



Mental Health
Commission



Expression of Interest

Lived Experience (Consumer) Advisor – Infant, Child, and Adolescent (ICA) Implementation Working Group

The Mental Health Commission is seeking Expressions of Interest for two young people (16 to 23 years of age) to join the Infant, Child, and Adolescent (ICA) Implementation Working Group.

Background

The Final Report of the Ministerial Taskforce into Public Mental Health Services for Infants, Children and Adolescents aged 0 – 18 years in Western Australia (ICA Taskforce) was released in March 2022. In the Final Report the ICA Taskforce laid out the actions required to transform, and continually improve, the public infant, child, and adolescent mental health system. Since release of the report, considerable progress has been made in transforming the mental health system to improve the experiences and outcomes of young people in WA.

In September 2024, the Mental Health Commission established an Implementation Working Group to oversee the implementation of these transformation initiatives. As well as reflecting on achievements to date and initiatives currently in progress, the group discuss opportunities for further improvements.

The Implementation Working Group membership currently includes senior representatives from:

- Child and Adolescent Mental Health Service (CAMHS)
- WA Country Health Service (WACHS) Mental Health
- Mental Health Commission
- Two family/carer advisors
- Child and Adolescent Psychiatrist

About the Role

The Implementation Working Group are seeking nominations from young people (16 to 23 years of age) interested in joining the working group as a Consumer Advisor.

The aim of this role is to provide advice from a Lived Experience consumer mental health perspective to the Implementation Working Group. The Consumer Advisors will use their lived experience of mental health issues and their experiences of using public mental health services to inform the advice they provide.

Additionally, the consumer advisors will be expected to:

- Use their Lived Experiences to advise the working group and contribute to discussions.

- Engage in discussion with other Working Group members and work together to problem solve for the best outcome.
- Prepare for meetings by reading relevant agendas, papers, and material.

When necessary, complete actions between meetings (for example, reviewing documents, providing written feedback).

Be available to attend at least 80% of scheduled meetings (meeting schedule below).

Proposed Meeting Dates and Time Commitment

The initial term of the appointment will be until the end of 2025, with chance of extension into 2026. We ask that you commit to attending 80% of scheduled meetings, see dates below:

- Thursday, 15 May 2025 1-2.30pm AWST
- Thursday, 3 July 2025 1.30-3pm AWST
- Thursday, 14 August 2025, 9-10.30am AWST
- Thursday, 25 September 2025, 9-10.30am AWST
- Thursday, 13 November 2025, 2-3.30pm AWST

Attendance can be virtual (via MSTEams) or in-person at the Mental Health Commission office, 1 Nash Street, Perth.

Eligibility Criteria

To be eligible for the role, applicants will:

- Be between 16-23 years of age,
- Have lived experience of mental health (personal experiences with mental illness and/or mental health conditions, diagnosed or undiagnosed).
- Have lived experience of using and engaging with child and adolescent mental health services.
- Be available to meet the time commitments required (mentioned above).

Experience in a similar capacity (e.g. committee, workshops etc) is desirable but not essential.

Remuneration and Support

The Consumer Advisors will be paid under the [Paid Participation Policy](#) at the Advisor Tier of \$75 per hour, with a 3 hour minimum payment for participation. There may be some pre-reading required out-of-session prior to meetings.

Individuals supports will be organised in line with the chosen candidate's preferences. This may include pre or post meeting briefs and access to the Mental Health Commission Employee Assistance Program.

Application

If you are interested in this opportunity, please answer the below questions and email your responses to ica.implementation@mhc.wa.gov.au

Full Name:

Preferred Name (if any):

Gender:

Pronouns:

Date of Birth:

Do you identify as Aboriginal and/or Torres Straight Islander (optional):

Email address:

1a. Do you have lived experience of mental health issues or mental health conditions? (Diagnosed or undiagnosed) Yes/No

1.b Do you have experience of using, engaging or attending at an infant, child or adolescent mental health service? Yes/No

2. Provide an example of a time when you used your lived experience of mental health to advocate, provide advice or influence change? - this could be at school, work, in your personal life or community setting.

(In this answer please describe the situation, what you did, any challenges you faced, and the outcome).

3. Provide an example of a time when used communication skills to provide advice in a challenging situation? - this could be at school, work, in your personal life or community setting.

(In this answer, please describe the situation, what you did, any challenges you faced, and the outcome).

Short, informal interviews may be conducted if multiple suitable applicants are identified through the Expression of Interest.

If you have any questions, please contact Michael Cao on 08 6553 0295 or via michael.cao@mhc.wa.gvo.au.

For email enquiries, please include 'LIVED EXPERIENCE' in the subject line.

Applications close 5pm, 28 May 2025.