



The Mental Health Commission's Workforce Development team is pleased to release the AODtraining@MHC Semester 1 2025 calendar.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professionals. AODtraining@MHC events are provided to not-for-profit and government organisations free-of-charge. Places are limited. Please view the Mental Health Commission website at www.mhc.wa.gov.au/aodtraining/ for detailed event information and registration.



Strong Spirit Strong Mind Training Programs

KA/ST027 Ways of Working with Aboriginal People - Part 1

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission
Event 1: Date: Tuesday, 11 March 2025 • 9:00am – 4:30pm
Event 2: Date: Wednesday, 14 May 2025 • 9:00am – 4:30pm
Target audience: Human service workers who work with Aboriginal clients, individuals, and families. Aboriginal workers are encouraged to attend.
 This training explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.
Expression of interest deadline: Event 1: Tuesday, 18 February 2025
 Event 2: Wednesday, 23 April 2025

KA/ST027 Ways of Working with Aboriginal People - Part 2

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission
Date: Wednesday, 11 June 2025 • 9:00am – 4:30pm
Target audience: Human service workers who work with Aboriginal people, individuals, and families. Aboriginal workers are encouraged to attend.
Prerequisite: Completion of KA/ST027 Ways of working with Aboriginal people - Part 1 within the last two years.
 This session builds on culturally secure concepts and models and introduces methods and resources to respond to Aboriginal AOD use.
Expression of interest deadline: Wednesday 21 May 2025

ST324 Gatekeeper Suicide Prevention

Presented by: Prevention Services, Mental Health Commission
Date: Thursday 13 and Friday 14 February 2025 • 9:00am – 4:30pm
Target audience: Clinicians and support workers in the specialist AOD and mental health sectors.
 Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and paraprofessionals in the human services whose roles bring them into regular contact with people at risk of suicide.
Expression of interest deadline: Thursday, 23 January 2025

ST326 Trauma Informed Care and Practice

Presented by: Workforce Development, Mental Health Commission
Event 1: Date: Tuesday, 18 February 2025 • 9:00am – 4:30pm
Event 2: Date: Thursday, 10 April 2025 • 9:00am – 4:30pm
Target audience: Human service workers with clients who experience AOD and/or mental health issues.
Please note: This workshop is best suited for workers who have not previously undertaken training in this area. It does not provide information about how to undertake trauma counselling.
 This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.
Expression of interest deadline: Event 1: Tuesday, 28 January 2025
 Event 2: Thursday 20 March 2025

ST341 Valuable Conversations for Reducing the Impact of Alcohol Use in Child-Bearing Years

Presented by: Community Development and Support Programs, Mental Health Commission
Date: Wednesday 26 and Thursday 27 February 2025 • 9:00am – 4:30pm
Target audience: Human service workers with clients of childbearing age (e.g. social workers, counsellors, nurses/midwives).
 This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, fetal alcohol spectrum disorder (FASD) prevention and brief interventions. This training is designed to increase confidence in delivering FASD prevention. Prior FASD learning is desirable, but not essential.
Expression of interest deadline: Wednesday, 5 February 2025

Webinars and Online Learning

AOD Webinars: Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

AOD eLearning: Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time! For further information, head to: <https://aodelearning.mhc.wa.gov.au/>

ST346 Western Australia Take Home Naloxone Training

Presented by: Prevention Services, Mental Health Commission
Event 1: Date: Friday, 28 February 2025 • 9:00am – 1:00pm
Event 2: Date: Wednesday, 4 June 2025 • 9:00am – 1:00pm
Target audience: Workers who are employed by organisations participating in the WA Naloxone Program (WANP) who are supplying take-home naloxone.
Please note: Participants in this workshop are required to be nominated by their organisation. Please direct enquiries about this workshop to: naloxone@mhc.wa.gov.au
 This workshop will equip workers from organisations with the knowledge and skills to administer naloxone, deliver harm reduction messaging, conduct a brief education session and supply take-home naloxone to people at risk of experiencing and/or witnessing an opioid overdose, while following conditions of the WANP.
Expression of interest deadline: Event 1: Friday, 7 February 2025
 Event 2: Wednesday, 14 May 2025

ST275 An Introduction to Population-Based Alcohol and Other Drug Prevention

Presented by: Community Support and Development Programs, Mental Health Commission
Date: Tuesday 25 to Thursday 27 March 2025 • 9:00am – 4:30pm
Target audience: Prevention, Health Promotion, Community Development Officers, Youth/ Community Engagement Officers and those who have a role or interest in AOD prevention at a community or population-based level.
 This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies, prevention theory and resources to support the implementation of AOD prevention strategies.
Expression of interest deadline: Tuesday, 4 March 2025

KA036 Sniffing, Huffing, and Chroming: Responding to Volatile Substance Use (VSU)

Presented by: Community Support and Development Programs, Mental Health Commission
Date: Friday, 28 March 2025 • 10:00am – 4:00pm
Target audience: Human service workers and frontline workers responding to VSU issues. VSU is a complex issue which can have significant impacts.
 The workshop will provide a comprehensive overview of VSU effects, risks, harms and best-practice strategies to respond.
Expression of interest deadline: Friday, 7 March 2025

ST339 AOD Training for Administration Workers

Presented by: Workforce Development, Mental Health Commission
Date: Thursday, 3 April 2025 • 9:00am – 4:30pm
Target audience: Administration staff who work in the alcohol and other drug (AOD) specialist sector.
 This training is intended for administration staff who work in services that interact with clients who use AOD. It will provide participants with a broad understanding of the issues facing people who use AOD and their significant others, as well as exploring issues such as boundaries, confidentiality, vicarious trauma and worker self-care.
Expression of interest deadline: Thursday, 13 March 2025

KA055 Coercive Control

Presented by: Womens Health Strategy & Programs, North Metropolitan Health Service
Date: Thursday, 17 April 2025 • 9:00am – 1:00pm
Target audience: Clinical and support workers in the AOD and mental health (MH) specialist sectors.
 This half-day training aims to increase the confidence and competence of workers in the AOD and MH specialist sectors to appropriately respond to disclosures of family and domestic violence within a framework of trauma-informed care and practice.
Expression of interest deadline: Wednesday, 26 March 2025

ST340 Preventing Relapse and Supporting Behaviour Change Over Time

Presented by: Workforce Development, Mental Health Commission
Date: Tuesday, 6 May 2025 • 9:00am – 4:30pm
Target audience: This training helps workers understand the challenges of maintaining behaviour change. It explores a framework for behaviour change, along with strategies to support the maintenance of behaviour change over time and prevent lapse/relapse.
Expression of interest deadline: Tuesday, 15 April 2025



KA057

Working with Perpetrators of Family and Domestic Violence

Presented by: Womens Health Strategy & Programs, North Metropolitan Health Service
Date: Thursday, 15 May 2025 • 9.00am – 12.30pm

Target audience: Clinical and support workers in the AOD and mental health (MH) specialist sectors.

This 3.5-hour intensive training session will explore male perpetrator psychopathology and typology, current masculinities in Australia along with practical applications of non-collusive practice. Case noting and documenting are indicated as a primary way to make perpetrator behaviour and the impact on victim/survivors visible.

Please note: It is preferable to have already completed KA055 Coercive Control

Expression of interest deadline: Thursday, 24 April 2025

ST317

Motivational Interviewing - Part 2

Presented by: Workforce Development, Mental Health Commission

Date: Wednesday 21 and Thursday 22 May 2025 • 9.00am – 4.30pm

Target audience: Clinicians working with people who use AOD.

Prerequisite: Completion of ST284 MI Part 1 (or equivalent) within the last 3 years.

This two-day advanced MI workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

Expression of interest deadline: Wednesday, 30 April 2025

KA058

Fetal Alcohol Spectrum Disorder (FASD) Prevention with Communities Workshop

NEW

Presented by: Community Support and Development Programs, Mental Health Commission

Date: Wednesday, 28 May 2025 • 9.00am – 4.30pm

Target audience: Service providers and stakeholders interested in reducing alcohol-related harm in their community.

This one-day event is designed to support the planning and delivery of localised FASD prevention activities.

Expression of interest deadline: Wednesday, 7 May 2025

ST332

Advanced AOD Prevention: A Facilitator's Guide to Developing a Local Alcohol and Other Drug Management Plan

Presented by: Community Support and Development Programs, Mental Health Commission
Date: Thursday 29 and Friday 30 May 2025 • 9.00am – 4.30pm

Target audience: Prevention Officers, Health Promotion Officers, Community Development Officers, Youth/Community Engagement Officers or similar, and those who have a role or interest in coordinating AOD prevention at a community or population-based level.

Pre-requisite: Completion of ST275 An introduction to population-based alcohol and other drug prevention within the last 2 years.

This interactive two-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues at a community or population-based level.

Expression of interest deadline: Thursday, 8 May 2025

ST343

Emotion Regulation

Presented by: Workforce Development, Mental Health Commission

Date: Wednesday, 9 June 2025 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the AOD and mental health specialist sectors.

This training aims to assist workers to develop an increased understanding of emotions and emotional regulation, gain skills to support clients to better identify, understand and manage their emotions, as well as assist clients with strategies to respond to overwhelming emotions in constructive ways.

Expression of interest deadline: Wednesday, 19 May 2025

ST338

Working with People with Co-occurring AOD and Mental Health Issues

Presented by: Workforce Development, Mental Health Commission

Date: Thursday, 19 June 2025 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the AOD specialist sector who have limited experience working with people with co-occurring AOD and mental health issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of people presenting with co-occurring AOD and MH issues.

Expression of interest deadline: Thursday, 29 May 2025

AOD Foundation Events

ST333

AOD Skills for Counsellors

Blended learning – eLearning prerequisite

Presented by: Workforce Development, Mental Health Commission

Date: Thursday 13 and Friday 14 March 2025 • 9.00am – 4.30pm

Target audience: Human service workers in a counselling role who are new to supporting people with their AOD use.

Prerequisite: Completion of the eLearning package 'Introduction to Alcohol and Other Drugs' before attending ST333 is required.

This two-day training aims to enhance your therapeutic skills and foundational AOD knowledge to effectively engage and support people who use AOD.

Expression of interest deadline: 12 February 2025

Blended Learning

ST284

Motivational Interviewing - Part 1

Presented by: Workforce Development, Mental Health Commission

Date: Thursday, 20 March, 2025 • 9.00am – 4.30pm

Target audience: Human service workers working with people who use AOD.

Motivational interviewing (MI) is an established person-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help people identify and examine their ambivalence around AOD use.

Expression of interest deadline: Thursday, 27 February 2025

ST222

Induction Training for New AOD Workers

Blended learning – eLearning prerequisite

Presented by: Workforce Development, Mental Health Commission

Date: Wednesday 25 to Friday 27 June 2025 • 9.00am – 4.30pm

Prerequisite: Completion of the eLearning package 'Introduction to Alcohol and Other Drugs' before attending ST222 is required.

Target audience: New workers in the alcohol and other drugs (AOD) specialist sector.

Induction training for new AOD workers aims to equip new AOD specialist sector workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD-related issues.

Expression of interest deadline: Wednesday, 4 June 2025

Blended Learning

Events for Mental Health Workers

NGOMH

Working with Alcohol and Other Drug Using Clients; Skills Training for Mental Health Workers from Non-Government Organisations

Presented by: Workforce Development, Mental Health Commission

Date: Wednesday 16 April 2025 • 9.00am – 4.30pm

Target audience: Workers in the not-for-profit, non-government mental health (MH) sector and Licensed Private Psychiatric Hostels.

This one-day course, aimed specifically at MH workers in not-for-profit or non-government services and workers in Licensed Psychiatric Hostels, is designed to build on existing skills and develop new practices for working with people with alcohol and other drug issues combined with MH issues.

Expression of interest deadline: Wednesday, 26 March 2025

MHKW

Keyworker: Alcohol and Other Drugs Skills Training for Government Mental Health Clinicians

Blended learning – eLearning prerequisite

Presented by: Workforce Development, Mental Health Commission

Date: Wednesday 30 April to Friday 2 May 2025 • 9.00am – 4.30pm

Target audience: Professionals working with people who use AOD in the government mental health (MH) sector.

Prerequisite: Completion of the eLearning package 'Introduction to Alcohol and Other Drugs' before attending MHKW is required.

This three-day training is designed to support MH professionals in government MH services to increase their confidence and competence around working with people with co-occurring AOD and MH issues.

Expression of interest deadline: Wednesday, 9 April 2025

Blended Learning



Sign up for AOD training here!

Scan this QR code to visit the Mental Health Commission website at www.mhc.wa.gov.au/aodtraining/ for detailed event information and registration.

Enquiries

phone (08) 6553 0560 email AOD.training@mhc.wa.gov.au