

Western Australian Recovery College Expert Panel Bio's

Name	Bio
<p data-bbox="304 312 524 379">C. Tandi Kuwana (Co-Chair)</p>  A portrait of C. Tandi Kuwana, a Black woman with her hair styled in a bun, wearing a blue and white striped blazer over a light-colored top. She is smiling and looking towards the camera.	<p data-bbox="667 312 1906 379">Tandi Kuwana is a Zimbabwe born Australian who has a passion for promoting mental health in culturally diverse communities.</p> <p data-bbox="667 427 1989 576">Tandi is a trained and registered mental health practitioner with 14 years' experience across the fields of adult, adolescent and post-natal mental health service. She is a mental health clinical facilitator for North Metropolitan TAFE and Curtin University. She is a graduate of the African Leadership Initiative and sits on the steering committee of the same program.</p> <p data-bbox="667 624 2002 967">Since the launch of Mental Wellness Keys, Tandi has delivered workshops to schools, colleges and non-profit mental health service providers. She was invited to appear as a panellist at the African Studies Association of Australia and the Pacific (AFSAAP) 2017 conference. She presented a paper on Mental Illness in People of African Descent and was a speaker on Multicultural Mental Health at the G200 2017 Youth Summit in Dubai. A recipient of Federation of Ethnic Communities in Australia (FECCA) scholarship, Tandi is passionate about changing help seeking behaviours of migrants who come from countries without well-established mainstream mental health services. She was recently recognised as a social change maker by Central Queensland University and awarded a 2018 Ashoka Exchange Scholarship in Boston.</p> <p data-bbox="667 1015 1995 1206">A founder of Mental Health Keys, Tandi promotes awareness of mental health and wellness and positive self-image within some ethnic minority communities. She works with the Metropolitan Migrant Resource Centre, ISHAR multicultural women's centre and The Smith Family. Additionally, Tandi facilitates a targeted program supporting healthy relationships, promoting positive help-seeking behaviour and building mental strength through alternate stories.</p> <p data-bbox="667 1254 1995 1399">Volunteering at events aimed at increasing awareness of mental health and promoting social cohesion is Tandi's passion. She participated at The Social Impact Festival 2017 (Human library), African Youth Visibility Summit and Conversations with the South Sudanese. To promote social inclusion Tandi sits on the City Of Wanneroo Multicultural Advisory Group. This collective provides feedback and advice</p>

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	<p>on multicultural strategies aimed at promoting inclusion and co-designing multicultural services. She also sits on the Federation of Ethnic Communities Council (FECCA) New and emerging communities committee.</p> <p>Tandi was featured in The Huffington Post, SeeChange magazine, the North Coast Times, and West TV. She shared her mental health story and insights as a speaker on 'This Is my Brave (Perth)'. Tandi continues to work diligently in the multicultural mental health space and was a host at the first ever Mental Health Film Festival in 2018.</p>

Name	Bio
<p data-bbox="188 225 331 293">Joe Calleja (Co-Chair)</p> 	<p data-bbox="667 225 1984 293">Joe Calleja was the Chief Executive Officer of the Richmond Fellowship of Western Australia from July 2005 to January 2016.</p> <p data-bbox="667 341 1998 528">Joe is a member of the Advisory Committee of the Centre for Social Impact of the UWA Business School and has over thirty years' experience working with the community sector. He was previously the Director for Court Support Services with the Department of Justice in Western Australia, Principal Social Worker of the Department for Community Services and Executive Manager of Kin Way Anglicare Western Australian (WA) Family Relationship Services.</p> <p data-bbox="667 576 1998 919">Joe is a past President of the WA Association of Mental Health (WAAMH), past National Vice President of the Australian Association of Social Workers (AASW) and has been on the boards of WA Council of Social Service (WACOSS), Community Employers WA (CEWA), the Faculty of Arts, Humanities and Social Sciences Advisory Board (UWA), Psycho Social Rehabilitation and Recovery Association of WA (PRRAWA) and the previous state government Social Inclusion Reference Group. He was a member of the Ministerial National Marriage and Family Council and a Board Member of Family Services Australia. He was a non-government representative on the National Mental Health Service Framework, Project Steering Committee for the development of the WA Mental Health Strategic Plan 2010 – 2020 and chaired the Centrelink Consultative Committee on Mental Health in WA.</p> <p data-bbox="667 967 1984 1078">Joe is currently semi-retired and undertakes short term consultancy with organisations generally related to mental health service delivery. Joe is a Graduate of the AICD course and is a life member of the Australian College of Social Work.</p>

Name

Sharon Taylor



Bio

Sharon Taylor experienced Major Depression and Anxiety for many years. Sharon is living well now and is keen to learn from, empower and advocate for others who are experiencing mental distress.

Sharon is passionate about the benefits of having a Recovery College in WA as her own recovery was through gaining new insights and relational skills.

Over a period of two years Sharon attended a variety of courses including "Schema Therapy", "Healthy Relationships", "Mindfulness", "Emotion Regulation" and "Anxiety Management".

Sharon believes that a Recovery College, like these courses, can help people develop new perspectives, skills, self-awareness and healthy relationships. Learning platforms can empower people to make positive changes by sharing their own stories, learning from others, by providing respect and opportunities to grow and to contribute.

Sharon has a Diploma of Teaching and trained to be a "Lived Experience Educator" at Curtin University in 2017. She has casual employment in Community Development. Her hobbies include researching worldwide mental health initiatives, watching basketball and enjoying WA's beaches, parks and native plants."

Name**Kerri Boase-Jelinek****Bio**

Kerri Boase-Jelinek has a range of experiences in mental health and recovery, which come from her personal life, and over 30 years of professional work as an occupational therapist, health service researcher and manager. Kerri currently works as the Recovery Lead at Kimberley Mental Health and Drug Service (KMHDS) which involves critical examination of current practices and processes, strengthening those that are recovery orientated and co-designing new strategies that embody key principles of connectedness, hope and optimism, identity, meaning and empowerment.

Kerri's role as the Recovery Lead also includes co-ordinating the development of the Broome Recovery College by working alongside a committed group of service users, staff and workers from local non-government organisations. The College is the first Recovery College to operate in Western Australia and the first one nationally to be located in a remote area.

Kerri has experienced the transformative impact of co-production on relationships between workers and people with lived experience, as well as the benefits of enriched learning environments when people from diverse backgrounds come together as students to participate in Recovery College courses.

Name	Bio
<p data-bbox="300 225 528 252">Phoebe Kingston</p> 	<p data-bbox="667 225 1962 331">After a diagnosis of schizoaffective disorder in 2008 and consciously commencing recovery (or 'reinvention' as she prefers to call it) in late 2011, Phoebe Kingston is now an international recovery speaker and works in several roles across the mental health sector.</p> <p data-bbox="667 381 2004 919">Phoebe is a peer specialist, a mental health consumer representative, advisor, and advocate, she has been a representative on the Joondalup Consumer Advisory Group (CAG) since 2014 and has been a management committee member for 'Recovery Rocks Community Inc.' a peer-run and peer-led peer support community in the Cockburn area since 2015. Phoebe is now the Deputy Chair of the Consumer Advisory Council (CAC) and is the Project Lead/Chair for the CAC Positions Statements Subcommittee on behalf of all North Metropolitan CAG's. As a graduate from Curtin University's pilot tertiary Lived Experience Educator Unit (LEE Unit) in 2016 (the first such unit in Australia) Phoebe then worked as a co-tutor on the 2017 LEE Unit. Following this Phoebe worked with the Western Australia Association Mental Health (WAAMH) on their ground-breaking IMPACT Project (Increasing Membership Participation Advocacy and Co-Production/design Training) in 2017 and was invited to be a consultant on an international Skype team for a non-profit health and wellness firm based in Atlanta, Georgia. Phoebe is also contributing to and learning from an WA Open Dialogue Model Working Party, a group of passionate individuals who wish to provide the open dialogue approach and style of therapy here in WA.</p> <p data-bbox="667 968 2004 1315">Phoebe has spoken at numerous trainings, workshops, seminars, forums, and conferences, including; the Western Australian State Mental Health Conference and the National Australian Mental Health Services Conference and is a guest lecturer for Curtin, Edith Cowan, and Murdoch Universities. She was also a Plenary speaker for the '2018 World Summit of Positive Psychology, Mindfulness and Psychotherapy' in New York and has since been invited to speak San Diego, Chicago, Prague, and the UK. Phoebe is incredibly passionate about her work in mental health services and the consumer movement. She brings dedication, ambition, and vision to all her work in the mental health sector and is committed to sharing her unique story to bring minds together and to inspire hope that recovery should be the expectation and not the exception.</p> <p data-bbox="667 1364 1890 1391">Phoebe is pleased to be part of the WA Recovery College Expert Panel and is excited about the</p>

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	<p>possibilities for Western Australia acquiring a bespoke and innovative Recovery College Model of Service. She believes that a Recovery College will improve the lives of so many Western Australians struggling with mental distress, addiction, and the enormous task of being a carer, and will also support clinicians and mental health professionals to develop their skills, ways of interaction, and service provision in general, not to mention the benefits to broader communities. Phoebe hopes that a mental health sector culture change is afoot.</p>

Name

Caroline Henson



Bio

Caroline Henson has worked in the alcohol and other drug sector (AOD) sector for the past 15 years in positions ranging from direct service delivery to management roles. She is a qualified auditor and has experience auditing human services organisations across Australia against a number of quality standards including the Standard on Culturally Secure Practice (AOD Sector), the Standard for Therapeutic Communities and Residential Rehabilitation Services and the ISO 9001 Quality Management System Standards. She is currently working for the Western Australian Network of Alcohol and other Drug Agencies (WANADA), coordinating the review of the Standard on Culturally Secure Practice and providing support for member agencies to achieve certification.

Caroline is passionate about Continuous Quality Improvement and believes that strong collaborative working relationships, investment in best practice and a commitment to improvement are the keys to effecting positive change.

With a genuine belief and investment in the inclusive, strengths-based, co-production principles of the Recovery College model, Caroline is excited to have the opportunity to contribute to the development of an evidence informed, needs-based draft Model of Service for Western Australia.

Caroline has hope that a Recovery College in Western Australia will serve not only to improve quality of life for its students, but act as a model and catalyst to reduce stigma and further progress positive cultural change across the alcohol and other drug and mental health sectors and the wider community.

Name

Amit Banerjee



Bio

Amit Banerjee is a Fellow of the Royal Australian and New Zealand College of Psychiatrists (RANZCP) and is currently the Head of Department of Psychiatry at St John of God Midland Public and Private Hospitals in Midland.

Amit has worked in the Midland area as a consultant psychiatrist since January 2001. He has also undertaken limited outpatient private practice in Midland since 2007. He identifies himself as a recovery oriented general adult psychiatrist with primary interests in social and critical psychiatry, cross-cultural psychiatry and the addictions. He has presented on critical psychiatry and recovery oriented care at local and national conferences.

Amit has enrolled in a Masters of Addictive Behaviours course through Monash University, which he will complete in 2018.

Amit is a member of the RANZCP Western Australian Branch Committee.

Amit likes critically appraising mental health service delivery and believes there are advantages if mental health and addiction services are delivered conjointly. He believes his forte is his understanding of the sociology of mental health and the addictions.

Name

Glenn Pearson



Bio

Glenn Pearson is Head of Aboriginal Research at the Telethon Kids Institute in Western Australia joining the Institute in 2005. As an accomplished educator, advocate and policy advisor, his state-wide directive is to ensure the Institute's work reflects the needs of Aboriginal families, and is conducted in accordance with ethical and cultural protocols. Glenn brings to this role 15 years of working in senior positions within the State and Australian Governments with experience in health, education and child protection.

Glenn has been the Institute's lead in the Western Australian (WA) Aboriginal Health Knowledge Network (WAAHKN), a joint initiative of the Aboriginal Health Council of WA (AHCWA), the Rural Clinical School of WA (RCSWA) and the Telethon Kids Institute (TKI) to establish four research hubs across Western Australia with the first to be established in Broome. Glenn is completing a doctorate at UWA, with his research project exploring the delivery of child protection, health and educational services to Aboriginal families in Perth and Geraldton.

In addition to leading the Kulunga Aboriginal Research Development Unit (KARDU), Glenn is a member of the Telethon Institute's leadership team. He led the establishment of their Telethon Kids Kimberley Office, co-located in the Kimberley Aboriginal Medical Service (KAMS) in Broome. This will enable the Institute to maintain a permanent presence across the Kimberley, and will provide a model for conducting Aboriginal research in regions such as the Pilbara, Kalgoorlie and Perth metro.

Glenn currently sits on several boards in a continued commitment to make a positive difference in the lives of Aboriginal children and their families including the Deputy Chair for the WA State Government's Ministerial Council for Suicide Prevention and as the Chair of the Sister Kates Home Kids Corporation Board.

Name	Bio
<p>Juanita Koeijers (No photo)</p>	<p>Broadly speaking, Juanita Koeijers interests are around education, research and program delivery in relation to health, mental health and alcohol and other drug issues. Juanita has a particular interest in building the capacity of stigmatised, disadvantaged and hard to reach populations. She is passionate about opening up the drug and alcohol conversation within the community and about improving the wellbeing of people concerned about their mental health or drug and alcohol use through the delivery of practical, education based primary healthcare programs.</p> <p>Juanita’s background is in community drug and alcohol services. For her own interest, she is completing undergraduate studies in naturopathy. This continues to inform her understanding and advocacy of holistic and evidence-based integrated healthcare. Juanita has been an active consumer representative for a number of years where amongst other things she pursues the engagement of consumer populations in research, building the capacity of consumer representatives and the inclusion of ‘lived experience contact’ to education and training curricula for health and mental health professionals.</p> <p>Juanita believes strongly in the concept of ‘health through community’ and in creating opportunities for connection through food, health, art, education and the sharing of stories, as a primary, preventative strategy.</p>

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<p>Ron Deng (No Photo)</p>	<p>Ron Deng is a Chinese Australian, immigrant from Singapore.</p> <p>Ron has many years lived experience in mental health, as a carer to family members. He is a passionate advocate for the transcultural diverse and faith-based people groups in mental health, with an aim to reducing stigma, fear, barriers and hopelessness. Ron actively promotes activities for family engagements in recovery, wellbeing education, affordable access to services and policies reform in mental health for the Culturally and Linguistically Diverse (CaLD) community.</p> <p>Ron has participated in numerous mental health community forums, committees and advisory groups to ensure service planning and delivery are in compliance with the Western Australian <i>Mental Health Act 2014</i>, Consumer/Carer Rights, Charters and Care Principles.</p> <p>Ron is currently engaged as a causal carer consultant for the North Metropolitan Health Service, Mental Health, Public Health and Dental Services (NMHS-MHPHDS).</p>