

# Youth Transitional Housing (Support, Opportunities and Resilience for Youth)

## What is the SOAR Plus program?

The SOAR Plus program assists young people aged 16–24 years to live independently and achieve their recovery goals. The program is transitional, and recovery focussed program for a period of up to three years.<sup>1</sup>

### Individuals can receive support in areas such as:

- Daily living skills such as how to manage finances, prepare meals or use public transport.
- Participating in social, leisure or sporting activities.
- Establishing, building and maintaining relationships with family, friends, and the local communities.
- Learning new skills, accessing education or gaining meaningful work.
- Securing accommodation.
- Accessing other supports such as the National Disability Insurance Scheme.

## Who is eligible for the SOAR Plus program?

### To be eligible for the SOAR Plus program, individuals need to:

- Have moderate to severe mental health issues, with or without co-occurring alcohol and other drug issues.
- Be aged 16–24 years.
- Be an Australian citizen or permanent resident.
- Reside in, or be willing to reside in, the Perth Metropolitan area.
- Have agreed to fully participate in a recovery-oriented support initiative to work towards achieving personally identified goals.
- Be able to provide informed consent or have a formally appointed Guardian agree to share relevant information and participate in all aspects of the program.
- Be ready and voluntarily want to commit to engage in support from the chosen Provider; and
- Agree to participate in a range of assessments to confirm eligibility, suitability and identify the level of support needed.
- Receive a low income or Centrelink payments.
- Not own/part-own property or land or have excess cash assets; and
- Have no previous tenancy issues with Department of Communities including rental arrears, debt or significant evictions.

## How does the SOAR Plus program work?

Individuals can choose from a panel of psychosocial support providers they would like to support them, either Anglicare WA or Mind Australia.

The individual will work with their psychosocial support provider to develop a recovery plan for them to work on while in the SOAR Plus program. Individuals will also be connected with a Health Service Provider for clinical supports.

The aim of the plan is to help the individual to live well at home and in the community.

The chosen psychosocial support provider will receive funding to support the individual to achieve the goals from their plan. The funding is capped to a specific amount depending on the level of support the individual requires.

The SOAR Plus program is transitional, and recovery focused for a period of up to three years. As the program provides temporary housing and/or supports, funding and supports will be reduced as the individual reaches their goals and feel confident of their independence.

### Further information:

More information about the SOAR Plus including roles and responsibilities, is available online in the [SOAR Plus Program Guidelines](#).



The SOAR Plus Program was previously known as the Youth Transitional Housing & Support Packages Program.

### Footnotes

1. The SOAR Plus is for up to three years or less if the young person reaches the age of 25 before they have been in the program for three years.

