

Recognise & Respond

Signs of an Opioid Overdose

- Blue lips and / or fingernails
- 'On the nod' / slumped posture
- Snoring or gurgling
- Unconscious
- Shallow breathing or not breathing at all
- No response

**RECOGNISE,
RESPOND,
STAY**

Naloxone is a fast acting medication that reverses the effects of opioid overdose

- A person may experience withdrawal symptoms, this will depend on how much naloxone is given and which naloxone device is used
- Side effects are rare
- If no response to naloxone, continue **DRSABCD**

- D** Check for **DANGER**
- R** Check for **RESPONSE**
- S** **SEND** for help
- A** Clear and open **AIRWAY**
- B** Check for **BREATHING**
- N** Give **NALOXONE**
- C** Commence **CPR**
- D** Use **DEFIBRILLATOR** if available

Using Prenoxad™

- Remove Prenoxad™ red strip
- Twist box to break seal and open
- Open needle packet, remove syringe
- Unscrew rubber cap, screw on needle
- Insert needle at 90° angle

* Prenoxad™ can be given in doses marked on the side of the syringe, instructions in box



Using Nyxoid®

- Remove a Nyxoid® device from packaging
- **DO NOT TEST PUMP**
- Put the person on their back
- Clear the nostrils
- Insert Nyxoid® into one nostril
- Press plunger once to spray naloxone into nose
- If second Nyxoid® dose is required spray into other nostril

* Be aware a person may experience greater withdrawal symptoms after second dose



Using an ampoule*

- Tap the ampoule base to remove liquid from top
- Snap the neck of ampoule
- Open a 2, 3 or 5ml barrel and a 23g needle and assemble
- Uncap the needle
- Draw up all of the naloxone from the ampoule
- Insert needle at 90° angle

* Give all of the naloxone



Dial 000
(TRIPLE ZERO)

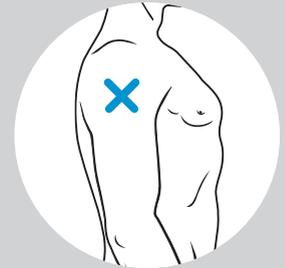
REMEMBER

Naloxone is now available over-the-counter or with a prescription

Anyone can learn how to give naloxone. Talk to your GP, pharmacist or alcohol & other drug / health worker. Police will not routinely attend an overdose unless ambulance officers feel unsafe or threatened.

Responding to Opioid Overdose

D = DANGER
Check for **DANGER**, carefully clear away any uncapped needles or other sharp objects



upper outer arm (deltoid)

R = RESPONSE
Check for **RESPONSE**, call their name, squeeze their shoulders or ask them to open eyes



upper outer thigh

S = SEND FOR HELP
Call an ambulance 000 (Triple Zero)



A = AIRWAY
Open mouth, check for foreign material. If airway is blocked, put into the recovery position, **CLEAR** the airway



upper outer buttock

B = BREATHING
OPEN the airway, tilt the head back to maintain an open airway
Check for **BREATHING**, **LOOK**, **LISTEN** and **FEEL** for 2 normal breaths in 10 seconds



It is **okay** to give more naloxone at any time

NO = Give 2 rescue breaths

YES

N = NALOXONE
Give **NALOXONE** as per device instructions (note the time and dose)

Put in recovery position and monitor breathing



Stay with the person until medical help arrives, they can drop again when naloxone wears off (about an hour)

C = CPR
No Naloxone or Response
Start **CPR** 30 compressions: 2 breaths



D = DEFIBRILLATOR
Turn on and follow the prompts

Delay further drug use

Call an ambulance 000 (Triple Zero)