

# Plan Update 2018 – At a Glance



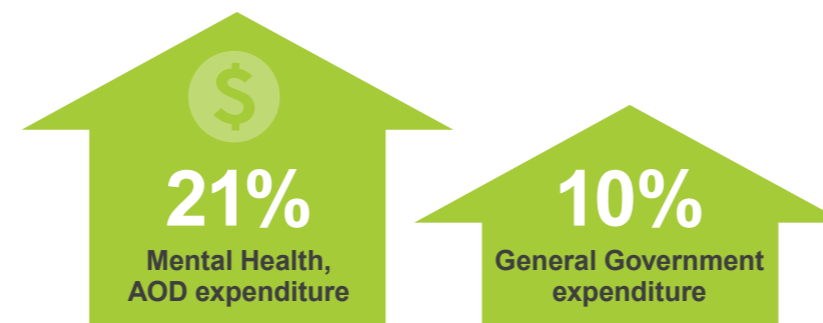
The Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015-2025 (the Plan) outlines the optimal mix and level of mental health and alcohol and other drug (AOD) services required to meet the needs of Western Australians until the end of 2025.

The Plan sets the strategic direction for the mental health and AOD sectors, and provides a guide for investment decisions and priority setting for the Mental Health Commission (Commission) and all levels of Government and non-government stakeholders. It is based on rigorous modelling of the optimal mix of mental health and AOD services required for the population of Western Australia.

The Plan Update 2018 revisits the service modelling framework using nationally agreed planning tools to ensure the latest evidence and population demographics are taken into account, and that the Plan's implementation remains responsive to emerging trends.

The Plan Update 2018 provides background information on changes in the strategic environment for the mental health and AOD sectors for each of the eight service streams. As the national planning tools do not contain modelling for forensic services and AOD prevention services and as there is no comprehensively tested modelling for mental health prevention services, the 2015 modelling has been retained.

## Achievements



Actual levels of service reflected in the Plan were estimated as at 2013.

Since 2013-14, the Commission's expenditure in the:

- mental health and AOD sector has increased significantly, by 21% from \$742 million in 2013-14 to \$895 million in 2017-18;
- mental health sector alone has increased by 22% (from \$656 million in 2013-14 to \$803 million in 2017-18); and
- AOD sector has increased by 7% (from \$86 million to \$92 million).

This compares to expenditure by general government, which has increased by 10% (from \$27.2 billion to \$29.9 billion) in the same period.

## Key achievements include:

**Police MENTAL HEALTH CO-RESPONSE** program established and expanded

**66 REGIONAL AOD beds** in the South West

Continued provision of the **STATEWIDE SPECIALISED ABORIGINAL MENTAL HEALTH SERVICE**

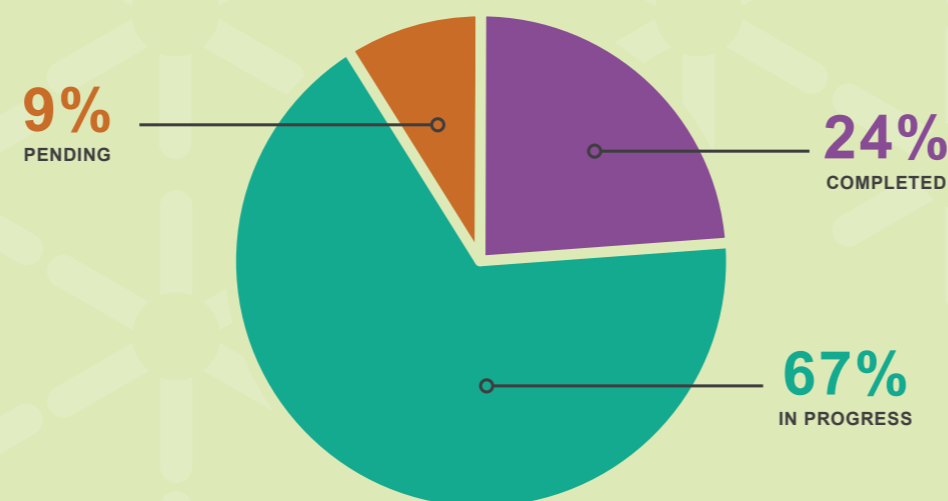
New **STEP UP/STEP DOWN** services in Rockingham and Albany, with five more on track to be up and running by end of 2020

Expansion of AOD services to address **METHAMPHETAMINE RELATED ISSUES**

Commenced a **STATEWIDE GENDER DIVERSITY SERVICE** and delivery of a peer support and mentoring pilot program to at-risk **LBGTI+ YOUTH**

## Action Status

As at September 2017, of the 112 actions or sub actions identified for completion by the end of 2017, 27 (24%) had been completed, 75 (67%) were in progress and 10 (9%) were pending.



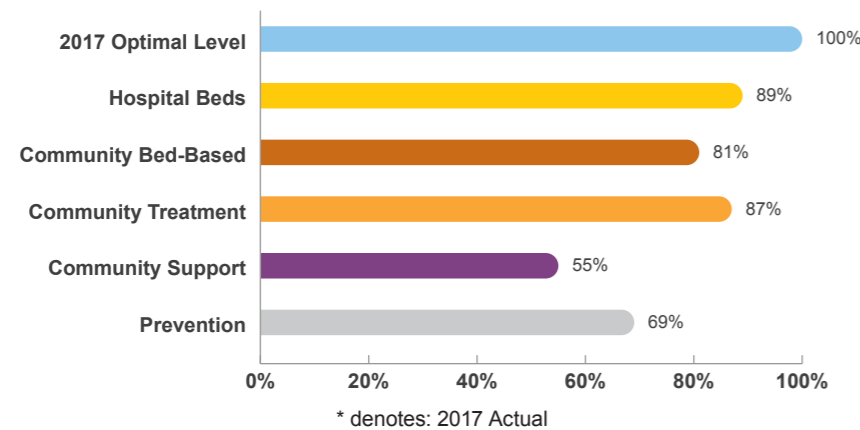
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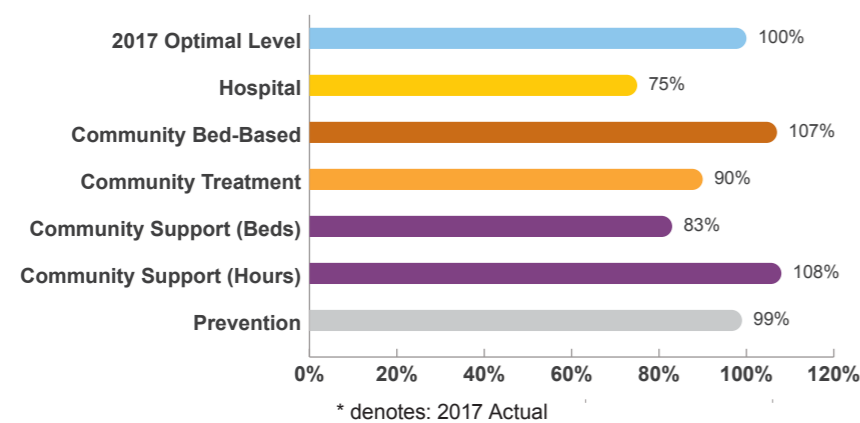
## Current Levels of Service

Progress made since the release of the Plan to meet the originally estimated optimal levels of service for the end of 2017, can be seen in the figures below.

**Mental Health – Current services as a proportion of original 2017 optimal levels in the Plan**



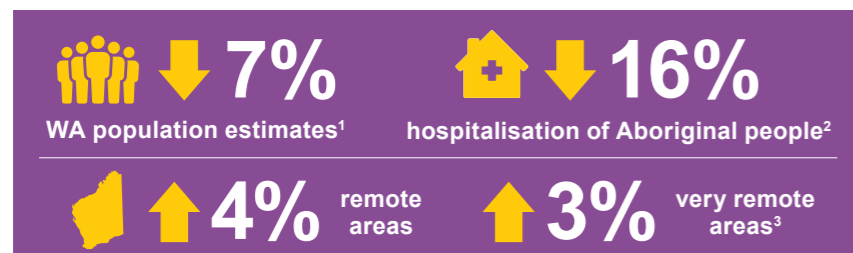
**AOD – Current services as a proportion of original 2017 optimal levels in the Plan**



## Revised Optimal Levels

The Plan Update 2018 reflects updated modelling based on revised demographic estimates and also includes the addition of the East Metropolitan Health Service for the first time.

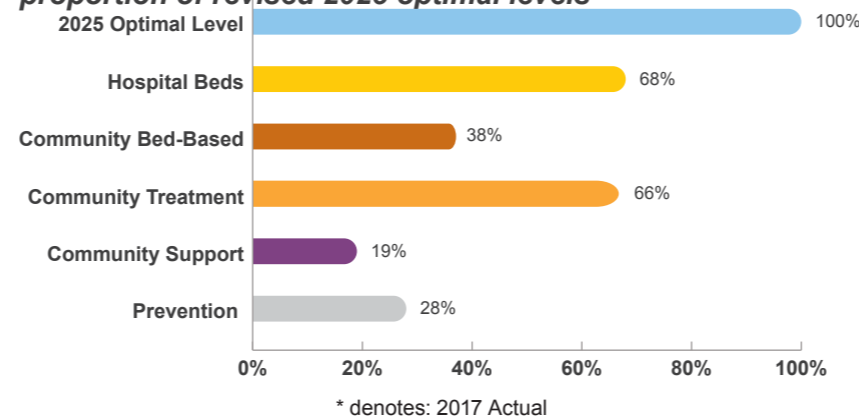
Remodelling included:



## Mental Health

Whilst revised optimal levels by the end of 2025 for Mental Health are generally lower than originally estimated in the Plan, there is still a need for substantial growth across the prevention, community support and community bed-based service streams.

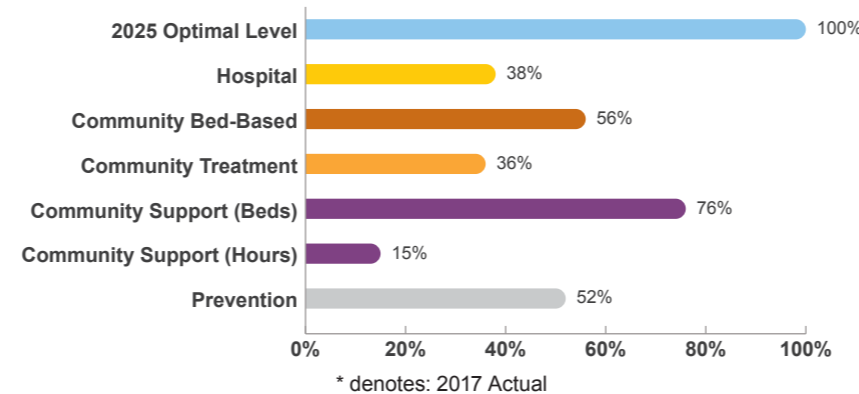
**Mental Health – Current services (2017 Actual) as a proportion of revised 2025 optimal levels**



## AOD

Whilst revised expenditure in AOD services is more balanced with some services reaching the 2017 optimal levels as identified in the Plan, there continues to be a need to increase services particularly for community support hours, community treatment and hospital based services, so that they meet optimal levels by the end of 2025.

**AOD – Current services (2017 Actual) as a proportion of revised 2025 optimal level**



To meet 2025 optimal level and mix, increases are required across all service streams, particularly for community support hours, community treatment and hospital-based services.

## Reform Agenda

At present, expenditure on mental health services in particular continues to be heavily weighted towards acute services.

While it is recognised that acute services form part of a comprehensive system, there is a continuing need to rebalance the system by expanding community-based and supported accommodation.

However, until a more balanced system is developed, hospital services will continue to experience excess demand and, as a result, reducing hospital services to increase community services is not feasible. Increasing community-based services will even out demand across services, and hospitals will ultimately not experience excess demand.

The Commission continues to work towards the key strategic aims of the Plan and the revised optimal levels and mix outlined in the Plan Update 2018, including working to:

- increase investment in prevention and promotion services;
- increase the provision of community-based services, that are closer to where people live, help them stay well and to access care earlier, in an environment best suited to their needs; and
- ensure effective and adequate acute and specialised care for those who need it.

## Feedback

A draft copy of the Plan Update 2018 was released for broad public comment in late February 2019 for a six week period, and a total of 26 submissions were received. Feedback has been included in the Plan Update 2018 where appropriate, with remaining feedback being considered for the mid-term review of the Plan.

<sup>1</sup> Western Australian 2017-18 Budget <sup>2</sup> Australian Institute of Health and Welfare <sup>3</sup> Independent Hospital Pricing Authority