The Mental Health Commission’s Workforce Development Team is pleased to release the AODtraining@MHC Semester 1, 2019 calendar. This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD) use, and co-occurring issues conducted by experienced professional trainers.


**Strong Spirit Strong Mind Training Programs**

**KA/ST027 Ways of working with Aboriginal people – Part 1 & Part 2**

*Part 1: 21 March 2019 • 9.00am – 4.30pm*
*Part 2: 30 May 2019 • 9.00am – 4.30pm*

Part 1 – This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

Part 2 Prerequisite: Participants are required to have attended Ways of working with Aboriginal people – Part 1.

Part 2 – This session builds on culturally secure concepts and models, and introduces resources to respond to Aboriginal AOD use.

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission

Target audience: Human service workers who have Aboriginal clients: Individuals and families. Aboriginal workers are encouraged to attend


**ST269 Fetal Alcohol Spectrum Disorder prevention in Aboriginal communities**

*14-15 May 2019 • 9.00am – 4.30pm*

This two-day workshop provides knowledge, skills and strategies for professionals who are working with Aboriginal women of child-bearing age who may be using alcohol to prevent Fetal Alcohol Spectrum Disorder (FASD).

Presented by: Strong Spirit Strong Mind Aboriginal Programs and Workforce Development, Mental Health Commission

Target audience: Human service workers who work with Aboriginal women, their families and communities

Application deadline: 23 April 2019

This workshop is endorsed by ACN according to our Continuing Professional Development (CPD) Endorsed Course Standards. It has been allocated 14 CPD hours according to the Nursing and Midwifery Board of Australia

**ST330 Recognising and responding to amphetamine intoxication/toxicity & opioid overdose**

*13 February 2019 • 9.00am – 4.30pm*

This training includes information on the harms and effects of amphetamine and opioids, identifying signs and symptoms of amphetamine intoxication/toxicity and opioid overdose, and effective responses including the use of de-escalation skills and the administration of naloxone.

Presented by: Workforce Development, Mental Health Commission

Target audience: Frontline workers who are likely to regularly come in contact with amphetamine or opioid using clients

Application deadline: 23 January 2019

**ST324 Gatekeeper Suicide Prevention**

*19-20 February 2019 • 9.00am – 4.30pm*

Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and para-professionals in the human services whose roles bring them into regular contact with people at risk of suicide.

Presented by: Workforce Development, Mental Health Commission

Target audience: Clinical and support workers in an AOD specialist role

Application deadline: 29 January 2019

**ST300 CPR Refresher for AOD workers**

*Event 1: 12 March 2019 • 9.00am – 11.30am*
*Event 2: 27 May 2019 • 1.00pm – 3.30pm*

This accredited training is designed to refresh cardiopulmonary resuscitation (CPR) skills and knowledge within an AOD context. Maximum 16 participants.

Presented by: Workforce Development, Mental Health Commission

Target audience: Workers in the AOD sector who require a current CPR certificate

Application deadline: Event 1: 19 February 2019 • Event 2: 6 May 2019

**ST301 Family Inclusive Practice**

*13-14 March 2019 • 9.30am – 4.30pm*

This workshop aims to assist workers in the AOD sector to translate ‘Working with Families’ policies into practice and identify ways in which Family Inclusive Practice may be enhanced within their service.

Presented by: Workforce Development, Mental Health Commission

Target audience: Clinical and support workers in the AOD specialist sector

Application deadline: 20 February 2019

**ST317 Motivational Interviewing Part 2**

*Event 1: 6-7 March 2019 • 9.00am – 4.30pm*
*Event 2: 11-12 June 2019 • 9.00am – 4.30pm*

Prerequisite: Completion of ST284 An introduction to Motivational Interviewing (MI) or ST284 Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI program will review the theoretical framework of MI then explore core skills and intervention strategies in depth.

Presented by: Workforce Development, Mental Health Commission

Target audience: Clinicians working with AOD using clients

Application deadline: Event 1: 13 February 2019 • Event 2: 21 May 2019

Enquiries: Workforce Development Administration Officers • phone (08) 6553 0560 • email AOD.training@mhc.wa.gov.au
ST318 Working effectively with regular amphetamine using clients
4 April 2019 • 9.00am – 4.30pm
This workshop will provide an evidence–based approach for clinicians working with amphetamine using clients.
Presented by: Workforce Development, Mental Health Commission
Target audience: Clinicians working with amphetamine using clients
Application deadline: 14 March 2019

ST293 Group Work – Making it work
10-11 April 2019 • 9.00am – 4.30pm
Group work provides many benefits for AOD using clients. This workshop will have a practical focus allowing participants to practice therapeutic AOD group work skills.
Presented by: Workforce Development, Mental Health Commission
Target audience: Clinical and support workers in an AOD specialist role
Application deadline: 20 March 2019

ST275 An introduction to AOD prevention within communities
8-9 May 2019 • 9.00am – 4.30pm
This two-day workshop will provide an introduction to the principles and models to understand and apply evidence-based AOD prevention strategies and facilitate effective action.
Presented by: Community Support & Development Programs, Mental Health Commission
Target audience: Human service providers (including clinicians) who have a role or interest in prevention
Application deadline: 17 April 2019

ST326 Trauma Informed Care and Practice
Event 1: 16 May 2019 • 9.00am – 4.30pm
Event 2: 18 June 2019 • 9.00am – 4.30pm
This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.
Presented by: Workforce Development, Mental Health Commission
Target audience: Human service providers with AOD using clients
Application deadline: Event 1: 25 April 2019 • Event 2: 28 May 2019

ST325 AOD Recovery – what does it mean for clients, workers and services?
22 May 2019 • 9.00am – 4.30pm
AOD recovery is associated with a holistic approach that contributes to an improved quality of life. This training will include the consumer voice and their recovery experiences as well as relevant theory and practice in recovery.
Presented by: Workforce Development, Mental Health Commission
Target audience: Human service providers with AOD using clients
Application deadline: 1 May 2019

ST336 Clinical supervision for the AOD sector
13 June 2019 • 9.30am – 4.30pm
Participants will learn how to create supportive relationships and environments that promote supervisees learning from practice.
Presented by: Workforce Development, Mental Health Commission
Target audience: Clinicians working in the AOD sector who want to develop their supervision practice knowledge and skills
Application deadline: 23 May 2019

ST339 AOD training for administration workers
19 June 2019 • 9.30am – 4.30pm
Administration staff often interact with AOD using clients and their families who are in crisis without formal training. This training will provide participants with an understanding of the issues clients face, as well as exploring issues such as boundaries, confidentiality, vicarious trauma, and worker self-care.
Presented by: Workforce Development, Mental Health Commission
Target audience: Admin staff, whose services interact with AOD using clients
Application deadline: 29 May 2019

AOD Foundation Events

ST284 Motivational Interviewing Part 1
Event 1: 14 February 2019 • 9.00am – 4.30pm
Event 2: 23 May 2019 • 9.00am – 4.30pm
Motivational interviewing (MI) is a client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and practice skills to develop a collaborative ‘change conversation’ that will help clients identify and resolve ambivalence around their AOD use.
Presented by: Workforce Development, Mental Health Commission
Target audience: Clinicians working with AOD using clients
Application deadline: Event 1: 24 January 2019 • Event 2: 2 May 2019

ST333 AOD skills foundation
27-28 February 2019 • 9.00am – 4.30pm
Learn how to maximise the impact of your interventions when you only have a limited period of time with clients who may be using AOD. This two-day introductory course will best suit workers whose role does not include more intensive AOD-related therapeutic interventions.
Presented by: Workforce Development, Mental Health Commission
Target audience: Human service providers whose role supports AOD brief interventions
Application deadline: 6 February 2019

ST222 Induction training for new AOD workers
25-28 March 2019 • 9.00am – 4.30pm
This training aims to equip new AOD workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD issues. The format comprises three discrete modules held over four days, allowing participants to choose the modules that best fit their work role and training needs.
Presented by: Workforce Development, Mental Health Commission
Target audience: New workers in the AOD specialist sector
Application deadline: 4 March 2019

ST334 AOD skills for counsellors
1-2 May 2019 • 9.00am – 4.30pm
Learn key therapeutic skills for working with people who use AOD. This training will suit workers with limited AOD experience whose role includes more intensive AOD-related therapeutic interventions.
Presented by: Workforce Development, Mental Health Commission
Target audience: Human service providers in a counselling role
Application deadline: 10 April 2019

ST338 Foundation skills for working with clients with co-occurring AOD and mental health issues
26 June 2019 • 9.30am – 4.30pm
This training will offer an introduction to support AOD treatment service workers to more accurately identify and manage the needs of clients presenting with co-occurring AOD and mental health issues. Topics will include guiding principles, strategies and best-practice models of care.
Presented by: Workforce Development, Mental Health Commission
Target audience: Clinical and support workers in an AOD specialist role
Application deadline: 1 May 2019

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