>In person: Paul Parfitt (PP), Patricia Councillor (PC), Jessica Nguyen (JN), Tracey Young (TY), Richard Oades (RO)</p>	<p>Djeran Room, Level 1, 1 Nash Street Perth</p> <p>Thursday, 8 October 2020 8:30am – 12:30pm</p>
Chair	In person: Margaret Doherty (MD)	
Secretariat	In person: Emma Timms (ET)	
Guests	<p>By Zoom: Mason Rothwell (MR), Senior Policy Officer, Youth Affairs Council of Western Australia (YACWA);</p> <p>In person: Natasa Dale (ND), Strategic Policy Assistant Director, MHC; Dr Sophie Davison (SD), Chief Medical Officer - Mental Health, MHC</p> <p>Alcohol and Other Drug Advisory Board (AODAB) Members (Miriam Rudd (RD), Jill Rundle (JR), Mark Montebello (MM))</p>	
Apologies	Gemma Powell	
AGENDA ITEM	DISCUSSION	ACTION LOG
1. Welcome and apologies	MD welcomed everyone to the meeting.	
2. Welcome to Country	<p>PP gave the Welcome to Country.</p> <p>MD acknowledged the traditional custodians of the land and paid respects to Elders past and present.</p>	
3. Acknowledgement of Lived Experience	MD recognised those at the meeting with personal and family lived experiences.	
4. Reflection: WAAMH's Trauma Informed Practice Report	Council reflected on the paper, WA Association of Mental Health's (WAAMH) Trauma Informed Practice Report. Council members were not previously aware of the Report and noted most government agencies have a trauma informed policy, but it is rarely monitored. Members agreed to have the WAAMH Trauma report as the reflection for November given its depth/breadth.	Action 96: ET to contact Taryn Harvey to understand how the Report is being promoted.

5. Conflicts of Interest	No conflicts of interest declared.	
6. Acceptance of previous meeting minutes	<p><u>Corrective Services presentation</u></p> <p>Council members reflected on the Corrective Services presentation from the September meeting and noted the presentation was passive and did not provide acknowledgement of broader justice system issues. Council members agreed Government should be more proactive in looking at whole-of-system initiatives which aim to reduce the number of people in prisons, such as unemployment and housing.</p> <p>The minutes from the 10 September 2020 meeting were accepted as a true and accurate representation of the meeting.</p>	<p>Action 97: RO to provide some additional information to MD for the Corrective Services advice.</p>
7. Action Log	<p>Completed actions: Action 73, Action 82, Action 84, Action 87, Action 90, Action 92, Action 93, Action 94, Action 95.</p> <p>Outstanding actions:</p> <p>Action 91: Car hire investigation for the regional trip to Pingelly ongoing.</p> <p>Action 77 and Action 78: Still waiting to receive papers from SG.</p> <p>Action 62: No further updates.</p> <p>Action 63: No further updates. TY will follow up.</p> <p>Action 25 and Action 26: On hold due to COVID-19</p>	
8. Budget	MD provided Council members with an update that she had met with John Brearley, Assistant Director, System Development regarding the MHAC Budget. MD is considering options for savings in the salaries expenses, including not filling the Deputy Chair role for the current year and looking a holding some meetings for 3 rather 4 hours.	<p>Action 98: MD to provide Council members with further information on the MHAC Budget.</p>
9. CMC Update	No update provided given the next CMC meeting will not be held until 10 December 2020.	
10. Presentation: Young People Priority Framework	Alcohol and Other Drugs Advisory Board members joined Council members for the presentation. ND advised the YPPF was requested by the Minister for Mental Health and provided a brief overview of the process and direction of the YPPF, as outlined in the slides attached below.	<p>Action 99: MD to work with AODAB Chair to provide joint advice on YPPF.</p>

	 <p>MHC20 81812[v7] Development of a Yc</p> <p>Council and AODAB members provided feedback on the following:</p> <ul style="list-style-type: none"> • alcohol and other drugs (AOD) AOD is often mentioned as an afterthought, so the YPPF should be careful to avoid this. ND advised they are aware of that and it will be carefully considered in the context of the development of the YPPF • the short timeframes for the development of the YPPF are far from best practice and lack genuine consultation • other work of the Council, including the WAAMH Trauma Informed Report, Corrective Services presentation and Justice Trans, Intersex and Gender Diverse policy • the importance of engaging with the Commonwealth and including primary care support • the importance of capturing co-occurring conditions, and • the importance of working with other government agencies and aligning the YPPF with the various other youth focused strategies across government. <p>MD advised she will develop a joint advice to the Commissioner in consultation with the AODAB Chair.</p>	
<p>11. Regional visit</p>	<p>Discussed the regional visit and further specifics for the day. LS advised she will put together a draft program for the visit and circulate to Council members for feedback. Council members noted up to four members and the Secretariat will require transport to Pingelly.</p>	<p>Action 100: LS to put together a draft program for the Regional Visit and circulate with Council members for feedback.</p> <p>Action 101: ET to find past regional visit invite to share with LS to use a template for the Pingelly visit.</p>
<p>Morning tea</p>		

<p>12. Presentation: YACWA's Priorities for Youth Mental Health</p>	<p>MR provided Council members with an overview of YACWA's priorities for youth mental health, as per the attached presentation.</p>  <p>MHC20 81812[v7] Development of a Y</p> <p>TY reflected that for young people in her clinical practice with severe mental illness, there had been reports of increased AOD use in the context of reduction or cessation of supports during COVID restrictions. MR advised there has been some anecdotal reports of this, but not a lot of data to support it. Council members also reflected on YACWA's involvement in the YPPF process and again expressed their concerns that there has not been adequate time for consultation.</p>	
<p>13. Discussion with the Chief Medical Officer - Mental Health</p>	<p>SD provided Council members with an overview of her new role and how it is intended she will bring more of a system-wide approach to the mental health sector. As part of this, a Mental Health Leads Sub-Committee has been established to support the Mental Health Executive Committee. The first pieces of work the Sub-Committee will progress include:</p> <ul style="list-style-type: none"> • providing culturally safe care and upholding compliance with the Mental Health Act. MD advised the Council has recently provided a piece of advice on Community Treatment to the Commissioner, and • developing a Roadmap for Community Mental Health and Emergency Response Services. <p>SD reflected the strength of the WA mental health system is the dedicated workforce, consumers and carers, and identified improving communication across the sector was needed, which will be a priority of the Sub-Committee.</p> <p>Council members discussed recent feedback on Community Care Units (CCU) with SD. SD shares similar concerns with Council members on the design of the CCU and the process being undertaken.</p>	<p>Action 102: ET to share list of Mental Health Leads Sub-Committee with Council members.</p>
<p>14. Discussion about presentations</p>	<p>MD provided Council members with an overview of the four pieces of advice currently being developed:</p> <ul style="list-style-type: none"> • YPPF – to be developed in consultation with the AODABC Chair • Workforce Strategic Framework – currently with Council members for feedback • Corrective Services – currently with Council members for feedback, and 	<p>Action 103: ET to share recent CP reports.</p> <p>Action 104: ET to send out reminder sheet on advices and timelines.</p>

	<ul style="list-style-type: none"> CCU – to be finalised shortly, noting the need to consider the recent reports from the Chief Psychiatrist on targeted review into homicides. 	
15. Advice to the Commissioner	Discussed at Item 14, above.	
16. Other business	<p><u>December Meeting</u> – Council members discussed details for the Council’s December meeting:</p> <ul style="list-style-type: none"> Council members agreed they would like to host a special “meet the Council” morning tea with MHC staff agreed to include a presentation on the Start Court on the December agenda, and agreed to invite the Consumer and Carer representatives from the MHEC and CMC to the Council meeting. <p>MD noted the recent Public Sector Commission Code of Ethics Survey and encouraged Council members to complete the survey if they had specific feedback.</p>	<p>Action 105: ET to set up a December morning tea for Council members and MHC staff.</p> <p>Action 106: ET to invite the Consumer and Carer representatives from the MHEC and CMC to the December Council meeting.</p> <p>Action 107: Council members to provide questions to put to Start Court.</p>
17. Values Representative	JN reflected value 1 was evident throughout the entire meeting and various conversation; value 2 was also clear. Reassuring to try and focus on bringing the best evidence to develop the YPPF. Some hopeful comments.	
Meeting closed at 12.25pm		
NEXT MEETING	Thursday, 12 November 2020 Regional visit to Pingelly	