

ALCOHOL & DRUG SUPPORT LINE

For **anyone** concerned about their own or another person's alcohol or drug use.

Confidential. Anonymous. Professional.

Call us 24 hours a day
on **9442 5000** or
1800 198 024 (country callers)

alcoholdrugsupport@mhc.wa.gov.au
alcoholdrugsupport.mhc.wa.gov.au



Government of **Western Australia**
Mental Health Commission

PROFESSIONAL SUPPORT IS JUST A PHONE CALL AWAY.

Contact with the Alcohol and Drug Support Line is one-to-one with a professional counsellor.

Our counsellors can:

- Listen to what is going on for you
- Provide information about alcohol, drug use, mental health and well-being
- Provide emotional support
- Discuss treatment options
- Refer you to local services that can provide ongoing support

We can also provide:

- Interim support to people waiting for face to face counselling
- A free call back service to isolated people
- Support to health professionals working with people impacted by alcohol or drug use

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