



WA Alcohol Interlock Scheme (AIS)

Frequently Asked Questions October 2016

I have received a letter from the Department of Transport advising me to attend Alcohol Assessment and Treatment. What do I do next?

If you receive a letter from the Department of Transport advising you to book Alcohol Assessment and Treatment, you will need to call the Booking Service on 1800 722 362 as soon as possible. The Booking Service will help you book your first session with a counsellor at an alcohol and other drug service.

When would I need to undertake Alcohol Assessment and Treatment?

Participants in the Alcohol Interlock Scheme will be required to undertake Alcohol Assessment and Treatment if any of the following occurs during their restricted driving period:

- Any tampering or circumvention with the interlock is reported; or
- Three or more occasions where the interlock records a failed breath test (such as a BAC equal to or above 0.02% at start up, failure to submit a retest, a retest with a BAC equal to or above 0.02%) are reported within a scheduled service period; or
- The vehicle is not presented or not presented in person for the scheduled service on more than one occasion.

What is Alcohol Assessment and Treatment?

The Mental Health Commission is responsible for the procurement and management of the required Alcohol Assessment and Treatment. The Alcohol Assessment and Treatment is comprised of six one hour individual therapeutic intervention sessions. These sessions will be free of charge with a trained alcohol and other drug counsellor from an approved alcohol and other drug treatment provider.

The sessions will provide support to help participants separate their alcohol use from their driving. Additionally:

- The sessions will aim to address identified clinical needs, increase awareness of the health and other effects of alcohol, and enhance motivation to change drinking patterns and related behaviour;
- The minimum timeframe in which all six sessions can be attended is in five weeks, with no more than two sessions to be undertaken in a seven day period;
- Once the required six sessions have been attended, additional support may be available on referral.

At the completion of the required six sessions, participants will be provided with a Certificate of Compliance, and the Department of Transport will be notified that all required sessions were attended.

To book your first session or for any queries about Alcohol Assessment and Treatment, please contact the **Booking Service** on **1800 722 362** 7:00am – 7:00pm daily.

How many Alcohol Assessment and Treatment sessions do I need to complete?

Alcohol Assessment and Treatment comprises of six individual therapeutic intervention sessions provided by a qualified alcohol and other drug counsellor.

All six sessions need to be completed before you will be issued with a Certificate of Compliance, and the Department of Transport notified that all required sessions were attended.

How long does each Alcohol Assessment and Treatment session take?

You should allow approximately one hour for each Alcohol Assessment and Treatment session.

What do I need to take with me to my Alcohol Assessment and Treatment session?

When you attend your first Alcohol Assessment and Treatment session, you will need to bring:

- Your letter advising you to attend Alcohol Assessment and Treatment; and
- Your current driver's licence.

The Booking Service will discuss this with you when you call to book your first session.

Can I bring a family member or friend with me to my Alcohol Assessment and Treatment sessions?

The Alcohol Assessment and Treatment sessions are generally conducted on an individual basis with a trained alcohol and other drug counsellor. You are able to take a family member or friend to support you during the sessions if this will make you more comfortable. Please let the Booking Service know you would like to do this when you book your first session.

Does it cost anything to complete Alcohol Assessment and Treatment?

Alcohol Assessment and Treatment is free, so you will not need to pay anything to attend these sessions.

What happens if I do not attend my Alcohol Assessment and Treatment?

You must attend all six Alcohol Assessment and Treatment sessions. . If you do not attend all six sessions, you will not be eligible to complete the Alcohol Interlock Scheme.

How long will it take to complete Alcohol Assessment and Treatment?

Alcohol Assessment and Treatment comprises of six individual therapeutic intervention sessions provided by a qualified alcohol and other drug counsellor.

The minimum timeframe in which you can attend all six sessions is in five weeks. No more than two sessions can be attended in any seven day period.

It is important to note that if you are attending your sessions but then the counsellor does not hear from you for 12 weeks or longer, you will then need to start the six sessions again.

I need more help with my alcohol or drug use. Can I continue treatment?

Once you have completed Alcohol Assessment and Treatment, you can continue to see an alcohol and other drug counsellor should you wish to. Please discuss this with your counsellor, as they will be able to assist you with getting further help and referral.

The Mental Health Commission also provides support through the Alcohol and Drug Support Service. The Alcohol and Drug Support Service provides 24/7 non-judgemental telephone, counselling, information, referral and support lines for alcohol and drug use.

Contact with our support lines is one-to-one with a professional counsellor and is confidential.

- **Alcohol and Drug Support Line**
For anyone concerned about their own or another person's alcohol or drug use.
Phone: (08) 9442 5000
Country callers: 1800 198 024
Email: alcoholdrugsupport@mhc.wa.gov.au
- **Parent and Family Drug Support Line**
For anyone concerned about a loved one's alcohol or drug use.
Phone: (08) 9442 5050
Country callers: 1800 653 203 (
Email: alcoholdrugsupport@mhc.wa.gov.au

- **Meth Helpline**
For anyone concerned about their own or another person's meth use.
Phone: 1800 874 878
Email: alcoholdrugsupport@mhc.wa.gov.au
- **Working Away Alcohol & Drug Support Line**
Supporting the health and wellbeing of working away from home communities.
Phone: 1800 721 997
Email: workingaway@mhc.wa.gov.au

In an emergency, call 000 immediately.

How can I order Alcohol Assessment and Treatment brochures?

There are Alcohol Assessment and Treatment brochures available which briefly explain what you should do if you receive a letter from the Department of Transport advising you to book Alcohol Assessment and Treatment.

If you would like to order any Alcohol Assessment and Treatment brochures, please email diversion@mhc.wa.gov.au to request a Resource Order Form.

