

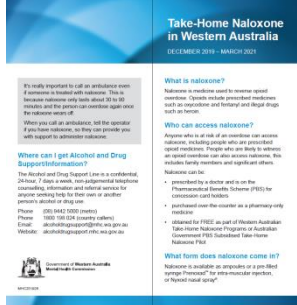






## Workforce Development resource list

Resources are available free of charge for service providers in WA.




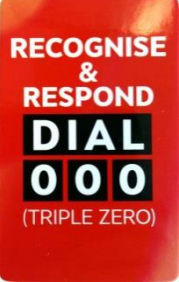

Please send orders for hardcopy resources to [aod.training@mhc.wa.gov.au](mailto:aod.training@mhc.wa.gov.au). There are **no minimum order numbers** for hardcopy resources. The resource order form can be accessed [here](#).

### HARD COPY RESOURCES

 <p><b>DL Brochure</b></p>	<p><b>NEW</b></p> <p><b>Take-Home Naloxone in Western Australia (2019)</b> Workforce Development, Mental Health Commission</p> <p>This resource contains information regarding what naloxone is, who can access it, where to access free naloxone and how to respond to an opioid overdose. It is available in pamphlet form to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>Flyer</b></p>	<p><b>NEW</b></p> <p><b>Recognise and Respond (2019)</b> Workforce Development, Mental Health Commission</p> <p>This brochure provides an overview of how to respond to opioid overdose using naloxone. It includes information on signs of an overdose, along with different formulations of naloxone. The DRSABNCD are also provided. It is in pamphlet form and is available to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>A4 Book, 55 Chapters (323 pgs.)</b></p>	<p><b>Counselling guidelines: Alcohol and other drug issues (4<sup>th</sup> Edition), (2019)</b> Produced by Workforce Development, Mental Health Commission</p> <p>Central themes include; guidance on effective treatment, case management, drug effects, withdrawal management, relapse prevention and management, co-occurring mental health conditions, and a vast array counselling skills and strategies.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>
 <p><b>Respond Cards</b></p>	<p><b>UPDATED</b></p> <p><b>Recognise and Respond trainer's package (updated 2019)</b> Workforce Development, Mental Health Commission</p> <p>This package is designed for workers who provide training on amphetamine and/or opioid harm reduction. It includes</p> <ul style="list-style-type: none"> <li>• Audio-visual resource – (MP4)</li> <li>• Recognise and Respond to Amphetamine Intoxication/Toxicity &amp; Opioid Overdose trainer's guide (PDF)</li> <li>• Harm reduction tip sheets (PDF)</li> </ul>

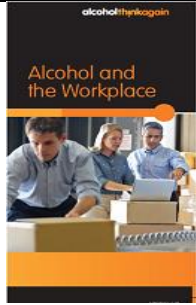


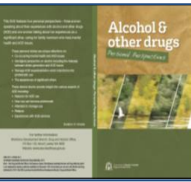
	<ul style="list-style-type: none"> <li>• Naloxone Brief Education Tool (PDF)</li> <li>• PowerPoint presentation</li> <li>• Fold-out Respond cards</li> </ul> <p><b>Available as a hard copy only. Max order number: 2</b></p>
 <p><b>DL Brochure</b></p>	<p><b>Alcohol: Is my drinking putting me at risk? AUDIT-C (2018)</b> Workforce Development, Mental Health Commission</p> <p>This resource contains a shortened form of the AUDIT, focussing on the first three questions. This can identify high-risk drinkers who may not be alcohol dependent. It is available in pamphlet form to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>


 <p><b>DL Brochure</b></p>	<p><b>Alcohol and my health (2018)</b> Workforce Development and Aboriginal Alcohol and Other Drugs Program, Mental Health Commission</p> <p>This brochure has been developed by Workforce Development as a feedback tool to help workers explain the Alcohol Use Disorders Identification Tool (AUDIT) score and what it means to their clients. It is in pamphlet form and is available to download or in hardcopy.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>A5 Booklet (blank cover) plus My Drink Diary insert</b></p>	<p><b>Self-help booklet (2018)</b> Next Step and Workforce Development, Mental Health Commission</p> <p>This booklet has been developed for clinicians to work with clients on their alcohol and other drug related issues, or alternatively it can be used for clients to work through on their own. It covers a range of topics including identifying problems being experienced, setting goals with regard to alcohol and other drug use and lifestyle changes. The booklet also includes techniques such as mindfulness, grounding, relaxation and identifying unhelpful thinking patterns.</p> <p><b>Available electronically or hard copy. Max order number: 60</b></p>

 <p><b>A4 Booklet</b></p>	<p><b>A brief guide to the assessment and treatment of alcohol dependence (3<sup>rd</sup> Edition), (2018)</b>        Next Step and Workforce Development, Mental Health Commission</p> <p>This booklet has been developed for use by doctors and nurses when assessing and treating a patient with alcohol dependence. The booklet will also be of assistance to counsellors seeking detailed information about the medical treatment of alcohol dependence.</p> <p><b>Available electronically or hard copy. Max order number: 50</b></p>
 <p><b>A4 Fact sheet</b></p>	<p><b>Alcohol and older Australians (2015)</b>        Council on the Ageing, Edith Cowan University, National Drug Research Institute and Mental Health Commission</p> <p>This resource was developed to provide older Australians with information and advice about some of the harms of drinking alcohol that are related to ageing. Advice is provided on how to access further information.</p> <p>This resource can be used in a variety of settings including medical practices, pharmacies and AOD services.</p> <p><b>Available as a hard copy only. Max order number: 100</b></p>
 <p><b>Fold-out card</b></p>	<p><b>UPDATED</b></p> <p><b>Opioid Recognise &amp; Respond Card (Fold-out card) (2019)</b>        Workforce Development, Mental Health Commission</p> <p>The Opioid Recognise &amp; Respond Card provides information about basic lifesaving skills, specific heroin overdose information and reinforces the need to call for an ambulance when an accidental overdose occurs.</p> <p><b>Available as a hard copy only. Max order number: 25</b></p>
 <p><b>Fold-out card</b></p>	<p><b>Amphetamine Recognise &amp; Respond Card (Fold-out card) (2017)</b>        Workforce Development, Mental Health Commission</p> <p>The Amphetamine Recognise &amp; Respond Card provides information about amphetamine intoxication and toxicity. The card will be useful for first responders who need to provide assistance to someone experiencing these issues. The resource includes information on harms and effects, harm reduction advice and emergency procedures.</p> <p><b>Available as a hard copy only. Max order number: 25</b></p>
 <p><b>Laminated A4 tip sheet</b></p>	<p><b>Harm Reduction Tip Sheet for Workers - Amphetamines (2017)</b>        Workforce Development, Mental Health Commission</p> <p>This resource provides harm reduction strategies for workers to use when working with people who use amphetamine. Available as a laminated hardcopy or to download from the Mental Health Commission website.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>

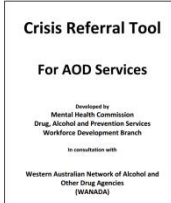
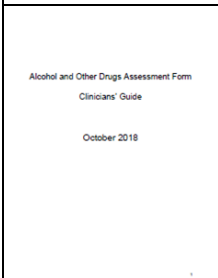
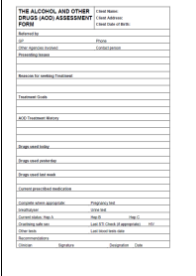
<p><b>Laminated A4 tip sheet</b></p>	<p><b>Harm Reduction Tip Sheet for Workers – Opioids (2017)</b> Workforce Development, Mental Health Commission</p> <p>This resource provides harm reduction strategies for workers to use when working with people who use opioids. Available as a laminated hardcopy or to download from the Mental Health Commission website.</p> <p><b>Available electronically or hard copy. Max order number: 10</b></p>
<p><b>Laminated A4 information sheet</b></p>	<p><b>Breastfeeding and Alcohol – Information for Health Workers (2014)</b> Workforce Development, Mental Health Commission</p> <p>Women can receive mixed messages about breastfeeding and alcohol. This information sheet is designed to support workers to have conversations about alcohol and breastfeeding. It provides an overview of the benefits of breastfeeding; alcohol's impact on breastfeeding and infant development and how long it takes for alcohol to leave breast milk.</p> <p><b>Available as a hard copy only. Max order number: 10</b></p>

<p><b>A5 Booklet 46 pages plus My Drink Diary insert</b></p>	<p><b>Here's to your health: A guide to reducing alcohol-related risks and harms. (2016)</b> Workforce Development, Mental Health Commission</p> <p>This booklet aims to help clients think about their drinking and whether there are any related risks. It provides information on: low-risk drinking; risk and harms from current drinking patterns; ways to make changes and reduce their risks and harms. This booklet is designed for clients to use by themselves or to work through with a health professional.</p> <p><b>Available electronically or hard copy. Max order number: 60</b></p>
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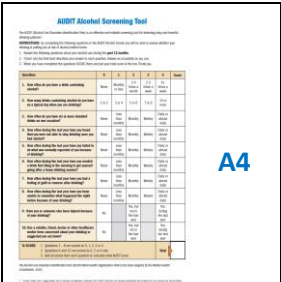
 <p><b>DL Brochure</b></p>	<p><b>Alcohol and the Workplace (2015)</b> Workforce Development, Mental Health Commission</p> <p>This pamphlet aims to provide workplaces with a brief overview of some strategies for responding to alcohol-related harms in the workplace. The pamphlet also provides some information and web based links regarding best practice when developing an alcohol or fitness for work policy within workplaces.</p> <p><b>Available as a hard copy only. No maximum order number.</b></p>
 <p><b>A4 Information sheets</b></p>	<p><b>Considerations for inclusion in a fitness for work alcohol policy (2015)</b> <b>What is the process for developing a fitness for work alcohol policy?</b> Workforce Development, Mental Health Commission</p> <p>Both these fact sheets discuss the process of developing, implementing, supporting and reviewing a fitness for work/alcohol policy within a workplace, as well as offering suggestions on areas of considerations with regards to policy development.</p> <p><b>Available as a hard copy only. No maximum order number.</b></p>
 <p><b>A5 Booklet</b></p>	<p><b>A better night's sleep: A self-help guide (2017)</b> Workforce Development and Next Step, Mental Health Commission</p> <p>This is a guide for individuals who use AOD and are experiencing difficulties with their sleep. It is designed to be used either as a self-help manual, or with the support of a clinician.</p> <p><b>Available electronically or hard copy. Max order number: 20</b></p>
	<p><b>Alcohol and other drugs: Personal perspectives (2014)</b> <b>Alcohol and other drugs: Understanding the impact of mental health and alcohol and other drug issues on significant others (2014)</b> Workforce Development, Mental Health Commission</p> <p>The DVDs feature individual and stories and provide insight into the reasons for and issues around AOD use.</p>

 <p><b>DVDs</b></p>	<p>They also provide insight into the ‘lived experience’ of family members caring for people with co-occurring AOD and mental health issues. Both DVDs come with training notes.</p> <p><b>Max order number per DVD: 2</b></p>
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## ELECTRONIC RESOURCES

 <p><b>A4 Booklet (electronic resource only)</b></p>	<p><b>REVISED EDITION</b></p> <p><b>Crisis Referral Tool for AOD Services (2018)</b> Workforce Development, Mental Health Commission in consultation with Western Australian Network of Alcohol and Other Drug Agencies (WANADA)</p> <p>The Crisis Referral Tool contains flow-charts that suggest strategies to deal with different types of clients presenting in crisis, along with tips for dealing with and prevention of such situations.</p> <p>This resource can be accessed via the WANADA website <a href="http://www.wanada.org.au/resources-and-publications/tools-for-aod-workers.html">http://www.wanada.org.au/resources-and-publications/tools-for-aod-workers.html</a></p> <p>Or via the MHC website <a href="https://www.mhc.wa.gov.au/media/2422/crisis-referral-tool-2018.pdf">https://www.mhc.wa.gov.au/media/2422/crisis-referral-tool-2018.pdf</a></p>
 <p><b>A4 Booklet (electronic resource only)</b></p>	<p><b>UPDATED</b></p> <p><b>Alcohol and other drugs assessment clinician guide (2018)</b> Workforce Development and Next Step, Mental Health Commission</p> <p>This booklet comprises:</p> <ul style="list-style-type: none"> <li>· PART A: a standard ‘alcohol and other drugs assessment form’; and</li> <li>· PART B: a clinicians’ guide to using the standard AOD assessment form.</li> </ul> <p>Available from: <a href="http://www.wanada.org.au">http://www.wanada.org.au</a>, click on ‘Resources and Publications’ in the menu and then select ‘Tools for Alcohol and Other Drug Workers’.</p>
 <p><b>A4 Form (electronic resource only)</b></p>	<p><b>UPDATED</b></p> <p><b>Alcohol and other drugs assessment form (2018)</b> Workforce Development and Next Step, Mental Health Commission</p> <p>This form is to be used in conjunction with the Alcohol and other drugs assessment booklet and can be modified to agency requirements.</p> <p>Available from: <a href="http://www.wanada.org.au">http://www.wanada.org.au</a>, click on ‘Resources and Publications’ in the menu and then select ‘Tools for Alcohol and Other Drug Workers’.</p>
	<p><b>Alcohol Use Disorders Identification Test (AUDIT) (2018)</b> Workforce Development, Mental Health Commission</p> <p>Alcohol Use Disorders Identification Test (AUDIT) is a 10-item questionnaire developed by the World Health Organization to help identify people at risk of</p>





**A4**

**Form (electronic resource only)**

alcohol-related harms. It is available to download for quick and easy access.

Available from:  
<https://www.mhc.wa.gov.au/media/2421/audit-screening-tool.pdf>

Or contact [AOD.training@mhc.wa.gov.au](mailto:AOD.training@mhc.wa.gov.au) to receive a copy.



**A4 Report (electronic resource only)**

**AOD Recovery: Consumer Perspectives (2018)**  
 Workforce Development, Mental Health Commission

This report represents the views of eight consumers of alcohol and other drug (AOD) services in Perth who self-identified as being in recovery from AODs. They were interviewed in a focus group on 29 July 2016 about their recovery experiences.

Available from:  
<https://www.mhc.wa.gov.au/media/2382/aod-recovery-consumer-perspectives.pdf>

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