Abatanga impanuro bo muri- ADIS-
bazokunviriza hanyuma muvugane kubijanye:

- N'akakubakiye canke amakenga ufise,
- N'ifashanyo zihari kugira zigufashe,
- Canke urungikwe ku bandi bashobora kugufasha gusumba.

Abasiguzi barahari kandi nabagusa.

ADIS ifise abahinga banonosoye ivyo guhanura, bitaho abantu, batanga impanuro zitomoye, kandi batanga n'izindi nfashanyo zitandukanye harimwo:

- Kuguha impanuro zerekeye ivy'inzoga n'ibiyayura mutwe kuri telephone.
- Amakuru ajanye nivy'inzoga, ibiyayuramutwe n'umubiri wawe.
- Amakuru y'ifashanyo za muganga kubijanye n'inzoga n'ibiyayuramutwe.

Ntiwibagire guterefona - ADIS- nimba ukeneye amakuru canke imfashanyo!

Hamagara ADIS kuri: 9442 5000 canke 1800 198 024 telephone ni kuri gusa kubahamagaye bari muri Australia

Ukoresheje Internet andikira: adis@health.wa.gov.au
Web: www.dao.health.wa.gov.au
Rungika ubutumwa kwi Posita:
ADIS, PO Box 126, Mt Lawley, WA 6929
Fax: 9442 5020

Mukeneye abasiguzi canke amahindura muzindi ndimi ndimi, telefone kuri: 131450
Abafise ubumuga bwo kumva canke kuvuga, telefone kuri: 133677 (kubari muri Australia).

Government of **Western Australia**
Drug and Alcohol Office

AMAKURU Y'INFASHANYO Kubijanye N'Inzoga N'Ibiyayura Mutwe

ALCOHOL AND DRUG INFORMATION SERVICE (ADIS)

Woba ufise ubwoba kubijanye n'inzoga n'ibiyovyabwenge?

Vyoba biguteye ingorane?

Urakeneye amakuru canke infashanyo?

Hamagara ADIS kuri:
9442 5000 canke 1800 198 024
telefone ni kuri gusa kubakuye bari muri Australia

Iyo tuvuze inzoga n'ibiyayura mutwe, wibuke ko hari ubwoko butandukanye b'ibiyovyabwenge **harimwo urumogi, itabi, ibinini n' ishinge zirimwo ibiyovyabwenge, imiti itangwa na Dogiteri (Doctor) canke iva ku mafarumasi,** n'ibindi bishobora gutera ingorane.

Ib'ibibazo bishobora kugufasha gufata ingingo:

- Hari incuti canke abagenzi boba bamaze kugushwanira canke kukwitwarira bivuye ku nzoga canke ibiyayura mutwe unywa?
- Woba uzindukira kunywa inzoga canke ibiyayura mutwe?
- Woba umaze kunywa inzoga canke ibiyayuramutwe kugira ushobore kwirigwa (kumare umunsi)?
- Woba umaze gukomereka canke gukomeretsa uwundi muntu bitewe n'inzoga canke ibiyayura mutwe?
- Woba unyegeza inzoga canke ibiyayuramutwe umuryango wawe abagenzi kuko wunva isoni, ibimaramare canke ubwoba?
- Inzoga canke ibiyayuramutwe vyoba bikononera ubuzima bwawe, akarorero, umubano m'umuryango wawe, incuti, ku kazi, amahera canke amagara yawe?
- Woba umaze kubura amahera yo gukoresha ivyo ukeneye, nko kugura imfungurwa canke kuriha amabiri (bills), kuko amahera warufise wayamariye mu inzoga canke ibiyayuramutwe?
- Woba umaze kwinjira mungorane n'ubucamanza, canke na Polisi bitewe n'inzoga canke ibiyayuramutwe, akarorero: gutwara imodoka wanyoye inzoga, imyitwarire-inyifato-mibi canke ugahanwa bivuye ku biyayuramutwe?

Nimba wishuye ego kukibazo na kimwe murivyo, ubwo urakeneye kuvugana n'umuntu yogufasha.

Ukeneye imfashanyo hamagara ubu nyene

Nimba ukeneye uyo mwovugana inzira z'ingene wofashwa, hamagara (ADIS) uronke Inkuru z'Imfashanyo kubijanye n'Inzoga n'Ibiyayuramutwe.

ADIS itanga imfashanyo n'impanuro mwibanga ntangere amasaha 24 kumusi, imisi 7 mw'iyinga. Ntanumwe azomenya ko waterefonye usaba impanuro canke imfanshanyo. **Amakuru yawe ntanumwe azohabwa naho yoba Polisi.**