

## NEXT STEP DRUG AND ALCOHOL SERVICES

### *Confidentiality*

Client's privacy is important to us. Discussion between a client and their case manager, doctor, nurse or other health service provider is confidential. There are some rare situations where personal information may be released, but this is explained in the privacy statement that all clients sign prior to their admission.

### *Location*

#### Contact Details

Next Step Inpatient Withdrawal Unit  
32 Moore St East Perth  
(enter from Hill St)  
The nearest train station is Mclver.

Phone: 9219 1919  
Fax: 9219 1885  
[www.mhc.wa.gov.au](http://www.mhc.wa.gov.au)

#### Useful numbers

Alcohol and Drug Support Line  
Phone: (08) 9442 5000 or  
Toll free: 1800 198 024



### *Inpatient Withdrawal Unit*



Government of Western Australia  
Mental Health Commission



## *Inpatient Services*

Next Step Inpatient Withdrawal Unit provides supervised, medical treatment for clients 18 years and older requiring withdrawal from alcohol and other drugs. The 17 bed unit is staffed 24 hours a day, seven days a week by nurses and allied health workers. Doctors are on site during normal business hours and are available on call after hours including weekends and public holidays.

Generally withdrawal involves a 7 day admission and there is a no visiting policy for the duration of the clients' stay.

## *Group Program and Activities*

The unit runs a therapeutic and education focused group program every day. Groups are an important component of treatment and everyone is expected to participate.

## *Admissions*

The Inpatient Withdrawal Unit receives elective or booked admissions, with pregnant women, Indigenous clients and people from rural and remote areas, considered as high priorities.

Clients requiring withdrawal treatment can be referred through Next Step's outpatient services at East Perth, Community Alcohol and Drug Services, other healthcare providers, counseling and legal services.

Further information and assistance can be provided through the Community Alcohol and Drug Services and the Alcohol and Drug Support Line.

ALL SERVICES PROVIDED ARE  
FREE AND CONFIDENTIAL.

## *Important Information*

- Clients are encouraged to have a post withdrawal plan developed with their referrer prior to their admission.
- Once a referral is received, the client will be contacted by the Inpatient Withdrawal Unit Clinical Nurse Specialist to discuss referral and admission plan.
- To help ensure client safety and security the unit has a no visiting policy.
- There is no access to mobile phones and internet for the duration of the stay
- Smoking is not permitted. Nicotine replacement therapy will be provided where needed for the duration of the admission.

