

Koc ye koc leknhhim ne ADIS abi pin tenon yin ku bik jam ne yin ne biakde:

- Ka joor yin ku ku diir yin,
- Kucny wen tsu leu ba yok.
- Bi yi lek ajueer kok bi yi ya kucny.

Koc ye thok waaric abi ke bel te cin weu.

Muktamde ADIS anon koc leknhhim wen cie luui aret, ye nyin tiit ku yeki kony apiath, ku yi k juec kuotiic looi:

- Lek ne punic abn miäu ku wel rec.
- Wel ts ne abn ee miäu ku wel rac ku jol ya guöpu.
- Wel ts ne biakde miäu ku wel rac ku te yene ke nyaai thin ku kucny akim.



Them ba koc ADIS yuop na wic lekde wel ku kucny.

**ADIS – 9442 5000 wule
1800 198 024 tecin weu ye
juak thin te yup yin baai eten.**

Thiolde tooc: adis@health.wa.gov.au

Thiol: www.dao.health.wa.gov.au

Yönde tooc: ADIS, PO Box 126, Mt Lawley, WA 6929

Peckh: 9442 5020

Ajueer weer thook: 131450

Ajueer e pin: 133677

(tene koc ril pinke yic ka koc cie jam apiath).

AJUËER LËK ALON Miäu Ku Wal Rec

ALCOHOL AND DRUG INFORMATION SERVICE (ADIS)

**Ye dier ee rin mäu ku wel
kok racke?**

Yeki yin yiek jöör?

Wic lek ku kucny?



Government of Western Australia
Drug and Alcohol Office

**Yuöpe:
9442 5000 ka 1800 198 024
Ke cin weu ye wic thin tene koc cot baai eten**

Muk në yīnhom, na ye tak në wēt muṣu ku wal rac, ke kanḡ wəl wāac yiic cīt yī Bangi, Kēroin, ɣampetamin (Muḡḡ, liir), wəl ye akīm ke gāt kḡc, Miraa, taap/tau, ku ɟl ya kḡk lēu bīk kērac bēi.

Kuat kā ba thīēc bī yīn kuḡny ba wēt taaric/takic:

- Cīē manydu thok wulē mēēthku kan kuēny yic yin në wēt cīn dek në miāāu wulē wəl rec?
- Ye dek në miāāu wulē wəl rec ētē tueeɣ ē miākduur?
- Ye dek në miāāu wulē wəl rec ago akḡl tēēkic ēē keek?
- Ca kan tuaany wulē cī raan nɟic kan tuaany ē rin wēt miāāu wulē wəl rec?
- Ye miāāu wulē wəl rec thiaan tēde kḡc manydu thok wulē mēēthku, ē rin wēt yīn ye guḡp riḡḡc, ca guḡp yāār wulē ca guḡp riḡḡc?
- Ye dek miāāu wulē wəl rec abanɟ dēt dun de pīir rac, cīt mande, cien baai, luḡɟi, māāth, wēu, wulē pial guḡpdu?
- Cī wēu ku kḡɟ thḡk acī kā wīcke ɣḡc, cīt yī miēth wulē tēēu piny ee bil, wēt cīn wēu ɣaac wei ē miāāu wulē wəlrec?
- Ca kḡɟ la luk yic wulē cī bolith yīn kḡɟ dḡm ee rin miāāu wulē wəl rec, kē cīt men ba kuēēth thurumbil ke yīn cī dek, ba miḡl ariir wulē cāk guḡp abɟ t wəl rac?

Na ca tḡɣde ye thīēc kā dhuknhom wulē ka ca gam ke yīn adhil wīc ba jam wek kuat raan bī kony.

Kuḡny atḡ tē yup yīn abac

Tē wīc yīn raan bī jam ke yīin ku bāk kuēer bīnke kuḡny yḡk jaamic yiic, ke yīn lēu ba ajuēer lēk abɟ miāāu ku wal rec menh ye cḡl (ADIS).

Kān ee ajuēer lāāu ku acenē wēl ye luēel biyic ku tḡ akḡlthok ēbēn akḡltḡk, nīin yiic kee dhorou. Acīn raan wīc bī nyic lḡndē ke yīn cīē wḡ yuḡp ba lēk, kuḡny wulē ba kuḡny cooth. **Kā yith ku acī bīke gām ran dēt në cḡk ya bolith.**

