



The Mental Health Commission's Workforce Development team is pleased to release the **AODtraining@MHC Semester 1, 2021 calendar**.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD) related issues delivered by experienced professional trainers. AODtraining@MHC events are provided free-of-charge to not-for-profit and government organisations. Places are limited.

Please view the Mental Health Commission website at [www.mhc.wa.gov.au/aodtraining/](http://www.mhc.wa.gov.au/aodtraining/) for detailed information and registration.



## ST269 Healthy women and pregnancies – Aboriginal focus on FASD prevention in communities

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs and Workforce Development, Mental Health Commission.

**Date:** 3-4 February 2021 • 9.00am - 4.30pm

**Target audience:** Human service providers who work with Aboriginal women, their families and communities.

This two-day workshop provides knowledge, skills and strategies to prevent Fetal Alcohol Spectrum Disorder (FASD), for professionals who are working with Aboriginal women of child-bearing age who may be using alcohol.

**Application deadline:** 13 January 2021

## KA/ST027 Ways of working with Aboriginal people – Part 1 & 2

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

**Part 1:** 29 March 2021 • 9.00am – 4.30pm

**Part 2:** 27 May 2021 • 9.00am – 4.30pm

**Target audience:** Human service workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

**Part 1:** This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

**Part 2 Prerequisite:** Participants are required to have attended *Ways of working with Aboriginal people – Part 1*.

**Part 2:** This session builds on culturally secure concepts and models, and introduces resources to respond to Aboriginal AOD use.

**Application deadline:**

Part 1: 8 March 2021 • Part 2: 6 May 2021

## ST340 Preventing relapse and supporting behaviour change over time

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 10 February 2021 • 9.00am - 4.30pm

**Target audience:** Human service providers who work with people who use AOD.

**Please note:** This event covers similar content to "ST331 Preventing relapse and resolution breakdown" and "ST325 AOD recovery" so past participants need not apply.

This training aims to assist the worker to develop skills and confidence in order to support their clients to maintain AOD-related behaviour change over time. This training will also provide participants with an understanding of recovery from an AOD perspective and how this can be used to support behaviour change maintenance with clients.

**Application deadline:** 20 January 2021

## ST330 Recognising and responding to amphetamine intoxication/toxicity and opioid overdose

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 16 February 2021 • 9.00am – 4.30pm

**Target audience:** Frontline workers who come into regular contact with people who use amphetamines and/or opioids in the course of their work.

This training is focused on non-medical responses to amphetamine intoxication/toxicity and opioid overdose. The training aims to increase participants' knowledge and confidence in managing opioid overdose and amphetamine toxicity/intoxication, with the purpose of improved service provision, better engagement and reducing harms associated with use.

**Application deadline:** 26 January 2021

## ST313 Working with young people with complex needs

**Presented by:** Allan Colthart, Clinical coordinator, DAYS.

**Date:** 23 February 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians working with young people with complex needs including AOD issues.

The training aims to increase participants' understanding of the development of complex issues and presentations in young people, support staff in developing plans and skills to work effectively with this group and provide an overview of different psychological treatment modalities effective in working with young people.

**Application deadline:** 2 February 2021

## KA036 Sniffing, huffing and chroming: Responding to volatile substance use

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 5 March 2021 • 10.00am – 4.30pm

**Target audience:** Human service providers and frontline workers responding to VSU issues.

Volatile substance use (VSU) is a complex issue which can have significant impacts. The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

**Application deadline:** 12 February 2021

## ST275 An introduction to alcohol and other drug prevention

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 9-10 March 2021 • 9.00am – 4.30pm

**Target audience:** prevention, health promotion, community development officers and other human service providers who have a role or interest in AOD prevention.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies; how to plan, implement and evaluate prevention activities; and engage stakeholders in the community.

**Application deadline:** 16 February 2021

## ST332 Advanced AOD prevention: A facilitator's guide to developing a local Alcohol and Other Drug Management Plan

**Presented by:** Community Support and Development Programs, Mental Health Commission.

**Date:** 11 March 2021 • 9.00am – 4.30pm

**Target audience:** Officers with a prevention focus interested in coordinating AOD prevention in communities.

**Prerequisite:** Completion of *ST275 An introduction to AOD prevention within the last 12 months*.

This interactive one-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues within communities.

**Application deadline:** 18 February 2021



## ● ST326 Trauma Informed Care and Practice

**Presented by:** Workforce Development, Mental Health Commission.

**Part 1:** 18 March 2021 • 9.00am – 4.30pm

**Part 2:** 18 May 2021 • 9.00am – 4.30pm

**Target audience:** Human service providers with clients who use AOD and/or experience mental health issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

**Application deadline:** Part 1: 25 February 2021 • Part 2: 27 April 2021

## ● ST262 Mental State Exam

**Presented by:** Wes Elliott, East Metro Mental Health Service.

**Date:** 12 April 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians working with clients affected by AOD and mental health issues.

Mental State Examination reports on an individual's mental state and behaviour. This workshop aims to provide clinicians working in AOD and mental health services with the knowledge and skills necessary to identify and describe signs and symptoms of mental illness using a standardised format.

**Application deadline:** 22 March 2021

## ● ST341 Valuable conversations: Applying TICP and MI to alcohol use during pregnancy

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 28-29 April 2021 • 9.00am – 4.30pm

**Target audience:** Service providers with clients of child bearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, FASD prevention and brief interventions. This event aims to assist workers to develop their practice and improve client engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

**Application deadline:** 7 April 2021

## ● ST317 Motivational Interviewing – Part 2

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 3-4 May 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians working with clients who use AOD.

**Prerequisite:** Completion of ST284 *An introduction to Motivational Interviewing (MI)* or ST284 *MI Part 1 (or equivalent)* within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

**Application deadline:** 12 April 2021

## ● ST324 Gatekeeper Suicide Prevention

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 2-3 June 2021 • 9.00am – 4.30pm

**Target audience:** Clinicians and support workers in the AOD and mental health sectors.

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and para-professionals in the human services whose roles bring them into regular contact with people at risk of suicide.

**Application deadline:** 12 May 2021

## ● ST336 Clinical supervision for the AOD sector

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 9 June 2021 • 9.00am – 4.30pm

**Target audience:** AOD specialist sector workers who want to develop their supervision practice, knowledge and skills either as a supervisor or supervisee.

This workshop will provide a theoretical framework for clinical supervision. Participants will learn how to create supportive relationships and environments that promote supervisees' learning from practice. An opportunity to practise using a reflective module of supervision will also be provided.

**Application deadline:** 19 May 2021

## ● ST293 Group work – Making it work

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 15-16 June 2021 • 9.00am – 4.30pm

**Target audience:** Clinical and support workers who facilitate AOD therapeutic groups.

This two-day training event focuses on groups commonly run in AOD services and will consider different types of groups, how theory guides practice, skills of group facilitation, working effectively as a co-facilitator, challenges that can occur and more.

**Application deadline:** 25 May 2021

## AOD Foundation Events

### ● ST284 Motivational Interviewing – Part 1

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 23 February 2021 • 9.00am – 4.30pm

**Target audience:** Human service providers working with clients who use AOD.

Motivational interviewing (MI) is an established client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help clients identify and examine their ambivalence around AOD use.

**Application deadline:** 2 February 2021

### ● ST222 Induction training for new AOD workers

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 27-30 April 2021 • 9.00am – 4.30pm

**Target audience:** New workers in the AOD specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related problems. Participants can choose from three discrete modules held over four days, that best fit their work role and training needs.

**Application deadline:** 6 April 2021

### ● ST334 AOD skills foundation

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 19 May 2021 • 9.00am – 4.30pm

**Target audience:** Human service providers whose role supports brief AOD interventions.

**Prerequisite:** Completion of the online learning package 'Introduction to alcohol and other drugs- part 1'.

Learn how to maximise the impact of your interventions when you only have a limited period of time with clients who may be using AOD. This one-day introductory course will best suit clinicians/workers whose role does not include more counselling-oriented AOD-related therapeutic interventions.

**Application deadline:** 28 April 2021

### ● ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues

**Presented by:** Workforce Development, Mental Health Commission.

**Date:** 1 June 2021 • 9.00am – 4.30pm

**Target audience:** Clinical and support workers in the AOD specialist sector who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of clients presenting with co-occurring AOD and mental health issues.

**Application deadline:** 11 May 2021

*We're working for  
Western Australia.*