

What happens if I do not attend the six sessions?

You will not be able to complete the Alcohol Interlock Scheme and have the alcohol interlock device condition removed from your driver's licence. You must attend all six sessions.

Getting more help

Once you have attended all six sessions, you can go back to the worker if you want to learn more.

You can also get telephone counselling if you are worried about your own, a family member or a friend's alcohol and other drug use:

ALCOHOL AND DRUG SUPPORT LINE

Metro callers (08) 9442 5000 (local charges apply)

Country callers 1800 198 024 (free call)

This is a 24/7 non-judgmental and confidential telephone counselling service.

PARENT AND FAMILY DRUG SUPPORT LINE

Metro callers (08) 9442 5050 (local charges apply)

Country callers 1800 653 203 (free call)

This is a 24/7 non-judgmental and confidential telephone counselling service for parents and families.

EMERGENCY
Call 000 immediately

NOTES:

Alcohol Assessment and Treatment

What should I do if I receive a letter advising me to book Alcohol Assessment and Treatment?

For any queries about Alcohol Assessment and Treatment, please contact:

MENTAL HEALTH COMMISSION
Alcohol Assessment and Treatment
Booking Service 1800 722 362



Government of Western Australia
Mental Health Commission

www.mentalhealth.wa.gov.au
www.rsc.wa.gov.au

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What is Alcohol Assessment and Treatment?

If you must drive a car with an alcohol interlock device and you don't follow the rules, you may be told to go to Alcohol Assessment and Treatment.

Alcohol Assessment and Treatment is six counselling sessions provided by a trained alcohol and other drug worker. The sessions are free, and will take about an hour each.

What do I need to do?

It is important that you or someone else calls the **Alcohol Assessment and Treatment Booking Service** as soon as possible on **1800 722 362** (free call) to book an appointment.

They will help you book your first session with a worker at an alcohol and other drug service.

You can choose to go to a service with an Aboriginal worker if one is available in your area.

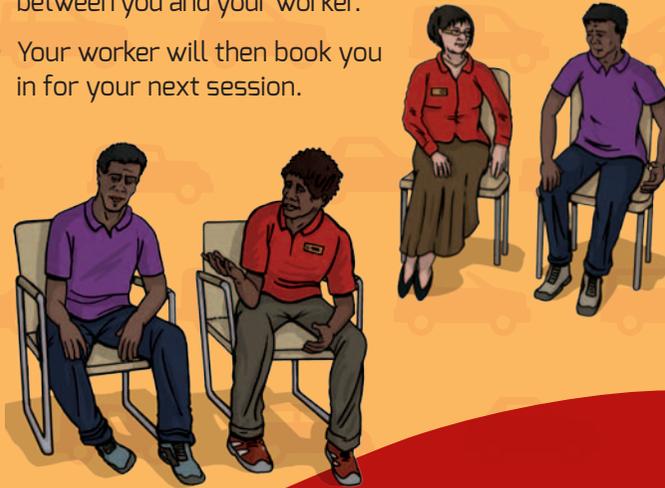
You can choose to see a male or female worker if one is available too.

You can also take a family member or friend to support you during the sessions.



What happens at each session?

- At these sessions, you can yarn about how you are going with using your alcohol interlock. You can also yarn about alcohol and how it is affecting you, your inner spirit, your health, your family and your community.
- Everything you yarn about is private between you and your worker.
- Your worker will then book you in for your next session.



Important information to note

- It should take you about six weeks to complete all six sessions. The quickest you can attend all the sessions is in five weeks.
- If you are attending your sessions but then the worker does not hear from you for 12 weeks or longer, you will then need to start your six sessions again from the beginning.

Last session

At your last session you will be given a certificate to show that you have attended all six sessions. Your worker will then let the Department of Transport know.

What do I need to bring with me to the first session?

- Your letter advising you to attend Alcohol Assessment and Treatment; and
- Your current driver's licence.

