

**ALCOHOL & OTHER DRUG & MENTAL HEALTH PREVENTION
TRAINING CALENDAR
2019**

The Mental Health Commission provides a range of professional development opportunities to support services in the delivery of alcohol, other drug (AOD) and prevention initiatives.

These training, resources, and professional development opportunities are targeted specifically for staff who have AOD prevention as part of their role. This includes Community Alcohol and Drug Service staff, Health Promotion Officers, Police, relevant Non-Government Organisations, School Drug Education Road Aware staff and Local Drug Action Group members.

To express your interest for events please email: communityprograms@mhc.gov.wa.au

FEBRUARY

PERTH:

**Gatekeeper Suicide Prevention
Tuesday 19 - Wednesday 20 February @ 9am – 4.30pm**

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and para-professionals in the human services whose roles bring them into regular contact with people at risk of suicide. This workshop aims to help participants gain an understanding of the problem of suicide and self-harming behaviour and to provide an understanding of the link between mental disorders and suicidal behaviours. Participants will acquire knowledge of the limits to confidentiality and the importance of consultation. It aims to assist participants to identify suicide risk, provide a framework for risk assessment and intervention, and develop appropriate intervention skills. An understanding of the importance of postvention is also explored as part of this training.

VIDEO CONFERENCE:

**Strong Spirit Strong Future: Fetal Alcohol Spectrum Disorders Prevention
Tuesday 26 February @ 10am – 12pm**

In this video conference we will provide an overview of the complexities of alcohol use during pregnancy, define Fetal Alcohol Spectrum Disorders (FASD) and discuss FASD prevention.

Please note: This Video Conference does NOT offer training on diagnosis or treatment of FASD.

VIDEO CONFERENCE:

**Mental Health Commission, Prevention Network
Thursday 28 February @ 10am – 11.30am**

A group network for AOD prevention and mental health promotion staff. This network provides an avenue for cross-learning, networking, receiving updates on prevention research and the dissemination of best practice in prevention.

To join the network participants must register online via the Western Australian drug and alcohol website. <http://www.dao.health.wa.gov.au/Educationandtraining/PreventionNetwork>

MAY

PERTH

**ST275 An Introduction to AOD prevention within communities
Wednesday – Thursday, 8-9 May 2019
9.00am – 4.30pm**

An AODtraining@MHC calendar event. This two-day training provides an introduction to the principles and models to understand and apply evidence-based AOD prevention strategies and facilitate effective community action; plan, implement and evaluation prevention activities; and engage stakeholders and the community in addressing AOD-related issues.

VIDEO CONFERENCE:

**Grassroots AOD Media and Advocacy – Generating empowering messages in your local
community.
Tuesday 14 May @ 10am – 12pm**

This video conference will provide participants with a broad overview of how to build positive relationships with local media and introduce a variety of advocacy strategies to assist in reducing the harms associated with AOD use in their communities.

Participants can contact the presenter ahead of the video conference to discuss issues or questions they are interested in being addressed: j.stafford@curtin.edu.au

ST269 Healthy women and pregnancies – Aboriginal focus on FASD prevention in communities

**Tuesday - Wednesday, 14 – 15 May 2019
9.00am – 4.30pm**

Fetal Alcohol Spectrum Disorder (FASD) is a sensitive and complex issue. This two-day workshop includes: Contextualising Aboriginal history and the impact of colonisation on contemporary alcohol and other drug (AOD) issues; Alcohol use during pregnancy; Information about FASD and associated secondary disabilities; Working with Aboriginal women of child bearing age, their families and communities; FASD prevention resources and strategies.

After completion of both days of training, participants will also receive culturally secure resources to support them in FASD prevention.

This event does not offer training on the treatment or diagnosis of FASD.

Please note: This event is a two-day version of "ST269 Fetal Alcohol Spectrum Disorder prevention in Aboriginal communities" so past participants need not apply.

VIDEO CONFERENCE:

**Mental Health Commission, Prevention Network
Thursday 30 May @ 10am – 11.30pm**

A group network for AOD prevention and mental health promotion staff. This network provides an avenue for cross-learning, networking, receiving updates on prevention research and the dissemination of best practice in prevention.

To join the network participants must register online via the Western Australian drug and alcohol website. <http://www.dao.health.wa.gov.au/Educationandtraining/PreventionNetwork>

JUNE

VIDEO CONFERENCE:

**Thrive@Work – Mental health wellbeing in the workplace, Part 2
Tuesday 11 June @ 10am –12pm**

This video conference is Part 2 to the VC Thrive@Work - Mental Health Wellbeing at Work, conducted in June 2018.

Further content to be confirmed.

AUGUST

VIDEO CONFERENCE:

**Mental Health Commission, Prevention Network
Thursday 29 August @ 10am – 11.30pm**

A group network for AOD prevention and mental health promotion staff. This network provides an avenue for cross-learning, networking, receiving updates on prevention research and the dissemination of best practice in prevention.

To join the network participants must register online via the Western Australian drug and alcohol website. <http://www.dao.health.wa.gov.au/Educationandtraining/PreventionNetwork>

NOVEMBER

VIDEO CONFERENCE:

**Mental Health Commission, Prevention Network
Thursday 28 November @ 10am – 11.30pm**

A group network for AOD prevention and mental health promotion staff. This network provides an avenue for cross-learning, networking, receiving updates on prevention research and the dissemination of best practice in prevention.

To join the network participants must register online via the Western Australian drug and alcohol website. <http://www.dao.health.wa.gov.au/Educationandtraining/PreventionNetwork>